

Astrology for September 2024



Overview of September 2024

I was feeling into the energies of this month and wondering how to describe them. I've been catching up with the Olympics, a bit at a time. How amazing is it to be able to watch things back, in our own time, to skip the bits we aren't interested in or to fast forward past bits we've seen before and to replay anything we want to see again.

Last night I was watching cycling in the velodrome, the team events and marvelling at the accuracy, tenacity, stamina, strength, trust in your teammates and sheer nerve that they have to hurtle around at breakneck speeds. Apparently, the one in front does not look ahead but down through their hands to the black line on the track whilst those behind try to stay as close as possible to them.

I've seen videos of them training, where they ride and ride and ride until they fall off the (static) bike with near exhaustion. What stuck with me last night was when they are getting towards the end of a race and have to dig deep to increase their speed towards the end, to put on that final sprint, one last push to the line.

'Dig deep' is the bit that is important, and not completely in the same sense, but in that we have, in September, the deepest of energies of the

year, with the most planets retrograde and we enter the second eclipse season. So the energies might seem the most intense at times, maybe the most challenges might arise, our mental energy could be flagging and its hard to see past the everyday stresses that we are experiencing.

And this is where we need to have some awareness of the healing and transformative power of the challenges we face and that they offer opportunities to change old patterns, embrace new qualities, finally rid ourselves of self-defeating habits and to put down burdens of the past. We need to dig in deep, to allow ourselves to experience these challenges and to see what they offer. It might not be that challenging, but we do need to be prepared to look more deeply inward, to look beyond our mundane lives to find the treasure. October will see the beginning of these lessons easing off and the maximum retrograde planets we have for any time this year is five, whereas in most recent years we have had seven at times, including last September. And there is always help available too and I feel pretty optimistic as I look at some final chapters being closed, ready for new beginnings. Read on if you want to know the astrological detail.

Ok, on to the astrology itself. We end August with four planets retrograde and Uranus joins them on 1st and those five (Saturn, Uranus, Neptune, Pluto, Chiron) all remain retrograde all month.

Pluto has been pretty intense as it has been retrograding back and has been at zero degrees of Aquarius for the last six weeks and it now retrogrades back into Capricorn for the last time on 2nd. This is a final phase of clearing old energies in this sign, read more in the daily astrology. That's day two.

And on day three, we have the New Moon in Virgo as Mars reaches the end of Gemini. Although associated with new beginnings, this New Moon brings a message to surrender all that no longer serves and that we wish to be transformed.

On 12th, Mercury comes out of its shadow, covering 'fresh' territory from then onwards after re-entering Virgo, joining the Sun, on 9th.

Then we are building to the Full Moon on 18th and this is also a supermoon and a Solar Eclipse and repeats the message from the New Moon to surrender what is no longer needed and to seek the doors of opportunity in the darkness.

The days flowing this, leading up to the Equinox contain a series of Soul activations that it is essential, for our Soul growth, that we tap into.

The Equinox is on 22nd, Autumn in the northern hemisphere and Spring in the southern hemisphere and whichever we are in, it is the start of the next astrological quarter which will cover the signs of Libra, Scorpio and Sagittarius.

The remainder of the month is pretty uneventful, and that is probably a good thing, as we will have the opportunity to integrate the first three weeks and plan what we want for the coming three months, ready for the New Moon and Solar Eclipse on 2nd October. There is a real sense of things opening up again in October, so it is vital that we fully embrace September and some last chances to get to some tap roots and pull them up!

One very important factor for this month is that Uranus, Neptune and Pluto, all retrograde, from 3rd September, are at 27°, 28° and 29° respectively and not only are they in close and helpful connection to each other, it means that the faster moving planets, Mars, Mercury, Sun and Venus, on their travels, in that order, will be making connections to these three in turn, mostly on subsequent days leading up to the Equinox, with the Sun and Venus's connections to Pluto occurring on the Equinox (22nd).

These feel like a carefully orchestrated series of activations that all add up to something much bigger.

Daily Astrology for September 2024

There are potent energies as September begins with Uranus stationary, turning direct later that day, and Pluto right back at the very beginning of Aquarius, as it then retrogrades back into Capricorn for the very last time on 2nd which is also the dark of the Moon, with the New Moon in Virgo being early on 3rd.

