August 10, 2019

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EWANCHYNA CELEBRATES THE KUP IN STYLE





Kooteney Valley, BC— UHL Verteran and repeat Cossack Kup winner Mark Ewanchyna took no time at all to scoop the Kup from his teammates to hit the road for a photo-op.

Ewanchyna known for his composure and class on and off the ice was seen by passerby's hoisting the Kup overlooking the beautiful valleys of British Columbia, Canada. While its not known who took the photo, rumor has it the infamous Sasquatch was seen snapping these classics.

The 2019 Cossack Kup went down to overtime with the Borscht Boilers ultimately taking the victory over the Kubie Krushers who finished in first place in the regular season. The stats could be wrong as the writer of this article is sitting in the woods camping and he has poor memory due to various conditions.

Ewanchyna strives to make it a three-peat in 2020 as he dodges becoming a captain again. The UHL would like to congratulate Mark and his teammates in winning the coveted Cossack Kup in 2019.

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UHL 2020 Online Player Application hacked by Trump and his Russian partner Vlad Putin

UHL World Headquarters— The UHL commissioners office announced today that their bullet-proof Ukrainian screening process for player applications was hacked at 2:35am MST on July 28, 2019. It has been confirmed as the UHL found 167,000 deleted emailed and Tweets between Trump and Putin.

The UHL published a notice to the public offering 3 fulltime player positions, 2 part-time positions and the role of the Commish available for applicants. It is unclear how Trump and Putin got ahold of this notice, but the UHL IT department immediately caught this false application and blocked the two horrible leaders of their countries, but not before the unknown applicant submitted his player profile photo (see above).

The UHL is committed to ensuring all players and agent (not the Captains) are properly protected from potential hackers. It is notable that the applicant seen above somehow passed the second level of screening, and will be at the UHL training camp in February 2020.

UHL TO CRACK DOWN ON PRE-PAID NON-ATTENDING PLAYERS IN 2020

UHL INFRACTIONS DEPARTMENT – Following a recent UHL Bored of Governors meeting, it was concluded that the UHL WILL NOT permit a player to pay the 2020 fees and not play more than 4 games in the season. As the 2019 season came to an end, it was resolved that players cannot pay just to get drafted and not play (show up) for their team.

Therefore, as per Clause 101 (g) of the UHL players handbook that doesn't exist, any player that decides to pay to play and get drafted to a team, MUST attend a minimum of 5 games during the regular season. Should a player pay to play and get drafted and not appear in at least 5 games will be suspended indefinitely and fined \$100.00 CDN for breach of player contract.

Some of you reading this article know who you are, and so does the Commish, so please ensure you follows these simple rules. While the UHL appreciates your "donation" of the entry fee, not playing contradicts the player agreements, and not showing up will not be tolerated.

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The Sakundiak Section - Pull out Souvenir Edition

Sr. Sakundiak withdraws potential lawsuit for wrongful dismissal by NHL

The Center of the Universe: Toronto - UHL veteran and star defenseman Andy Sakundiak has filed an appeal to the other league officials (The NHL) for wrongful dismissal.

Sakundiak feels he was wrongfully dismissed by the NHL in an undisclosed front office role.

After learning the reasons behind his dismissal, Sakundiak chose to not pursue further action against the NHL. If you look closely in the photo to the right, you will see the reason lies on top his head. Really???





Jr. Sakundiak seeks revenge

Perogy Pounder Avrey Sakundiak took it on the chin finishing last in the regular season, and finishing in 4th Place in the playoffs (last), and that... will not be tolerated.

Iron man Sakundiak literally took a chop to the choppers midseason and felt the play should have been reviewed by league officials. After appealing to the UHL Enforcement Division, the UHL in fact reviewed the play and was surprised that Mike Siroishka was not involved in the incident, therefore, disciplinary action against the players involved will not be enforced at this time. An appeal is expected by Sakundiak this fall.

