Astrology of July 2025

Overview of July 2025



July brings much change, almost constant and it will be important to grab our surfboards and go with the flow of the tides. If we try to resist or overthink, we will foster stress and it will be best to understand that this is a process of evolvement and to take more of an overview rather than getting caught in the day by day energies. Like a chess game, it would be impossible to fathom if we dissected each move individually and trust is needed that all is as it should be and this series of moves is manoeuvring everything, including ourselves, into the best possible position for our forward growth.

Going back to mid-April, we had all planets direct for three weeks before Pluto began its retrograde on 4th May and it has remained the only retrograde since then, so for two months. Neptune, Saturn, Mercury and Chiron all turn retrograde this month whilst the last of the outer planets to change signs occurs on 7th as Uranus enters Gemini.

All this movement makes for interesting charts at the Full and New Moons. The Full Moon on 10th has Uranus at 0° with two planets retrograde and offers a key opportunity to release the past and to walk to a new future. After the Sun enters Leo on 22nd, it connects with Uranus then Saturn just before, and Neptune just after the New Moon on 24th,

building to a testing opposition to Pluto the day after. These outer planet activations, three of which are retrograde, are building blocks, clearing our path and bringing us into a position where we can have a clearer path, whilst we are reviewing and upgrading our energies massively over the coming months. The New Moon is asking us what we feel we missed out on in our childhood and is encouraging us to refuse to be bound by others' standards.

And let's not forget Mercury's retrograde which begins on 18th, going direct shortly after next month's Full Moon and it remains in Leo for the duration of its three week retrograde.

The month ends with Chiron going retrograde on 30th leading us into a much more stable August, when the only change of direction will be Mercury going direct.

There is still a big gap in the middle of the chart so we will have busy periods where many connections take place and then there will be gaps where there is nothing and planets may have extended periods of not connecting with anything else. This could give a feeling of all or nothing energies and of a sense of disconnection within ourselves, of things feeling not quite right but we can't put our finger on why. Active and engaged one moment we then might feel lethargic, unfocused, unmotivated and a bit lost. This is part of the need to go with the flow of the tides and to listen to our inner guidance.

Daily astrology of July 2025

Mercury enters its shadow just before July begins meaning that the area of the chart that it traverses between now and when it turns retrograde on 18th, is what it will seemingly reverse back over; the point that Mercury is now at, is the point it will retrograde back to and then turn direct. So major connections that it makes in these three weeks are repeated twice more, as it retrogrades then the third and final time on its direct motion again, bringing resolution and the ability to start putting change into place that we have reviewed during the retrograde.

I noticed something very unusual about this Mercury retrograde; I have never seen this before. On 30th June, Mercury made a niggly connection to Jupiter, the planet of expansion, opportunity and faith. Mercury comes

very, very close, leading up until 9th, to having an exact, niggly connection with Mars but as Mercury then slows, Mars pulls ahead.

Other than this, Mercury has no other connections during its shadow. A few hours after turning retrograde on 18th it makes a potentially favourable connection to Venus and on 29th it repeats its niggly contact with Jupiter and these are the only connections it makes during its three week retrograde, other than passing back over the Sun (1st Aug) which it always does as part of its retrograde cycle.

My astrology interpretations are mainly Soul/person-centred but for once I am drawn to include a collective interpretation which tallies with various things that I have seen and read for this month. Mercury is the planet of the mind and communication and both of these areas of our expression must be positively employed during this time. In Leo, there is a natural warmth and generosity but it can also be opinionated and veer towards arrogance, feeling that it knows what is right for others, what they should and shouldn't do, completely disregarding our individuality and free will. It's almost exact connection to Mars, the warrior planet, which also represents the will, feels as if there may be threats, talk, hints at war, stirring of the pot where those are already taking place. It feels like 'war' or some further escalation comes close, but doesn't materialise.

With Mercury's first retrograde contact within hours of changing direction (18th) being to Venus, associated with peace and harmony, this feminine counterpart to Mars can rise up. The retrograde is the time when people gather around the table to discuss things, to try and find a solution, a way forward, to air their differences and feelings and lay their cards on the table. It is a time of discussion and resolution and action comes after the change to a forward direction and may only solidify or be possible once out of its shadow, i.e., travelling over 'new territory'.