So the first two days could feel intense, stressful, triggering, with a strong sense of déjà vu, of an old energy, an old unwanted pattern showing up. The Virgo energy is likely to point the mind more towards what isn't working and to feel a sense of futility or fatalism, veering towards - *What's the point? This will go wrong, or that happened before so it is going to happen again.....*

There is help from Mercury and Chiron making a very favourable trine and this is their third and last connection, having met before on 19th July and 23rd August, encompassing Mercury's retrograde, so hopefully this time we can begin to see how we want to make changes, if not be able to actually instigate them.

The dark of the Moon reveals our shadow emotions, those that see the light of day the least and shame and guilt as well as fear, can lurk in the depths here and they can fuel unhealthy introspection. This is a time to withdraw if we need to, to use that time wisely to notice what is arising, what is no longer working for us, what we would like to change and to embrace that the dawn comes after the dark and tomorrow is a bright new day with a clean piece of paper in the book of our life.



The darkest nights come before the dawn and in that dawn, the Sun rises as it has done millions of times before. It is a constant that we take for granted. At best, we might notice the seasonal changes of sunrise, but until it affects our daily human life, many of us ignore it. When it is dark when we get up, darker mornings necessitate putting the light on, or it is dark when we drive to work, when we are used to doing so in the light, then we notice it. Similarly with sunset, we notice the longer, lighter nights or the nights drawing in, as the saying goes.

And still, regardless of the time it is visible from our viewpoint on this Earth, our Sun still continues its life-bringing cycle of light and warmth, the energies of Fire. Every day it cycles for us and brings its gifts to our planet.

Each element has a masculine and feminine side to its nature, a dynamic and passive wisdom and power. The feminine wisdom of Fire is surrender, not in the sense of waving a white flag to the enemy, but in allowing fire's transformational energies to consume and transform what we offer to it. With very few exceptions, nothing emerges from a fire in the same form that it went into it, and this is where there is an association with a phoenix rising from the ashes. This is the energy of alchemy, of transforming lead into gold.

It might seem contradictory to talk about the element of Fire when this New Moon is in Virgo, the mutable Earth sign of the zodiac, but this is more about the phase or stage of the alchemical process that we are at now. It starts with surrender, with the letting go to the Fire that which we want to release, want to be transformed.

The coming astrology is potent and holds much potential, notice how those words begin the same! Of course, if we wish, we can remain as we are and carry on as before, but if there is even a small part of you that is dissatisfied with things as they are, that wishes for more abundance, more happiness, more honest emotional connection, more alignment with your higher Self, your Soul, then now is the time to surrender what is no longer working, what is no longer authentic to you, and let go of the draining energy of holding onto it.

Let go of the worries, the criticism, the nagging inner critic that thinks that you aren't good enough, that what you create isn't good enough, that puts its own needs aside. Offer it up to be taken from you, to be transformed, to lighten your burden and ease your worries.

Whatever part of its cycle the Sun is at when you rise tomorrow, remind yourself that this is a new dawn, a new day. Think of your day as a blank piece of paper on which you can write whatever you wish.

This is your book, your story, your chapter, your page.

With Uranus going retrograde on 1st and Pluto retrograding back into Capricorn, from 3rd at the New Moon we have all three of these bigger players retrograde and at 27°, 28° and 29° respectively and not only are they in close and helpful connection to each other, it means that the faster moving planets, Mars, Mercury, Sun and Venus, on their travels, in that order, will be making connections to these three in turn, mostly on subsequent days leading up to the Equinox, with the Sun and Venus's connections to Pluto occurring on the Equinox (22nd). These feel like a carefully orchestrated series of activations that all add up to something much bigger.

Mars, the slowest of this quartet started the ball rolling with its niggly connection to Uranus on 31st August and a testing square to Neptune on 3rd at the New Moon and on 4th it makes another niggly contact with Pluto before it leaves Gemini and enters Cancer. Contacts of this sort bring discontent, old memories of conflict or angry exchanges back to niggle us which can serve to show us where there are energies to let go of, forgiveness to embrace and new ways of responding in the future to consider.

Mars will remain in Cancer until 4th November. Being the masculine archetype of the chart and naturally at home in Fire, it is not so

comfortable in this Moon-ruled Water sign. What does make it easier for it though, is that Cancer is a Cardinal, action-oriented sign, like Aries, the sign that Mars rules, so they have the same mode of operation and like to get things done but unlike Aries' direct line, Cancer takes more of a sideways approach, much like the crab, its symbol.

