

Astrology of May 2026

Overview of May 2026



All planets were direct throughout April & whilst we also start May that way, Pluto is slowing & is the first planet to turn retrograde on 6th & this is the biggest change of the month. Uranus re-entered Gemini just five days ago so is at the critical first degree for the first two weeks of the month. Both Mercury & the Sun pass over it after changing signs this month, making important activations.

Astrological Beltane is on 5th as the Sun reaches the midway point between the Spring Equinox & the upcoming Summer Solstice.

10th & 11th have Sun, Venus & Jupiter all reaching 20° & having a series of niggly connections. Another trio interacts hours before the New Moon, this time Mars, Chiron & Mercury are all at 28° culminating in a potent connection of Mars passing over Chiron in the dark of the Moon & only about half an hour the New Moon. Mercury's activities before & after the New Moon take our attention to the mind & are encouraging us to embrace new ideas, ways of doing things & of being.

After the New Moon Mercury, Mars & Venus changes signs on subsequent days & then quickly make connections to Uranus leading up to 19th when only Jupiter, Saturn & Uranus are NOT involved in a pot pourri of connections which include a potentially helpful contact between Venus & Mars. So these are days to note as they help us to switch onto

a new lane before the Sun reaches the end of Taurus & enters Gemini on 21st. The rest of the month is fairly quiet with 24th - 26th being noteworthy with Pluto making two big contacts, the first very challenging followed with something much more helpful. On 28th Chiron reaches the last degree of Aries & will be making a background but strong influence here for the next 3 weeks.

We have two Full Moons in May, on the first & last day, the first being on the Taurus/Scorpio axis & the second is after the Sun has entered Gemini & therefore has a Sagittarius Moon. The first with intense Scorpio Moon needs its stagnant waters to flow, focusing us on releasing old hurts from mind & body. The second Full Moon continues the New Moon's focus on karma with Chiron having reached 29° & other pointers to releasing karma. But, it also encourages lightening up & having some fun along the way.



May begins with its first of 2 Full Moons, this one having the Sun in Taurus & the Moon in Scorpio. All planets are direct but Pluto is slowing to retrograde on 6th & the astrological mid-point of Beltane is on 5th.

Last month's New Moon (17th) boasted 7 planets in Aries. The Sun & Moon have moved on & the remaining 5 are still in Aries & 2 of them, Mercury & Chiron are virtually sat on one another, connecting later in the day, as do Venus (ruler of Taurus) & Saturn.

The New Moon launched us & although we had our running shoes on, Saturn has positively paced the flames & momentum. The Taurean Sun adds grounding & consolidation, supporting us to carry forward new ideas, habits & ways of being that Fire ignited & will continue to inspire & fuel.

With the Aries bundle dominating we almost overlook the Moon & that is part of its story here, representing deep emotions that have been suppressed or repressed. Adding Mercury/Chiron suggests that thoughts or fiery communication have resulted in a wound that is part of what is lodged in the unconscious, now trying to surface for release.

Pluto can show us instances of disempowerment, where we felt unable to speak up or speak our truth. Perhaps someone else's truth hurt us

deeply & we have never fully processed that, instead burying it somewhere out of sight.

We are traversing a period where we have to navigate the duality of our old selves & our future selves – it's a bit of a juggling act but the scales are gradually tipping so we mustn't lose hope when we see old patterns arising. Keep refocusing on the future but don't ignore messages from the past; does something need to go or are they showing you how you have moved on? Gather wisdom from them to carry forwards to create a better future.

The body remembers, it holds the score, as the book says & therefore it is vital that we follow all prompts to release old hurts that bubble up. Crying is healthy & cleansing & this Scorpio Moon needs its stagnant waters to flow. The Violet Flame is perfect for transmuting.

Use this Full Moon & the coming 2 wks to shed the next layers & take stock on 5th, adjusting the scales & sails if needed.

From 3rd through to 8th, Mercury has connections most days as it powers it way through the chart at top speed. First it reaches the end of Aries then moves into Taurus early on 3rd. Within a few hours it makes a niggly contact to Uranus & this has extra significance as it is the first contact Uranus has made since entering Gemini, & they are both at zero degrees, a sign apart.

As Mercury moves on to 3° on 4th it makes the same, niggly contact, but this time to the sign behind it, where Neptune currently sits, so it is, in effect, sat between Neptune & Uranus. Adding to the mix on 4th is a building, tense square between Mars, the warrior planet, still resident in its home sign of Aries, & Jupiter, the planet of expansion.

Mercury is the planet of the mind & communication & whilst none of these connections is easy, the good news is at least, that it is more grounded, if not a little stubborn, in this earthy sign compared to Aries. Fixed Earth can bring fixed opinions with a resistance to change so the initial input of Uranus can challenge this whilst Neptune could then show idealism or bring challenges around the truth. The mind is likely to be bothered by thoughts of what *isn't* working well or hasn't turned out how we hoped. Jupiter's magnifying glass combined with Mars could prompt us to make some rash decisions or speak too fiercely whilst positively, it can fuel the motivational aspect of Mars to get us out of any 'stuckness'.