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Sakundiak Section Cont'd

Sakundiak vows to beat Brain Cancer and return to the UHL





Westside Medical Center – When Adrian Sakundiak was diagnosed with a Stage Four brain tumor in early 2019, he was committed to beat this horrible disease. At the tender age of 53, Adrian went through all the treatments, saw numerous doctors (challenging a few doctors along the way), and after the ultimate 30 day radiation/chemo treatments, Sakundiak rang the victory bell and vowed to beat this. Along with his family, Adrian has committed each day to studying, learning, and planning to beat the cancer that shook his foundation of life to its very core.

Adrian is home working hard on his recovery and has met with others fighting this disease with the ultimate plan to return to the UHL and play with his two daughters once again. In a statement by Sakundiak to the Commish... "you know Mr. Commish, I won't give up, I will beat this and I will prove that it can be done. And when I am stronger in 2020, I plan to play again in the UHL and play with Morgan and Taylor on the same line once again. I honestly don't really care if I play with my big brother Andy as he crossed the line with that NHL fiasco, nor do I care to play with my nephew Avrey as he is a machine and I know I can't keep up to him. So mark my words Mr. Commish, I love the UHL and I will be back" in 2020.

Heal fast, be strong, and stay strong. The entire UHL is behind you 100% in beating this brain cancer.

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UHL Gets Bigger, Stronger and Faster in 2019



UHL Media Room – The UHL has made giant improvements over the years, and in its 20th season, the number of players have far surpassed expectations. The number of players keep on building, and with over 60 players, the UHL Bored of Guys chose to cap the player count at 60.

While officials are aware of a few players unable to play in 2020, there will be room for a select few new players to bring the player count back up to 60.

Congrats to the UHL and all the dedicated players and captains for making the UHL a huge success.

VICTORY CIRCLE (SQUARE

UHL SUMMER EDITION

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FULTON CELEBRATES HUGE KUP WIN

Cossack Kup Archives - When Aiden Fulton decided to join the UHL by invite from UHL Veteran Riley Siroishka, he never expected to not only get a concussion on the final game, but he also didn't expect to be on the winning to allowing him to hoist the coveted Cossack Kup. Congratulations to Aiden in winning the Kup!



COSSACKS

MAKOWSKY SAYS UHL WIN BEATS OLYMPICS

Cossack Kup Archives - Lucas Makowsky was an Olympian in 2010 as a speedskater. We was a champion. However, he stated being a UHL Champion far surpasses any Olympic medal. Makowsky was a huge reason his team went on to win the Cossack Kup in 2019. Welcome to the UHL Lucas!

BULYCH TIRED OF WINNING THE KUP

Cossack Kup Archives - Once again, Greg "The Bully" Bulych was on the winning team in 2019. After hoisting the Cossack Kup he stated". "its time to pass the torch to those less fortunate like Bobyn, Siroishka, or even a Patrician or two.

Bulych has been a captain, a forward, a defenseman, a leader, and a force to be reckoned with since starting in the UHL in the late 1990's.



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FANS GET A VOICE FOR THE 2020 SEASON





Commish's Office – After hours of consultation and deliberations between the Commish and the dozens of disgruntled UHL fans, it comes as no surprise that the UHL fans won this battle. The UHL will be making more changes in 2020.

When asked how the UHL can improve the fans experience, it came down to "knowledge". The fans voiced their disapproval of not knowing who was playing who each night. They felt that was completely unacceptable as a non ticket buying fan. The Commish reviewed the season game-by-game noting that they were actually right, and this must be corrected for the 2020 season.

Therefore, the UHL is pleased to announce that effective March 29, 2020 (the UHL Season Opener) proper team signage of who is playing who will be prominently displayed for fan viewing pleasure at each and every game. The UHL has partnered up with a small printing company called Vistaprint to make this possible. Thanks to the fans and Vistaprint for making this dream a reality.

Maybe the 7+ fans should start buying season tickets at a cost of \$4.37/season per fan. Consideration is also being given to serving wine in the stands for the fans to enjoy. This needs Bored approval, so this wine thing has been tabled.

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DJ CHRISTIAN MAY BE OUT FOR 2020 SEASON



Ivana Humpalot Interviews – UHL Insider Ivana Humpalot sat down and interviewed DJ Christian Taillon in the off season and discussed his future with the UHL and his duties as DJ.