So be prepared for things not to take a straight line, for a much less direct route when we initiate something or take action. Rather than one stage that we expect or hope for there may be three or four. Our focus could be more on the home, nest-building, making adjustments and improvements for the coming season and we might find ourselves wanting to spend more time at home.

On an emotional level, after all this is a Water sign, Cancer can be a bit sensitive and take things personally and then tends to retreat, holding onto the hurt which is at odds with Mars' need to take action. Look out for stress building and try to nip it in the bud if so, as it could become brooding and difficult to break out of, with old hurts being triggered and adding to the mix.

6th to 9th need to be considered together as this is when we have a series of connections from Mercury to Uranus, Neptune and then Pluto. These are all testing contacts with that to Uranus first being the most potent whilst those to Neptune and Pluto on the subsequent days are more niggly but join with Mars in making a karmic pattern. Also on 7th, sandwiched in the middle, we will feel the Sun opposing retrograde Saturn (this means it will be highly visible in the night sky).

Mercury is the planet of the mind and communication and how our mind handles stressful situations and how judgemental and opinionated we are, could be shown to us. Those opinions and judgements could also stem from our childhood and we may have been on the receiving end with our unconscious storing those in some way. There are quite a few possible variations here, so overall I would look out for power and control issues, authority figures, being restricted by rules and regulations, parental difficulties especially with the father or paternal archetype and idealism, fear, spirituality or the truth being repressed.

The key here is to realise that we can take back our power and not let these events from the past influence and spoil our present or our future.

Taking control of the mind and not allowing it to dwell on negatives, limitation and self-criticism is the aim.

It is time to let them go.

And then early on 9th Mercury leaves Leo and enters Virgo, and then for the next two weeks we will have to watch that our inner or outer voice, does not become picky and critical.

The Waxing Half Moon is on 11th which marks the mid-way point between the New Moon on 3rd and the upcoming Full Moon on 18th, which is also an eclipse. This point acts as a testing point for anything new that we instigated at the New Moon which actually had energies of reminding us to release what no longer serves us, so it is quite likely that any challenges we face today are reminders of something that needs to be released or surrendered (see New Moon on 3rd).

Also on the day, Venus makes a niggly connection to retrograde Saturn so we are likely to be aware of some form of restriction, fear or 'lack of' energy and this will most likely be seen in how we relate to others and also our finances. Past issues could trigger feelings of low self-esteem or self-worth and we need to make sure that we don't fall into any old people-pleasing habits to 'keep the peace', as we are then negating our own worth and storing upset and resentment within ourselves.

Keep focused on the positives and shut the door firmly if your mind starts to wander into worry or criticism. Refocus and repeat as necessary!



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Ever start off with a simple thought and before you know it, you've descended into a spiral of negativity and what was small has escalated into internal World War three?

12th September has that potential, so it is vital that we keep perspective and watch that our thoughts don't spiral at the speed of light and that we shut the door firmly when we first spot that potential. This is a day to practise mastery of the mind and not to let the mind be the boss. Put on a Teflon coat of protection against feeling criticised or over-interpreting someone's words or actions. Likelihood is, even if they are a little grumpy, off-hand or seemingly critical, that they are not in a good place themselves that day and it is not about you. If we wish we can examine it and look for a slight, a judgement or something deeper but that really doesn't serve any purpose and just creates negative thoughts that we are projecting outwards and also an internal battle.

If we are going to focus on small details, let them be uplifting ones like studying the detail in a flower, a mandala or intricate design. Expressing our thoughts and feelings through the written word will be particularly helpful and we could also colour, draw or create something detailed and intricate, although we must appreciate, and not criticise, our masterpieces.

Mercury comes out of its shadow earlier that day, meaning that it has reached the point at which it went retrograde and we are no longer working through what arose then, as it seemingly traverses forward over new territory.



Mercury has a niggly connection with the Nodes on 13th so whatever troubles our mind is likely to have some karmic roots and we can fall into old patterns of keeping quiet, negating our needs and being afraid to speak up. This is an old energy and although it has karmic roots, we will have experienced incidents, most likely in our childhood, which would echo these, giving us the opportunity to be able to access them for clearing in this lifetime.