Not only can the 'powers that be' gather for talks, the people can speak up and there is a sense of them rising, gathering in peaceful protest, making themselves heard and it be known that war is 'not in my name'. This period has been linked back to the 60s, when the seeds for peace were sown but the vibration on Earth had to be raised for that to be possible. Now, it can be.

Astrologically, this is backed up by the Mercury/Mars niggly connection that almost became exact (9th) but then was 'avoided', not reoccurring, but with Mars continuing to have moved ahead into the next sign, these

two connect again, this time much more favourably, on 15th August, four days after Mercury goes direct, so communication will be improved and we will be ready to implement what was reviewed during the retrograde. And Mars will have moved into peace and harmony seeking Libra, which can also speak very diplomatically. It is up to us to lend our voices and steer the ship peacefully to harbour.

2nd July brings the waxing half Moon, the midway point between the previous New Moon (25th June) and the upcoming Full Moon on 10th. Half Moons always provide a bit of a test and the last New Moon was four days after the Summer Solstice and full of possibility. If we think back, are we on track to achieve what we wanted to set in motion then, new ideas, actions and pathways forward? Or do we have to adjust the sails slightly, or maybe regroup and get back on track if we have strayed slightly?

Use this day to review progress and recommit to moving forwards and focusing forwards in all that you do.

Things might begin to feel a bit wistful, wishy-washy, nostalgic, dreamy, lacking in energy on 3rd as Neptune slows to change direction on 4th. Before it does, Venus meets with Uranus right at the end of Taurus and later in the day, leaves that earthly, reliable sign, which it rules, for much more flexible and sometimes scattered Gemini. Whilst Uranus can bring a breakthrough, sometimes a shock or something unexpected, it is somewhat softened in Taurus and might bring some inspiration, an insight into a relationship, our values or finances whilst Neptune's misty veils might actually make those difficult to see immediately.

Whilst in Taurus, Uranus has been shaking up our sense of security and stability, so this might show up strongly at this critical point.

This is a day to avoid escapism but to listen to our bodies and rest if we need to. Don't throw the baby out with the bathwater, don't make change for change's sake or out of a rebellious need to cause disruption. Keep an open mind and seek fresh approaches and ways of doing things, and in particular, we could note areas where we play it safe and stay in our comfort zone.

Venus makes potentially helpful connections to Saturn and newly retrograde Neptune, both early in Aries on 6th, whilst Uranus is right at the end of Taurus, itching to move into Gemini on 7th. But first, it has to wrap things up in Taurus and themes to look out for are feeling safe and secure, diet, using the senses, finances, relationships and values. Uranus can shake things up and give much-needed encouragement to step out of our comfort zones and switch to new paths, so it's important to listen to any intuitions and nudges to do something unusual; following them will be much easier than we think and will pleasantly surprise us.

Venus's connections to Saturn and Neptune do need to be tapped into and hold the potential to break free from co-dependency and to find courage to do things the way that we want to, to speak our truth and whilst communication might be direct it can still be filtered and softened with a little thought and kindness.

Uranus is the last of the outer planets to change signs and leaves Taurus for Gemini on 7th. With an 84 year cycle, few of us will remember what it got up to in this sign last time around! As the ruler of Aquarius, another Air sign, Gemini is much more in alignment with its energies than earthy Taurus. However Uranus is also associated with electricity and technology whilst Gemini rules our nervous systems so we are going to have to really watch that this combination don't feed each other too much. With strong Gemini influences, we can become wired and find it hard to relax and destress and this combination could play havoc with our nervous system.

Gemini can take on too much, flit from one thing to another new and exciting interest and can be prone to not finishing things; this is something to watch out for, especially as Uranus can bring innovative ideas and inspiration. This is the area that has most potential, that of breaking old communication and thinking patterns and finding new, more authentic, as well as innovative, way.