Look for old thought patterns that keep you 'safe' & stop you stepping out of your comfort zone, even when that is no longer valid or healthy for you. Mars's Aries influence could be saying, 'What about me, it's my turn!' whilst looking at a door that we are not opening.

If we want change, we have to make it. Make sure that the Earth grounds & dampens the Fire & any communication is not fuelled by excess Fire or repressed anger that might surface.

5th brings the astrological point of Beltane, 15° Taurus, the mid-point between the Spring Equinox & the Summer Solstice. It is a natural point at which to take stock & to see how our plans & wishes made at the Equinox are panning out. It won't be surprising if there have been unexpected twists & turns in the last six weeks & therefore the sails may need to be adjusted, plans revised & new ones made. Even challenges we have experienced have been showing us what is no longer in alignment & relatable only to an outdated version of ourselves.

In the evening of 5th & therefore building through the day, is a testing square between Mercury & Pluto, the planet of power & control which will be stationary & therefore extra potent. Mercury then moves on to its most helpful contact in this first week, to the Nodes, offering the opportunity to change an old karmic pattern.

Watch your thoughts & what you are giving your power to. This has the potential, if not harnessed, to get us stuck in a negative rut or to send us diving deep into a rabbit hole that we should, simply, be ignoring.

So look for the positives, the new ideas that have come to you in the last few weeks & put them to paper, activating them with intent to explore. Watch the self-talk & don't allow it to tell you that you can't achieve your dreams or step into your highest power. Memories of disempowerment in the past give us an opportunity now, to rewrite the script, to speak up & to speak our truth.



6th May to
16th October 2026
Pluto retrograde
What lies in
the shadows?
Where do you need
to reclaim your power?
Terrie Celest Soul Guide
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Pluto turns retrograde on 6th May at 5°30" Aquarius. It will retrograde back to 03°04", turning direct on 16th October. The slowest planet in our system, it moves forward for roughly 7 months & retros for 5, thus creeping forwards in the chart & it can have a profound effect on us if it is connecting to a planet in our own chart. Ruler of Scorpio & the underworld, what is hidden, buried in our unconscious, we can witness its conscious influence through how power & control plays out in our lives.

Mercury has a niggly connection with Saturn on 7th whilst Pluto is barely moving, increasing the intensity & making it difficult to see above any mundane difficulties. This will ease as Pluto gradually picks up speed.

It's slow motion mirrors the intensity it brings as it shows us what lies in the shadows, what we have buried & not processed, where we have felt disempowered or misused our power & what has been unconsciously running in the background. Its retrograde is a time to look at our shadows, old power issues & to bring the unconscious to the consciousness.

There is an extraordinary series of connections of the outer planets in July, with four interacting at 4° & there will be multiple, repeated transits as the planets engage in their varied cycles. If you have your own natal chart, check to see if you have any points or planets at 3°, 4° or 5° as these are not only going to be part of this retrograde (they will already

have been activated with Pluto's forwards movement), they will also be triggered by the multiple connections in July & into next year.

Pluto is the planet of *evolutionary change*, bringing transformation, the phoenix rising from the ashes when we embrace its gifts & as part of these upcoming activations, makes a series of very helpful trines with Uranus, the planet of *revolutionary change*. With both planets of change involved, there is huge potential & this is something I will cover in more detail separately.

So it is important not to shy away from this Pluto retrograde, nor what it can reveal for us. There is work to be done, but the rewards are enormous.



The waning half Moon is on 9th as Sun, Mercury & Jupiter come into alignment in subsequent signs with a series of connections on 10th & 11th. Venus is in the middle so its contacts to the other two are of the niggly variety, most likely to bring our attention to what makes us uncomfortable, what isn't quite working or in alignment with our values & with the Taurean Sun we need to be aware of sticking in our comfort zone. We might not be happy but equally, we might not want to make change that would help or solve the 'problem'! Family 'issues' could arise & it is time to review our role & step more into one of self-care.

The Sun & Jupiter's contact is where the potential lies but it does need to be tapped into. Seek what will make you grow, not keep you stuck.

If we don't make changes, things don't change!



Mercury is at full speed now & catching up with the Sun as part of its natural cycle. It will pass over it on 14th at 23° Taurus & forge ahead into Gemini on 17th then Cancer just two weeks later on 1st June, going retrograde there in a month's time. Before crossing the Sun it has a potentially helpful connection to Jupiter whose magnifying glass will bring our attention to the workings of our mind, Mercury's realm. Whilst behind the Sun, our thoughts are more unconscious so we might not fully realise what is happening or what the solution is, until Mercury takes the lead & they become more conscious.

Take note of what is chewing over in your mind from the past, what are you rehashing & therefore reliving any unpleasantness? Then ask yourself what possible benefit there can be in repeating this cycle, in keeping this old hurt tucked away to torture yourself with in the future?