So, ask yourself, what is the earliest memory I have of feeling this way? Some inner child healing will definitely help, giving that younger version of ourselves what it wanted and needed back then, and forgiving ourselves for not being brave.



What does the phrase 'peace of mind' conjure up for you?

Something you find easily and regularly?

Something that you experience every now and then?

Something you have found on rare occasions?

Something you have never experienced and find difficult to imagine?

One of the Soul lessons for Virgo can be mastery of the mind, becoming the master not the slave to it. When in inner turmoil, deep in worry, stress or fear, it can be a difficult concept to embrace, that we can control our thoughts and our minds. This is not control in the negative way of coercion and making someone do something they don't want to, this is about learning how we can choose our responses, notice when a small niggle arises and learn to redirect it to a more positive viewpoint, to nurture gratitude, acceptance and inner peace.

On 14th and 15th whilst an old karmic wound will be opened that will threaten our inner peace, there is help to be able to find that stillness and inner tranquillity, to take a more peaceful path in both our inner and outer dialogue. Appreciate beauty and love and if you can't see it, seek it

out. Listen to some beautiful music, look at flowers and nature, watch a video of a baby laughing. There is so much positivity, love, acceptance, joy and laughter in the world but our human minds can habitually seek out the negative, the worry, the fear.

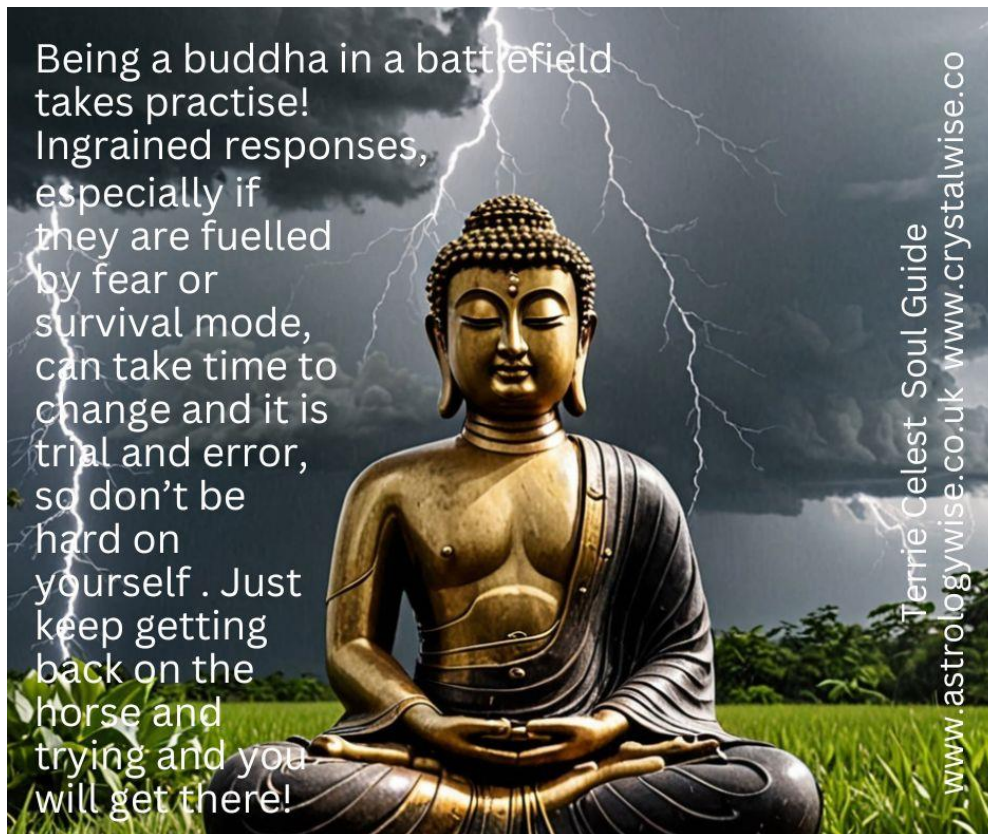
Knowing that you can reach for either, which will you choose?

As we are nearing the Full Moon and Solar Eclipse early on 18th, 16th will present us with some unresolved karma to examine and this might evolve from what arose on 14th and 15th.