As I mentioned at the beginning of the month, Mercury is very prominent in July due to its retrograde and has extra significance due to having very few connections but in the background it has had a brewing niggle with Mars, the warrior planet which is currently visiting perfectionist Virgo. This contact is soooo close on 9th and then Mercury begins to

slow and Mars becomes the faster moving, widening the gap, which never completely culminates. Due to Mercury going back whilst Mars moves forward, these two don't make their next exact connection until 15th August, four days after Mercury has gone direct.

As I said before, there are indicators that this combination of the planet of the mind and communication paired with the masculine, warrior planet could bring war to the forefront and male egos (Leo) squaring up to one another and this will be exacerbated by the growing Moon which becomes Full on 10th. By the time we reach the New Moon on 24th, Mercury will be retrograde, encouraging conversations, dialogue around difficulties, differing wants and needs and we will have the opportunity to have our say and speak up for what is important to us, and what we don't want, both personally and as a collective. The battle might become internal and we could get stuck in our minds and especially a negative mindset which we will need to break ourselves out of.

As we approach the Full Moon now, know that things are playing out as they need to, energies need to be brought to the surface to be seen before we can begin the process of debate, clearing, healing and bringing change. More truths will be revealed as part of this and for now, and as Saturn slows, it is important that we do not fall into a hole of pity, despair or fear. Keep the faith, keep hope alive and promote love and peace whenever you can.



The Solstice was on 21st June and after a few potent days of connections, was followed by a fantastic New Moon in Cancer on 25th for which I gave the theme as 'a spiritual rebirth'. So July's Full Moon on 10th at 21:37 BST, with the Sun in Cancer and the Moon in Capricorn is the first Full Moon of this season/quarter and culminates the energies of the Solstice and New Moon.

The last two weeks have helped us to see the possibilities of the future, to envision and begin to embrace what that might be and initiate changes, big or small, to move us nearer to how we want that future to look. As the energies now peak, we have the opportunity to release the old habits, the remnants of the past that we have been hanging onto, the hurts that we keep returning to and don't let go of, the unconscious drivers that keep us repeating old, self-defeating patterns.

It is important to keep our eyes forward, on the future we want and to foster hope, peace and love. The world is really one big Earth family, a massive tribe of Souls who have chosen to incarnate at the same time, an unprecedented time in the growth of the planet and our species. So what are the three biggest energies and emotions that hold us back, in the past and in old patterns?

Fear, shame and guilt, the last two of which can actually create fresh karma if we don't clear them as we go. Sometimes the hurts that we hold onto are projected inwards: self-criticism or self-blame, beating

ourselves up for what we think were stupid mistakes when we were younger and much less able to make empowered choices. True self-love, something many of us strive for, means not just being able to love ourselves when we look into our eyes in the mirror, but to love the deepest, darkest corners of our minds and psyche, to love that part of us that made 'mistakes', the parts we are ashamed of, the parts we keep deeply hidden and don't want to share and the things we feel guilty about.

This is absolute self-love and turns our attention inwards, away from outside triggers which could be giving rise to fear but this positive inward self-care is essential to clear what does not belong in our future. So if we are triggered by outside events we need to accept that all is unfolding as it needs to, all will be well, and to trust that the darknesses that are surfacing are doing so for clearing, both on a personal level and collectively.

Do not pick up the fear, just notice it, be a neutral observer of outside manipulation and control that is trying to push us down the path of fear. Walk the opposite way, smile and give thanks for being shown this old pattern and for the insight and understanding to know that we do not have to perpetuate these. We can change paths, we can walk away, we can walk to a new future.

From the Full Moon we will begin to feel Saturn slowing, preparing to retrograde early on 13th so this will feel strongest on 12th and can bring feelings of frustration, limitation, low mood and energy and things might feel as if they are grinding to a halt or we are no longer making progress. Saturn is currently almost at 2° Aries having entered this Fire sign on 25th April and its retrograde will take it back into Pisces on 1st September, travelling back to 25°09" of Pisces before turning direct on 28th November and finally re-entering Aries where it will stay in February 2026. Neptune which pioneered entry into Aries 8 weeks before Saturn went retrograde on 4th and these two will continue to have a close dance for many months.