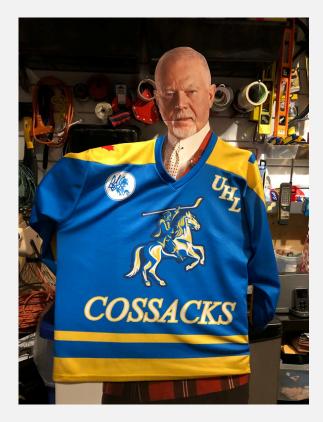
Taillon stated "I may not be returning to the UHL next season as I am attending school that takes top priority for me. While I will do everything possible to return as the UHL music man, the UHL may have to find a replacement for me as hard as that is for me to say. If I can, I will attend a few games when possible, buy no guarantees".

Thanks to Christian for making the UHL a better place with fantastic music to keep us pumped up and motivated to win!

DON CHERRY OUSTED BY NHL FINDS NEW ROLE WITH UHL

UHL PRESS RELEASE - It comes with great pleasure that the UHL announces the hiring of Don Cherry, formerly from the NHL & Hockey Night in Canada.

Cherry negotiated a 1-year contract with the UHL as league business development associate. The UHL has become too large for the Commish to do everything, so the hiring of an 85 year old washed up character was deemed necessary to continue the success of the UHL. We welcome Don to the UHL family of characters



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Cabbage Rollers Win for Most Creative Captain



Captains Corner— Being a UHL captain has pros and cons. That said, 2019 Cabbage Roller Captain Neil Horbachewski knocked it out of the park with his team antics, personalities, creativity and high-roller attitude.

Neil Horbachewski showed up at the Draft with a scotch in one hand, and money flying out of the other with a mission to create a winning team. While he was unable to win the Cossack Kup, he won fans over with his blonde hair, tan suit and laughs for his team in the dressing room.



The UHL Bored of Governors would like to thank Neil and all the captains for their job well done in 2019, and we look forward to what the captains have in 2020 for us. Who are the Captains in 2020??? Go to the next page to find out the candidates....

If you are on the next page as a candidate, congratulations for being selected as a candidate, as next season could be all yours!



Commish takes up acting but comes up short

HOLLYWOOD - When the UHL Commish announced his UHL contract was up in 2021, he chose to get into acting. He was hired by the Baba's Zabava to be Tim Conway (from the 70's for all you youngsters), but his role came up short as you can see from the photo above.

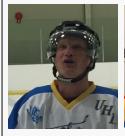
The Commish is firm in retiring in 2021 when his unwritten contract expires. All those in favor, step up and apply.

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CONGRATULATIONS TO THE FOLLOWING NOMINEES TO BE A CAPTAIN IN 2020

- KELLY BABICHUK
- NICK ZNAK
- MARK OCHITWA
- BLAINE WICENTOVICH
- MYRON GELETTA
- NATHAN WOYNARSKI

Captains Corner— After rigorous studies, evaluations, and numerous numerous Pilsners, the Bored of Governors have selected the above six (6) players to be nominees for captain in 2020. Of the 6 selected, only 4 can take on the role as captain of either the Cabbage Rollers, Borscht Boilers, Kubie Krushers or the Perogy Pounders. We ask that each of the Nominees contact the Commish to discuss this nomination and how the selection process will work.













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Season-Ending BBQ most successful in UHL History



Wind-up Central – As the 2019 season came to an end, nobody anticipated the attendance we received at the season-ending BBQ. UHL statisticians calculated that 102 participants enjoyed the BBQ with exactly 72 actually paying the \$10 entry fee.

The UHL Bored of Governors have agreed that the traditional BBQ will now be included in the 2020 entry fee to avoid this financial shortfall. Therefore, fees for the 2020 season will be increased to INCLUDE the BBQ but exclude beverages as they will always be "at cost, or below cost".

Special THANK YOU to Yuri Zazula for bringing in the 800 foot tailgate BBQ to make the BBQ a successful event. Yuri, you are the man! You too Marko.





CONGRATS TO KUBIE KRUSHERS FOR WINNING THE COMMISH KUP

St. Stephen's Hall – Congratulations to Mark Patrician, Captain of the Kubie Krushers, in winning the Commish Kup by finishing 1st overall in the regular season.