I remember going on a retreat and many of us had arrived and were sat quietly and with an unspoken understanding that we needed quiet and were landing, internally, settling in, leaving the outside world and beginning to embrace the peace and serenity of this special place. And then a couple of others arrived, loud, boisterous, still in outside mode, chattering loudly, with no awareness of what they had entered. It seemed harsh and grated, it was so at odds with the peaceful energies that we were experiencing and that they shattered. It was hard not to be annoyed and initially, hard to be tolerant, understanding and compassionate and to not let my peaceful state be thrown completely out of kilter.

Equally, I remember participating in a workshop and was delayed and then struggled to find the venue and saw another, similarly lost soul who was doing the same. Eventually and slightly late, we found the building and were laughing with relief and chattering to ourselves as we opened the outer door, expecting to walk into a hallway or porch where we could 'land', take off our coats and walk quietly and apologetically into the workshop, but to our surprise, the outer door opened straight into the workshop room, and thus we fell noisily in, disturbing the workshop which had already started.

If your inner peace is shattered, how do you react? Do you negate your own thoughts, feelings, beliefs and needs and fall into peace-keeper role to restore the peace? Is your fight or flight triggered into defence mode? Do you fight fire with fire?



Being a buddha in a battlefield
takes practise!
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Note what arises and your default pattern of response. Are you happy with that? Or do you wish you had responded differently? If you do, make sure this would be how a higher version of yourself would respond, and then treat yourself kindly, remind yourself that you have done the best that you could, at this moment in time and think through how you could respond differently next time whilst remaining kind and compassionate to yourself.

Being a buddha in a battlefield takes practise! Ingrained responses, especially if they are fuelled by fear or survival mode, can take some time to change and it is trial and error, so again, don't be hard on yourself if next time, things aren't a lot better. Just keep getting back on the horse and trying and you will get there!



A message for the Full Moon and Solar Eclipse 18th September 2024

Seasons of the Soul

"The Soul has seasons, as does your planet. Your body follows the seasons too although modern man has distanced himself far from the ancient wise ones who lived by the seasons. True, that was born out of necessity as there were no supermarkets to get fresh produce from around the clock, whatever the season. Modern man does not need to consider the phase of the Moon to go hunting and can sleep, work and play at any time of the day whereas ancient man would have risen with the Sun and retired when it set.

Deep within your DNA, your collective knowledge and remembrance, your body remembers this and it also, naturally has less energy when there is less Sun. Your central Sun is fuel for the body so the body naturally responds to more or less of its life-giving rays. It is natural to be more energised in the spring as the energy rises and to be more reflective and less vital with autumn and winter. But your modern lives can ignore this seasonal clock and try to do the same things all year around.

So then, the Soul has seasons – times of growth, times of abundance, times of harvest and times of withdrawal, reflection and renewal. As the season on your planet now begins to change, marked by the Equinox on 22nd, your Soul is also entering a new phase, a new season. New growth, a new inner and outer world, is much nearer than you might feel when looking at the dark side of your planet right now. But there is also much light, and ever increasing light that cannot be dimmed and is increasing far beyond expectations.

Chaos precedes order, the dark comes before the dawn, death throes of the old ways are noisy and disruptive and show you darkness.

*The message with the New Moon on 3rd was – **Surrender to the alchemical fire, all that no longer serves you and you wish to be transformed** and this message is repeated now, as the need to relinquish the old is paramount in order for the new to be able to come in, and this is important to consider in these last few days of this season.*

And as the Moon has made its half turn to this Full Moon with a Solar Eclipse, we encourage you also to realise that with contrast, with the dark there is the light and comparison, duality can sometimes serve to show you what you do not want, so that you can reach for what you do wish to have in your future.

Look into the gloom, the darkness, the fear, the despair, the helplessness and hopelessness and see that in the darkness there are doors waiting to be opened and they let the light in and will show you the brighter future that you wish for and why you chose to incarnate at this time. Your Higher purpose can be revealed and a new season of growth, higher service, truth and love awaits.

So, we urge you to be aware of your Soul's seasons and that everything is cyclical, everything is constantly moving and there is a brighter future waiting to be birthed. For some, the light is already shining more brightly, for some those doors may not be visible yet but are there, waiting to be discovered.