Building to be exact just before the New Moon on 16th, is a testing meeting of Mars & Chiron & this adds the potential of anger arising, of wounds of loneliness, abandonment & impatience.

It is time to let the past go & not to live in it anymore.

Take a breath, ground yourself, preferably in nature & still your nervous system & the mind.



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In the dark of the Moon on 15th, Mercury & Venus have a niggly contact so we will need to be extra vigilant that we don't allow our thoughts to spiral into negativity, get overly busy or for our nervous system to become overloaded as we feel pressured to get things done. Venus's position at the moment can lead us to take on too much & end up with the dreaded spinning plates that we are trying to keep going, flitting from one thing to the next, but not really getting very far with anything.

This is also how our minds could go, like a computer with too many tabs open! So it will be important to take a breath, ground ourselves, in nature if possible, & still our nervous system & the mind.

Conversely, this could manifest as a misalignment between rushing & wanting to take things slowly & it will be important to listen to our body & follow its lead. Resting is not laziness, it is a vital piece of self-care. We only have one body & can easily take it for granted.

Now might be the time to tune into the body more deeply & see what it needs, not what you have been giving it. This will be extra important from 17th as Mercury enters Gemini, its home sign. This always ramps up speed, distracts us to many things & can overload the nervous system, causing stress. The Sun also enters Gemini on 21st & Uranus entered it less than a month ago & will spend approx. 7 yrs here so this propensity to overthink, become stressed or feel wired & not be able to relax, is something to be aware of as it will be around, in the background, for some time.



NEW MOON

in Taurus

16th May 2026 21:01 BST

Welcome new ideas
& ways of doing things
& of being.

Until you try something
new, you will never know
how good it could be!

Terrie Celest Soul Guide

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May's New Moon at 25°57 Taurus (ruled by Venus) is on 16th at 21:01 BST. Three contacts take place in the 8 hrs before, in the dark of the Moon as Mars, Chiron & Mercury reach 28°. First there is a potent crossing of Mars in its home of Aries, over Chiron, bringing the potential of anger, wounds of loneliness, abandonment & impatience. But these can be reversed, released & the gifts of more Divine masculine expressions, of confidence & motivation, employed. This is followed by two more niggly connections, Mars with Mercury then Mercury with Chiron bringing in aspects of the mind & communication.

In the 3 days following the New Moon, Mercury, Mars & then Venus all change signs then connect to Uranus, with each bringing potent energies at the end of their current signs before stepping over the threshold to the new. Of note is that, in contrast to the testing warrior energies of Mars beforehand on 17th, Venus, its feminine counterpart has a much more helpful connection to Chiron which feels like it is helping to bring some balance & resolution. Mars & Venus will connect early on 19th after they have both changed signs, another indicator of getting new energies into place before embracing the Sun's move into Gemini on 20th.

There are multiple pointers here to a major rebalancing of masculine & feminine energies & with mainly the personal planets involved, these are individual, incremental minor resets & adjustments to put us onto a new trajectory, a realignment to a truer path. This isn't a major change of direction, a big shift, more like lots of little ones that add up.

Core values will be key to revise especially inherited customs & traditions & we are seeing how bigger, more collective values can be embraced on a personal level.

What do you love in your life, what do you enjoy, how do you want to express yourself?

Welcome new ideas & ways of doing things, don't reject them immediately, give them time & space to try them, to explore a little, to try them on for size. You don't have to adopt them, but until you try something new, you will never know how good it could be!

As already mentioned 17th -19th has Mercury, Mars & Venus reaching the end of their signs then entering the next where they will connect with Uranus. 19th is particularly busy & the overall feel of this week is not of a major change of direction but of a series of incremental, minor adjustments to realign us to a truer path. The sign changes close chapters before stepping over the threshold to the new.

On 17th Mercury reaches the end of its visit to Taurus where our thoughts are more grounded but can get passive, stuck or stubborn with a resistance to change. Positively engaging with this energy helps us to nurture ideas we have been working on, establishing a path forward that is reliable & steady.