Patrician led the way to finishing first by drafting a solid team (by luck?) and having very few call ups. Your hard work has not gone unnoticed, and we thank you for being a solid captain in 2019.

Will the Kubie Krushers win it again with a new captain in 2020? We will find out in 296 days.

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UHL PHOTOS OF THE YEAR WHILE OFF THE ICE













This shot is on the ice but look at this AWESOMNESS!!!

These photos chosen the by Commish and are completely biased among the many submitted. The point being encourage ALL players keep to sending in photos of you in your Jerseys from where ever you are in the world!!! Make it fun!!!

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UHL PHOTOS OF THE YEARWHILE OFF THE ICE- Cont'd









Submit your Jersey Photo TODAY!!!



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UHL PROVINCIAL UKRAINIAN CLASSIC COMING IN 2020 IN RED DEER, ALBERTA



2020 Planning Committee— Special thanks to Richard Horbachewski for taking on the "BATTLE OF THE COSSACKS (or is it KOZAKS?) as a new challenge in 2020.

Richard has agreed to organize a battle of Ukrainians in Red Deer, Alberta. If you take note of the photo to the left, you will see the cool and awesome UHL jersey standing next to some guy claiming to be a "Kozak". Well, either way, there will be a game of Ukrainian elite taking place in Red Deer to see who is the best of the Cossacks (spelled better).

So buckle up UHLers, as this could be your chance to get on the UHL (short) bus and head to Red Deer to take on these "Kozaks".

UHL Charity Division – We are pleased to report the UHL raised \$4,576.00 this year in donations. This year we unanimously agreed to donate this amount to Adrian Sakundiak to help fund his battle with Brain Cancer and cover some of the private uncovered health costs incurred.

Select UHLers made the cheque presentation to Adrian at his home on July 27th with his family present. Adrian is incurring significant personal costs to defeat this disease, and the UHL is proud to help support a fellow UHLer, and we look forward to a long and healthy future for Adrian.



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NEW NEWS AND TIDBITS YOU NEED TO KNOW

- UHL 2020 Entry Fee is now \$225/player which includes the BBQ.
- NO CALL UPS permitted in 2020 unless a team drops to 7 players.
- March 29th is the season opener with National Anthem being sung.
- 14 Skaters drafted per team. Goalies will NOT be drafted by any one team as they play for all throughout the season.
- You cannot play if you don't attend 5 or more games in 2020.
- The UHL will be ordering more custom personalized Jerseys in August, so if you want to get a personalized jersey, let the Commish know by August 25th.
- Mark Demchuk is organizing <u>ordering Custom UHL Hockey Bags</u>. If you are interested in ordering your own Hockey Bag, please let us know.



Wicentovich King of Pounders!!!

Congratulations to Blaine Wicentovich for being the "IRON MAN" of the season for the Perogy Pounders. Blaine managed to make every game for his team, and he is the declared "King of Pounders"!!! Who will pound it the most next season? Maybe you will be the next Pounder???

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2019 INJURY UPDATE







DARREN SAKUNDIAK – Darren broke 11 bones in his lower right leg fibula and was out for the season. Today, after more than 12 weeks of rehabilitation, he is in an air cast and is getting close to being able to drive again. Darren said he is 100% in for next season as he believes he will heal 100% and be ready for retaliation against those involved in this horrific incident that shattered his leg.







Joe Tysowski – Joe accidentally took a puck to the eye damaging his right retina and had bleeding behind the eye socket itself.

Joe was off work for over 2 weeks and was unable to drive for many weeks. His recovery is slow and steady.

Joe is at about 80% recovered vision however there are more issues with the eye that will require more medical attention. We assume Joe will be back with a proper helmet, with a visor or even...... a cage!!!

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Congratulations to the BORSCHT BOILERS for winning the 2019 COSSACK KUP



SEE YOU NEXT SEASON!



It is with a hearth-felt thank you for allowing me to be the Commish of the UHL and make fun of you all. I know nobody wants my job, but at some point, you may be the next "Commish"... I also would like to thank all those that help make the UHL such an amazing success (Bored of Governors) and help create and maintain this fantastic group of family and friends. God Bless...

BRING ON THE 2020 SEASON!!!

The Commish