So look through the darkness, seek the doors of opportunity and open them. Do not lose faith, do not give in to the darkness nor fear that these will win. Remember the light shining brightly and nurture the light within you. That never dims, regardless of the outer seasons. This is the light that grows ever brighter and is helping to light the world. Whatever shadows are thrown on you from the outside, within your heart lies your truth, your light, your Soul.

Shine brightly dear one, shine ever brightly and hold that light up for the world to see. Shine the light for others to see the path of truth, of love, of acceptance, of tolerance, of joy. No longer allow the duality of separateness to fuel your thoughts and actions.

Be the light, shine the light, hold the faith."



There is probably only one question that needs to be asked now, do you want things to continue as they are? And if not, then it is time to make the changes and be the change that you want to see in your life and in the wider world.

The energies of the Full Moon and eclipse will gradually trickle into our conscious, helping us to move forward. Over the last few days of this astrological quarter, (19th to 21st) we need to grab our spiritual spade and use it to clear the smelly stuff that shows up and we no longer want in our lives. Maybe a pair of secateurs, some heavy duty gloves for the thorns and stinging nettles and our favourite weeding tool would be good to get out too! Be ruthless, prune those overgrown branches back, you might be surprised at what you find underneath.

In my overview of September's astrology I said:-

One very important factor for this month is that Uranus, Neptune and Pluto, all retrograde, from 3rd September, are at 27°, 28° and 29° respectively and not only are they in close and helpful connection to each other, it means that the faster moving planets, Mars, Mercury, Sun and Venus, on their travels, in that order, will be making connections to these three in turn, mostly on subsequent days leading up to the

Equinox, with the Sun and Venus's connections to Pluto occurring on the Equinox (22nd).

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Mars connected to these three in turn at the beginning of the month, Mercury from 6th to 9th and the Sun makes a fabulous trine with Uranus on 19th and then opposes Neptune on 21st, the last day of this quarter. Peace-loving Venus also makes these connections on the same day as the Sun, but has more niggly connections, helping to stir the waters and bring what needs to be cleared to the surface and our attention, and on 21st Mercury and Jupiter square so this can embolden us to speak up, but can we do so with kindness and not criticism? Can we embrace our differences without feeling the need to defend ourselves or do battle?

Now and at the Equinox, it is a time to embrace and promote love and peace and to tap into the Divine feminine to spread those positive qualities around our planet.

The Equinox offers a new season, new beginnings, new growth, new opportunities. Have that garden ready.



Autumn / Spring Equinox
(northern/southern hemisphere)
22nd September 2024
13:43 BST
Sun enters Libra
Over the coming three months, embrace and promote love and peace and tap into the Divine feminine to spread those positive qualities around our planet.

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The Equinox offers a new season and the chart for the Equinox holds the key for the energies of the coming three months. There could be no better connection than Sun trine Pluto and much of what I said for the Full Moon chart on 18th is still relevant here. With the start of a new season we are entering a new phase, a new season both personally and collectively. New growth, a new inner and outer world, is much nearer than we might feel when looking at the dark side of our planet right now, but there is also much light, and ever increasing light that cannot be dimmed and is increasing far beyond expectations.

There are doors waiting to be opened and they let the light in and will show us the brighter future that we wish for and why we chose to incarnate at this time. Our Higher purpose can be revealed and a new season of growth, higher service, truth and love awaits.

Look through the darkness, seek the doors of opportunity and open them. Do not lose faith, do not give in to the darkness nor fear that these will win. Remember the light shining brightly and nurture the light within you. That never dims, regardless of the outer seasons. This is the light that grows ever brighter and is helping to light the world. Whatever shadows are thrown on you from the outside, within your heart lies your truth, your light, your Soul.

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Now, at the Equinox, it is a time to embrace and promote love and peace and to tap into the Divine feminine to spread those positive qualities around our planet.

Early on 23rd, Venus leaves its home sign of Libra where it wants to spread love and harmony and enters the deeply emotional and single-minded sign of Scorpio. Moving quickly, she is only visiting here until October's Full Moon (17th) when she will enter Sagittarius later that day. This adds to her current significance, as she made a testing square to Pluto at the end of Libra just before the Equinox and that Full Moon will be a full sign on at the same degree. Leading the personal planets in the chart, she is the first of them, this year to enter Scorpio with the Sun having just entered Libra at the Equinox just before Venus exited at the other end!