Their retrogrades back into Pisces will be an interesting time as we revisit and tidy up unfinished business there. The last few degrees of Pisces were much activated in the first few months of this year and we will have a final opportunity to clear old karma. Next year we will finally

have the outer planets all established in new signs (their retrogrades won't take them back into the old sign) so this is when we will feel the force of their combined efforts to help us forge a new future.

Saturn represents authority, rules and regulations and its dip into Aries energies began to show us how we can be self-regulating, have self-autonomy and not let others limit us. It also helps us to create structure, solid foundations on which to build, so this retrograde will be the time to review our plans and to ensure that our foundations for the future are on solid ground and have longevity whilst we must remain open to adjusting our sails to the winds. A key will be to put down old limitations placed on us by others that we are continuing to allow to dictate our lives.

14th to 17th are quiet, being one of the phases we are currently getting, due to the gap in the middle of the chart, where there are no connections. Whilst there is no visible action, there are undercurrents that could make this seem like a trying time.

Saturn will be settling into its retrograde and its speed will gradually pick up, easing the energies whilst in contrast, Mercury will be slowing, preparing to go retrograde on 18th a few hours after the waning half Moon, which occurs very early in the morning. The degree that Mercury goes retrograde at has the symbology of the joy of new beginnings so we are likely to feel that those were opening up and we were moving forward on our path, and then the retrograde will slow, even halt our progress and make us feel like we are moving backwards but that will be a key time to review our plans.

A few hours after Mercury goes retrograde it makes a potentially helpful connection to Venus and this is important as it is one of only two connections that Mercury has in its retrograde, so Venus's themes of how we connect (relate) to others, finances, self-worth and values will be showing up for us to review. Potential pitfalls include ego and drama colouring our interactions and it is important that we avoid gossip and keep the mind focused and positive. Keep reminding yourself that the coming three weeks are not us going backwards but offer a key window to review plans and tweak them before we stride forwards again. We might feel that we are ready, but the Universe is saying - Almost there, let's just check this out and make sure we know where we are going and what we are doing. Do we have everything in place that we need? One

of the biggest dangers will be that we are avoiding looking at much needed details and whilst we are checking those, we need to drop into our heart and make sure that our plans align with it and not just the mind.

The half Moon is likely to fuel impatience and could also spark old triggers of abandonment and feeling alone or unsupported which will be exacerbated by a growing testing square between the Sun and Chiron on 19th.

On 21st the Sun is reaching the end of Cancer as Mars passes over the South Node, therefore opposing the North Node, bringing karmic issues to the fore which could manifest the day before. Mars is currently visiting the detail-oriented sign of Virgo and that attention to detail can veer into criticism which can be directed either outwards or inwards. The karmic aspect could show us old service patterns, of negating our own needs and always doing for others. Mars is action oriented and Virgo is ruled by Mercury so this combination can create a pattern of needing 'to do' and not to be still. The North Node is what we are aiming for and trying to embrace, blending the mundane with the spiritual and being of *Higher* service.

The Sun at the last degree of Cancer highlights issues and old hurts from the past that we are holding onto and could bring an unhealthy sensitivity that can take things personally. We need to be remind ourselves that others' actions are rarely aimed at us and to grab this opportunity to let go of things that are serving no purpose other than to make us feel bad when we think about them!

The Sun's journey around the chart is a symbolic journey of evolution through the signs, a cycle of growth as we experience the energies, the strengths and weaknesses of each sign in turn. So each monthly sign change heralds the next stage or mini-season when we can explore the energies of the new sign. On 22nd July the Sun leaves Cancer and enters Leo a few hours after a testing square between Venus and the Nodes which will provoke some karma to show itself. The following day, Venus then squares Mars, its masculine counterpart which passed over the South Node on 21st and the Sun has a potentially helpful connection

with Uranus. Look out for issues showing an imbalance of masculine and feminine.

Leo season is about expressing ourselves, finding our courage, not being afraid to be seen and to be ourselves. When not well expressed, ego can dominate and this can be a very opinionated sign that thinks it knows what is right and what others should do and usually doesn't hold back from saying so! Drama is associated with this sign and it is never far away and Leos can create it if there isn't any, usually through dramatising a story for effect. Ruled by the heart, positive Leo energy is generous and open-hearted with a steady physical energy that is fuelled by its ruler, the Sun.