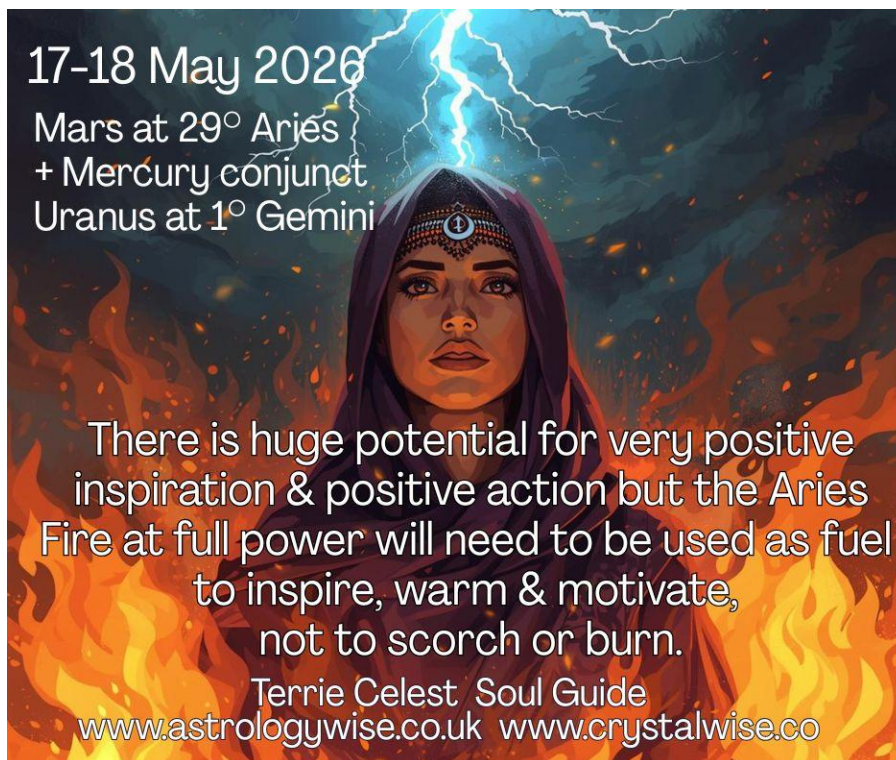
Mercury later moves into Gemini, its home sign & now at full speed, it will only take 2 wks to race through, adding to the fast-paced energies it usually evokes. Gemini is curious & easily distracted by the next shiny thing that it sees, leaving a wake of unfinished projects. The thoughts become scattered as its multi-tasking busy-ness ramps up our nervous system & makes it difficult to centre & focus This is a recipe for stress if we don't ground & centre ourselves. If we do, we can get a lot done, if not we could end up running around & getting nothing done.

Those with a Gemini Sun can talk a lot but not in any depth or they can go very quiet as the conversation goes on in their heads instead & this is when they need to speak, as once the thoughts are heard, they make sense!

Just before the New Moon Mars, Chiron & Mercury connected & now Venus is following, bringing its feminine energies to act as a balancer

before she & Mars connect on 19th. There are many pointers to rebalancing of masculine & feminine in this period.

On evening of 17th Venus, already in Gemini makes the only contact of the day, a potentially helpful one to Chiron who is nearing the end of Aries. What wound will arise, in contrast to the earlier Mars/Chiron contact? Has there been too much passiveness, a lack of motivation, too much thought & not enough action? Venus also rules finances, relationships, values & self-worth & these could also be our focus.



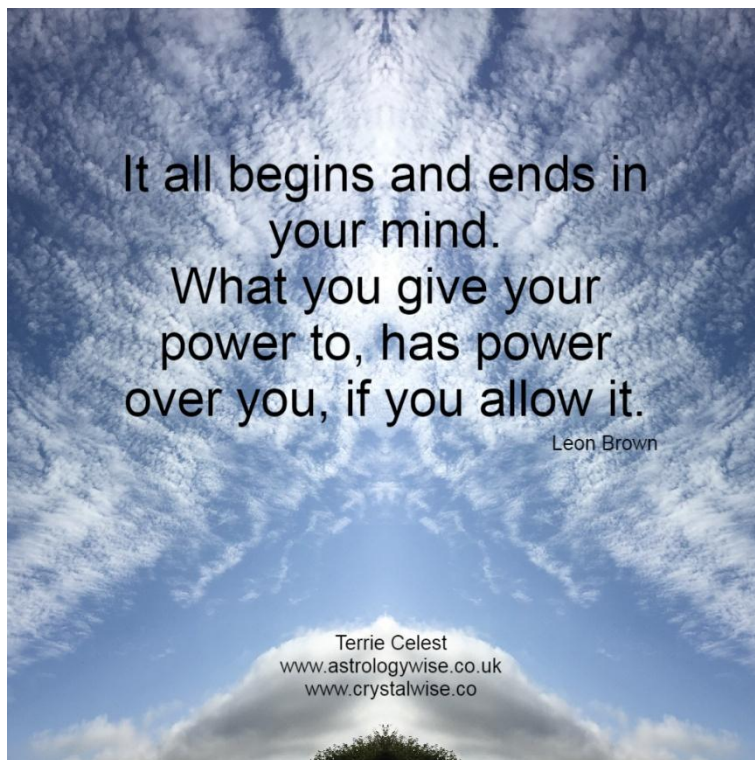
On 18th it is Mars's turn to change signs, first reaching the end of Aries which it rules, then entering more grounded Taurus where it will feel less at home as Taurus is ruled by its feminine counterpart Venus. Venus is also coming to the end of her current home, Gemini before entering Cancer early on 19th & they will have an exact contact a few hours later, both from their new signs.

