

## Tonic Labyrinthine Reflex (TLR)

### Eye Tracking

Ask the child to lie face down, neck extended with arms stretched out in front, thumbs up and central.

Slowly bring one arm out to side following movement of thumb with eyes and head. Hold for few seconds. Slowly return to middle and repeat to the other side.

Repeat 10 times each side. Twice daily.



**Practitioners Advise:**