What is interesting in this season's astrology from the Solstice up to the Autumn Equinox, is that the recent outer planets' sign changes mean that in the 2-3 days immediately after each Sun's sign change and leading up to a New Moon, it connects with all the outer planets. So we are having a major series of activations each month between the Sun change and the New Moon which this month comes 2 days later. More on that in the New Moon astrology.



As I have already mentioned, the Sun's sign change and the days after leading up to the New Moon during this season are particularly important due to Saturn, Uranus, Neptune and Pluto all now being in the first 3 degrees of their signs, so the Sun immediately starts connecting with them after it changes signs. Each month is different and these are creating a mini-season of evolvement of their own.

After last month's Solstice as the Sun entered Cancer, it squared with Saturn, then Neptune leading up to the New Moon four days later when it then had a niggly connection with Pluto before passing over Jupiter. These were big activations and this month the New Moon is just two days after the Sun changes and we have the addition of Uranus having changed signs and being at the potent point of zero degrees and Saturn, Neptune and Mercury have all gone retrograde!

The Sun and Uranus connected the day before the New Moon on 24th which occurs at 20:11 BST. Just a few hours before, the Sun makes a very helpful trine to Saturn and then Neptune which are both now retrograde in Aries. That just leaves Pluto and it has the most challenging aspect a few hours after the New Moon, and it is acting like a Full Moon as it is opposing the Sun and Moon. Following on from the other outer planet connections, it's transformational qualities can help to clear the way and will probably highlight power and control issues for us to include in the clearing. There are no other connections on the day or

afterwards and in fact, due to the big gap in the chart at the moment, the Sun doesn't have another connection until retrograde Mercury passes back over it on 1st August.

Through my consultations with clients over the years, I have come to the opinion/belief that the majority of us experience our Soul theme challenges in our childhood and with the wisdom of adulthood, a more objective viewpoint and with more emotional awareness, we can begin to understand our experiences, unravel them, learn from them and heal them. This is why inner child healing is so vital as we can usually trace emotional wounds, repeating patterns and sometimes trauma back to our childhood and healing the earliest memory or example we can find gets to the root, in this lifetime at least.

The question being asked now is:-

What do we feel we missed out on in our childhood?

What do we feel was denied to us?

This is the time to reclaim those experiences, to find them, recreate them, to play like a child, find joy, run, dance, laugh with the innocence and exuberance of youth.

Take some time to connect with your inner child and ask her what she would like to do, how she would like to play? And then just do it!

I would also recommend working with the trio of Gaia Flints, see my blog - https://www.crystalwise.co/blog/the-gaia-flints or you could just use the Child of Gaia which works on Inner Child healing, shows the innocence and purity of new beginnings, helps to separate from negative parental influences and to find the gifts in those Soul choices and also helps parents to recognise the child as an individual. The current astrological influences are encouraging independence and for the stubborn Leo energy to use that positively in refusing to be bound by societal or ancestral standards.

There are a couple of quiet days after the New Moon and then we will begin to feel the slowing of the fourth planet to go retrograde this month, Chiron, which does so on 30th. On 28th Venus has a potentially helpful connection with it and whilst we can spot and begin to clear some karma then, retrograde Mercury and Jupiter have a niggly connection on 29th as Chiron will be almost stationary and this could magnify any negative

thoughts that are brewing and take the mind into overdrive. We need to watch that we are not getting stuck in a train of thought nor being stubborn in our opinions and we definitely need to avoid gossip!

This is Mercury's second and last connection during its retrograde (other than passing back over the Sun) and these two connected just as Mercury entered its shadow on 30th, so this indicates the second stage of whatever arose then, now with Mercury retrograde. Chiron's slowing and station brings a karmic element to the wound that we feel and themes to look out for are disappointment (potential not being reached or fulfilled), of realising that we overpromised and didn't give something enough thought or preparation, impatience, anger, abandonment and isolation.

Dates and times based on BST

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