Mars at the last degree of Aries is going to ramp up its fiery & speedy nature which could be both a gift & a danger. This combination can be rash, not look before it acts or speaks, be impulsive, quick to anger, impatient & tip into negative masculine traits like aggression. And if we add in the only contact of the day, Mercury passing over Uranus, in Mercury's home sign of Gemini, sparks are pretty much guaranteed.

Whether those are sparks of inspiration (Mercury rules the mind & communication), or literally fiery sparks, or both, this could be a very energising & action-packed day. Uranus, the planet of revolutionary change can act like a lightning bolt to cut through what is no longer authentic to us, can bring something unexpected & show us something outside of our usual way of thinking. Combined here with Mercury it could be like someone turning on a switch to a new train of thought.

There is huge potential for very positive inspiration & positive action here but the Aries Fire at full power will need to be used as fuel to inspire, warm & motivate, not to scorch or burn.

On 22nd it will be the turn of the Sun to pass over Uranus & this will help us to express & manifest these inspirations, so make sure you write them down!



It is easier for 19th, to mention the planets **not** involved! Just Jupiter, Saturn & Uranus & most connections are seemingly insignificant but as I said before, the contacts in these few days, with mainly the personal planets involved, are individual, incremental minor resets & adjustments to put us onto a new trajectory, a realignment to a truer path. None of them create a major change of direction, a big shift, more like lots of little ones that add up.

Early in the day, Venus leaves Gemini for Cancer & 24hrs later makes a niggly connection to Uranus. Before that it makes the most significant contact of the day, to Mars, its masculine counterpart, who moved into Venus's home sign of Taurus yesterday. Other combinations on the day are Mercury/Neptune, Sun/Chiron, Mercury/Nodes & finally a more helpful connection between Mercury & Pluto.

This is just one of those days where it will be impossible to track each of these separately & again, it is the combination of steps they create that take us to the end result & we pretty much will need to ride the waves. We can pick out the Mars/Venus masculine/feminine rebalancing which will be at the core of whatever arises & it will be vital to allow things to unfold & not to resist. Mercury's pass over Uranus the day before should have us fully inspired & full of possibilities. If there was a shock element to what arose again, allow it to unfold as Uranus is master at picking us up & putting us down where we need to be, we just can't see it until the dust settles.

If we have witnessed surprises in the collective, Pluto's power & control element combined with Mercury in its own sign, are showing us how we have allowed our thoughts to be manipulated, how we have given our power away & this is inspiring us to take that power back, to realise that we have freedom of thought & can form our own opinions.

It all begins & ends in your mind.

What you give power to, has power over you, if you allow it.

Only we, are masters of our mind.

On 19th, Venus & Mars had a connection in amongst a plethora of others & there has been a theme over the last week of (re)balancing masculine & feminine. We have also had Mercury, Mars & Venus reaching the end of their signs & moving into the next. With Uranus at early Gemini, they then each connect with it. Mercury also entered Gemini & passed over Uranus on 18th. On 20th it is the turn of Venus & Mars to connect with Uranus & both have niggly contacts. What is even more interesting is that Uranus is right in the middle of them, reaching to the left to Mars a sign behind it & to the right, to Venus in front of it, as if spanning the gap, bridging between them, being a catalyst for rebalance & change.

Adding to the mix, the Sun reaches the end of Taurus before entering Gemini early on 21st & it will be its turn to pass over Uranus on 22nd, yet another Uranus activation.

The feminine, Venus & Taurus expressions are those we are most likely to notice. Venus has an added feminine component as Cancer, its new sign, is ruled by the Moon & brings in associations to mothering & family. This sign can also be overly sensitive, take things personally & hold onto past hurts. Mars in Taurus becomes passive rather than active & can become entrenched & stubborn whilst this earthy residence can ground its fiery nature & bring more of a controlled, steady response. But it might need a kick up the behind to get going, preferring to stay in its comfort zone & enjoy the good life instead!

Uranus is the planet of revolutionary change but these niggly contacts probably won't bring the lightning strikes it can hit us with when making more direct contact. It will still exert its core force of encouraging us to be authentic but will probably show us where we aren't being authentic, what is out of balance & where the scales need to be rebalanced.

The Sun in Gemini, ruled by Mercury can bring a busy & fast month with curiosity that can become restlessness with a tendency to flit from one idea to the next.

We can take on too much & begin more things than we finish!

The nervous system can become overloaded resulting in stress & it can be harder to switch off & sleep.

Communication increases but can become surface level & needs to be expressed, not held in the mind.

Gemini needs variety but discernment is needed, both in choices & sharing information.



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The Sun enters Gemini early on 21st joining Mercury which rules this sign, & Uranus who it will make its annual pass over on 22nd. That has extra significance as it is the first with Uranus established in Gemini just

3 weeks ago. The Sun will be in this Mutable Air sign until it moves into Cancer on 21st June at the Summer Solstice (Winter in the southern hemisphere), so this is the last of the three signs of this quarter. Mercury at top speed is only spending 2 weeks in its home sign & will overlap the Sun here for 11 days but its influence will ramp up the Gemini characteristics for that time, then when it moves into Cancer it will leave 'just' the Sun & Uranus in Gemini.

