# RELEASE

### THE GRIEF

## WITHIN

Take Command of Your Destiny Over Grief, Loss and Other Life Disrupttions



Master the 5 Grief Fundamentals and Seize Control of Your Grief Journey. Embrace the inevitable by steering your destination with command. Join our seminar to apply strategic principles for empowerment on your path forward. In this supportive environment, you'll walk out having made a breakthrough in your grief, forging a new path toward healing and resilience.

#### **YOUR HOST & SPEAKER**

CEO of WISEMINDSOLUTION & GRIEVINGWITHT

AUTHOR OF: IN THE TRENCHES, A COACH'S WALK THROUGH GRIEF

**TONI FILIPONE** 

AWARD WINNING PERSONAL GROWTH & GRIEF COACH SPEAKER

### **TOPIC HIGHLIGHTS:**

- Understanding Your Grief Brain
- Navigating Your Grief Journey
- 5 Grief Fundamentals
- Strategic Coping Approaches
- Embracing Progress in Grief

June 8th 2024 Start from 10:00 AM - 7PM PM

PHILADELPHIA, SUBURBS

REGISTRATION OPEN

BIIRD)

**RESERVE YOUR SPOT TODAY!** 

GRIEVINGWITHT.COM