This change of signs will bring us a much deeper emotional connection but this can be troublesome if we have unresolved or buried emotions from the past, either repressed or suppressed. Ruled by Pluto, Scorpio can take us to the depths, to the underworld, our unconscious and to face the smelly stuff and become the phoenix rising from the ashes, if we are prepared to don our miner's hat and go there, of course.

Look out for signs that your unconscious is trying to say – hey you need to look at this now! There is also a single-minded, detective like quality with this also very charming sign, and if it gets its teeth into something or puts on its detective hat, it can become very engrossed, almost lost or obsessive in diving deeper and can lose perspective.

We need to be open to looking at what needs to be emotionally released and not to push things back under the surface, and we also need to watch that we don't disappear down a rabbit hole when we start focusing on something. Areas that come under Venus' realm include relationships, finances and self-worth and there can be power and control issues due to Pluto's influence.

Oh, and be aware of the Scorpion's sting in the tail!

The Waning Half Moon is on 24th, marking the midway point between the Full Moon on 18th and the upcoming New Moon on 2nd and in this case, between two eclipses, so it is quite a potent point and we need to continue our purging and clearing, ready to embrace the new.

Whilst there may initially be some challenges and we could be feeling extra sensitive and take things too personally, there is also some great help to break out of old, negative thought patterns and to embrace some brilliant, new, innovative ideas that might never have come to us before. A flash of insight or brilliance could surprise us and we need to fully embrace and ride the wave of whatever that brings, and not to criticise or dismiss the ideas as fantasy or unachievable. Believe you can, and you can!

Mercury is trining Uranus today, and will continue on to meet Neptune tomorrow, 25th and then Pluto early on 26th just before it changes signs, and these three consecutive contacts to these three outer planets can help to change our inner mind map, our perspective, our viewpoints and our inner belief system, very much for the positive.

Following on from Mercury's trine yesterday 24th to Uranus, it opposes Neptune on 25th before reaching the end of discerning Virgo and entering more peaceful Libra on 26th. This is a series of activations and Mercury is the last of the faster moving, personal planets to make these this month, with Uranus, Neptune and Pluto all retrograde at 27°, 28°

and 29° respectively. Mercury rules the mind and communication and Virgo is one of its home signs so it is at its strongest here and we are being given the opportunity to let go of criticism, lack of self-belief and negative mindsets. Something may arise around how we view beauty and we need to watch that we don't spiral into deep waters, unless we are prepared to do the needed processing that lies there.

Overall, this is very positive and there are opportunities to be grabbed as the energies from the Full Moon and Eclipse (18th) and the Equinox (22nd) continue to percolate and evolve.

Keep looking forward and moving forward. We might need to look at the past to release it, but don't get stuck there.

With Mercury in Libra for the next 3 weeks, we can access some much-needed diplomacy but might find that we are more indecisive than usual, as we gain the ability to weigh up both sides of the scales. Whilst being diplomatic, it is also important that any peace-keeping roles that we adopt don't suppress our own needs.

28th will highlight some old karma and a very old, ingrained response and then 29th brings a chance to clear and change that. This is part of stepping into being a better version of ourselves and will show us what needs to change. Rather than letting go, this is about embracing the gifts within that experience and taking the learning with us and rather than focusing on releasing, the healing and change comes from focusing on what we want to come, how we want to be. So instead of clearing anger, we would focus on being calmer and more peaceful, instead of releasing old people-pleasing habits we would focus on valuing ourselves and our worth.

Mercury catches up with the Sun on 30th and passes forwards over it, and this marks the most active phase of its cycle when it has come out of its retrograde which takes it behind the Sun and now it leads the Sun and our thoughts and communication become much more conscious. This will also tally in with the energies of 28th and 29th, as the Sun then crossed the South Node, so Mercury is actually crossing both the Sun and the Node today. With all three in Libra, we can embrace the positive side of this sign and there is also a lovely trine between Mars and retrograde Saturn. Whatever we undertake might not take the direct

route but we can set goals for the future and start to activate them and at the same time, hopefully find a balance between our needs and those of others.

Looking ahead to October, although there is another eclipse on 2nd and Mars enters its shadow, there is an overall air of optimism and the clouds beginning to lift and more positivity coming in. Jupiter does go retrograde but a couple of days later, Pluto goes direct and then we have passed the peak of the retrogrades for this year!

All dates and times based on BST

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