These can be fast-paced times when we can take on too much & end up over-worked, over-stretched & wired! It is vital too make sure we take extra care to ground & centre ourselves, to make time to relax & I would suggest building these into your schedule rather than waiting for an opportunity, as that will be unlikely to happen.

The nervous system can become over-wrought, making it difficult to settle & wind down so if you find sleep more elusive than usual, try using [grounding crystals](#) or [Auralite 23](#) which can help to calm the mind, or [Lepidolite](#) will help if the emotions are stirred up too.

Communication is key during this month, expect a lot of it but watch also for the thoughts getting stuck in the head & needing to be spoken out loud for them to find form & make sense. With the duality of this sign, Geminis can either talk a lot or become withdrawn & quiet. One of the karmic lessons can be that they need to learn to listen, & to value silence, not fill it!

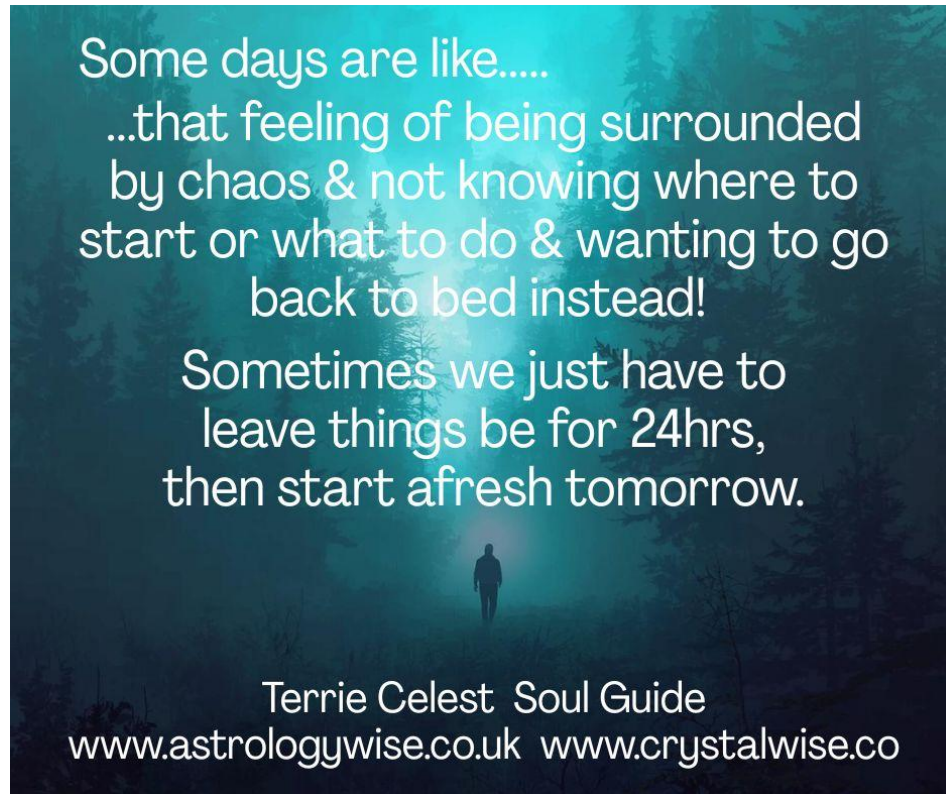


Back on 18th Mercury, newly in Gemini its home sign, passed over Uranus & we also had Mars at the very last degree of Aries, its home sign, ramping up a fiery backdrop to the Mercury/Uranus meeting. Now, on 22nd we have the Sun passing over Uranus without the background Fire influence, although there are three other connections on the day. Venus & Neptune square beforehand & with Mercury being so fast-paced at the moment, it quickly moves on & makes a potentially helpful connection to Saturn later in the day. Finally, Venus makes helpful contacts to the karmic Nodes which will help to ameliorate the earlier Neptune connection, most likely clearing old illusions & helping us to see what is really of value.

And Saturn might be the grounding, stabilising & realistic influence that is needed to make the most of the Sun/Uranus conjunction. Flashes of inspiration are brilliant but they do need to be grounded into physicality & manifested practically otherwise they will stay an idea, a dream or aspiration (Neptune) like dreams that we remember when we wake up but fade during the day until we can't recall them.

Uranus is the planet of revolutionary, not evolutionary change, (Pluto's realm), so it can bring the unexpected when needed & as this is an Air sign concerned with the mind & communication, when the Sun crosses it we can hope for inspiration to strike, for sudden insights to be gained & also to realise how we can break old customs & conditioning to become

more authentic. When Mercury crossed Uranus, that too might have brought flashes of inspiration & the Sun sparking it again now, can help us to know what we can do with that information, how we can act on it.



23rd brings the waxing half Moon, marking the halfway point between the New Moon (16th) & May's second Full Moon on 31st. This point always acts as a marker or testing point for what we initiated at the New Moon, the seeds that we have sown. Often it is not until this coming second week that we begin to see the fruits of these & improvements. Venus has a testing niggly with Pluto, the planet of power & control later in the day with another, but slightly less niggly connection between Mars & Neptune that will make us feel more like staying under the duvet than getting out & being proactive.

The Moon squaring the Sun is what marks the half Moon & a double Nodal, & therefore karmic, whammy comes from it being in Virgo & then passing over the South Node. Adding this all together, we will probably be wistfully dreaming of a holiday or whatever form of escapism best appeals, anything other than being present in a niggly, annoying mess! Virgo doesn't like mess & although physically this won't create that, it has that feeling of being surrounded by chaos & not knowing where to start or what to do & wanting to go back to bed instead! Or to curl up on

the sofa & watch your favourite escapist film, supported, of course, by your favourite snacks!

Not a day to make big decisions, there isn't enough mental or physical clarity or energy, but one to listen to your body, if you are able to & take some time out. Sometimes we just have to leave things be for 24hrs, then start afresh tomorrow.

If we have to do things that we don't enjoy doing, why can't we make them enjoyable, fun or even glamorous?



Go on, dust off
your glad rags,
get your lippy
on,
gentlemen too,
& get going with
that feather
duster!

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After confusing, unclear & demotivating energies on 23rd, the mists begin to lift on 24th & 25th but we are going to have to make some effort this time! Physical energy should be improved but the sofa & our comfort zones will still be calling & might actually be part of the old pattern that we are trying to change.

In our dream world we probably wouldn't have to deal with the boring mundanities of a human life & would love to recline on a chaise with an engrossing book & be fed grapes by the God/dess of our choice! Or, wouldn't it be wonderful to be able to dedicate all of our time to our spiritual practise, to meditate for hours, take salt baths every day, take long, mindful walks in nature & like The Immaculates, have our everyday needs taken care of for us. Some of us may actually have memories associated with that.....

Sorry to be the spoil sport, but..... the shopping, washing, cleaning the house, putting the bins out, filing our taxes still need to be done every now & then! Oh the glamour! Not!

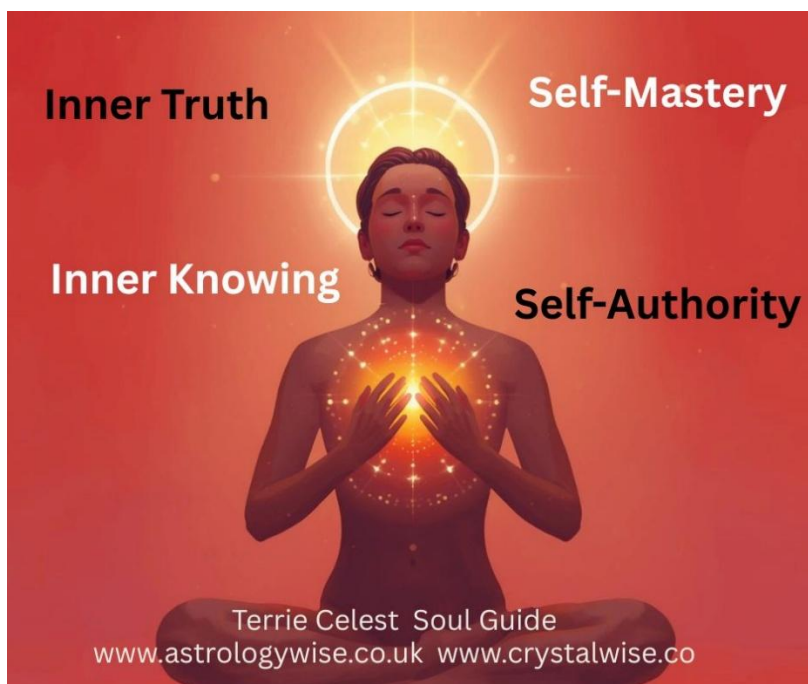
Conversely, with opposing energies here, the old pattern might be the perfectionist, almost compulsive cleaner, tidier, doer who needs to learn to accept things as imperfectly perfect, kick those shoes off & relax!

The reality is that we have, at the moment, got our feet in both 3D & 5D & as our energies lighten, everyday, human life can jar at times. Blending the spiritual & mundane, living a mindful, spiritual life is the aim & reframing our thought processes on this will help.

Until we are ascended masters or win the lottery & can employ people to do all these tasks for us, we are going to have to find ways to blend the two. If we have to do things that we don't enjoy doing, why can't we make them enjoyable, fun or even glamorous? I'm reminded of people during the pandemic who, confined to the house, dressed up in their finery every week to take the bins out? Why not?

So go on, dust off your glad rags, get your lippy on, gentlemen too, & get going with that feather duster!

Photo evidence not obligatory, but welcomed & will be rewarded!



Potentially bringing out the warrior nature of Mars, it has a potent square to Pluto early on 26th. At least Mars has moved out of its fiery home of Aries & is now resident in more grounded, earthy Taurus but both planets have a stubborn energy here with a propensity to dig their heels in & refuse to budge. This belligerent force of two aggressors squaring up to one another will actually build from 24th but there is some good news. Later on 26th Pluto has a much more helpful aspect from the Sun whilst in the background Chiron is almost at the end of Aries (more on that in the next post), Mars' home, stirring up that fiery energy & old karma.

I'm resharing this image which shows the core themes of 2026 with Self-mastery being the ultimate & the 'umbrella' theme, if we just want to concentrate on one. The others could be described as components of Self-mastery. Sovereignty is another word to embrace, one you have probably heard a lot in the last couple of years & it's not just the latest buzz-word but is a descriptive word of a high vibrational state that we are working towards.

My reason for sharing again is that the astrology of 26th May, with Pluto's 2 contacts brings that potential, of taking back control where we have given our power away or felt disempowered by some form of control. The first brings the stress & shows us power issues, then the second is where we can disentangle our involvement, our unconscious, passive acceptance that allows the control to take place.

This could be in one small area of our life or something bigger & includes waking up to the control of those 'in authority'. The truth is, whether it is one person or those 'in power', they only have the power that we give to them, that we allow them to have & gradually we are waking up to the extent of this & realising we can take this power back! This is one of those days.



Chiron, which represents karmic wounds, reaches the last degree of Aries on 28th May, a potent point where the more testing nature of this fiery sign will show up over the next 3 wks with it moving into Taurus on 19th June, 2 days before the Solstice. The not so good news is that it later retrogrades back into Aries, reactivating this point twice more. This is usual in a retrograde but because of the potency of this point coupled with Chiron's nature, it's something to be aware of. Last year 29° Pisces/0° Aries was activated many times, particularly by Saturn & Neptune entering Aries & retrograding back. An earlier example is Pluto who went forwards & backwards over 29° Capricorn/0° Aquarius like a yo-yo.

These are powerful transits when old cycles come to an end & new begin, when big energies arise & big changes & big progress can be made. Now with Chiron showing us old karmic wounds it will benefit us to work out what this is triggering for ourselves. Chiron has an unusual trait of triggering the energies of our own Chiron showing us what our personal karmic wound is.

Whilst any of Aries' key words on the attached image could apply, key themes that have arisen in the collective during its residency in Aries are loneliness (Covid) & war. Saturn & Neptune earlier in this sign are helping us to positively embrace these & self-mastery & there will be

times during Chiron's passing over this point, where they will be active & coming to the fore to help. So it is not all bad!

Other connections on 28th are between the Sun/Mars, Mercury/Jupiter & Venus/Saturn, all of which are stirring the pot & adding to the tension. Neptune then niggles with the Nodes on 30th adding a further karmic layer as we build to the Full Moon on 31st.

If you need some help, I offer karmic healing sessions, some of which are on a donation basis & I can help you to uncover & better understand your own Chiron in a Soul Guidance session.

[My online diary of appointments](#)



May's second Full Moon on 31st at 09:45 BST has Sun in Gemini & Moon in Sagittarius. Pluto is the only retrograde & leads a semi-circle covering 6 signs through which the planets are spread out with just the South Node outside. This scattered nature matches Gemini, an easily distracted multi-tasker that can take on too much & spread its energies too thinly. It flits along the surface, not going deep.

Chiron is prominent at 29° Aries (see yesterday) with a connection to Mercury the next day at 29° Taurus, a point Uranus has recently been activating. The Nodes also form a karmic pattern with Pluto & Neptune

who are building to an exact connection as part of multi planet connections at 4° in July.

No not more karma, please! I hear you say.....but this is a Full Moon, a time of releasing & the building Pluto/Neptune connection is helping with transformation. Again, we have to remember that we cannot take old stories into the new energies, we cannot actually keep them in our bodies if we want to raise our vibration, they are far too dense.

We are very fortunate to live in times where we can safely talk about these things without being burnt at the stake! And what would have taken us years, if not the work of a lifetime a few centuries ago, can be done quite quickly & simply. It is easier for us to become consciously aware of old patterns which doesn't fit well with Gemini's surface level or the Sagittarian Moon's eye on the horizon. Looking at the bigger picture it can miss details which it actually doesn't like, looking at. So it might not want to look at unpleasant karma & would much prefer to plan its next adventure.

Perhaps these contrasting energies can work together to lighten the mood on what otherwise might seem like heavy going? Did you see my post for 24th/25th, where I suggested doing the housework with our lippy on, in our finery? Can we make clearing karma fun? Why not?

I think the idea here is that we don't have to approach 'serious work' in a serious way. Let's lighten up, find a sense of humour & have some fun along the way.

Laughter actually holds a high vibration & if we can't laugh at ourselves.....

Dates and times based on BST

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