

Astrology of October 2025

Overview of October 2025



As we start October the Sun is in Libra with Mercury scouting ahead of it and Venus behind in Virgo, whilst Mars is in the early stages of Scorpio. Saturn, Uranus, Neptune, Pluto and Chiron are all retrograde with the very good news that Pluto goes direct on 14th. Mercury enters its shadow on 22nd, the day before the sun enters Scorpio.

The cluster of the bigger outer planets within a few degrees continues, now with Saturn at 27°, Neptune at 0° and Pluto and Uranus at 1° and this evolves with Neptune retrograding back into Pisces on 22nd and Pluto turning direct. As Saturn retrogrades back to 25° it widens its gap with the other three and instead forms a new trio as Jupiter and Chiron also reach that point by the New Moon. These two clusters not only create two areas where we get a series of activations when the faster moving planets reach those degrees, but they now contribute to even bigger gaps in the chart so a planet can go for quite a period without any connections.

Mercury first has a series from 5th to 7th, Venus is next from 11th to 15th and the Sun interacts with the middle group from 17th to 19th. 23rd and 24th are particularly potent with the Sun reaching the end of Libra and entering Scorpio, activating Neptune, Uranus and Pluto whilst Jupiter

and Chiron square on 23rd and Mercury overlaps these, connecting with the middle trio from 24th to 25th. Mars connects with the middle trio on 27th to 29th whilst Mercury's second sign change of the month brings another cluster of activations on 29th and 30th!

And if your mind is in any way boggling with all that, mine is too! So we need to keep it simple and take each day as it comes, holding the knowledge that things are evolving constantly and we are on a massive clearing and rebirthing process!

This means that there will be swings and sways of energies, quite intense days and then some seemingly quiet ones which is when the integration can take place. Physically this might be echoed with extremes of lots of focused energy and then just wanting to rest and do nothing.

Connections to Saturn and after 22nd to Neptune at the end of Pisces are the main indicators of old karma being brought to the surface for transformation. These next three months in particular are key in helping us to step off of the karmic wheel and into our authentic, higher vibrational self and begin to fulfil our Soul intentions/mission.

Another added intensity comes from Uranus retrograding back to 0° Cancer from 10th for the rest of the month.

The Full Moon on 7th highlights the workings of the mind and emotions and could be quite intense. It brings a test of our commitment to our Spiritual path and Soul mission and helps us to break limiting thought patterns and lack of self-belief. The energies would normally dissipate over the coming two weeks but in this case, Pluto then slows, preparing to go direct a week later and feels like a sea change that lightens the load and brings hope to the horizon as its energies pick up, back to its usual transformatory power to help us embrace the New Moon on 21st. This brings more potent energies with both Uranus and Neptune back at zero degrees of their signs and Mars and Mercury conjunct in the deep water/emotions sign of Scorpio.

This New Moon brings the theme- *If we are in our heads, we will miss what our intuition knows, what is OUR truth, not the opinions of others or what they consider to be the truth.* Although it does bring a reset and fresh start, there is some tricky astrology in the few days after where but it is helping to bring resolution and transformation.

Daily Astrology of October 2025

October begins with a connection between Jupiter and Mercury that will show us how positive our current mindset is. Whatever is lurking in the recesses, be it doubt, fear, pessimism, fatalism, injustice or family issues, will be magnified and highlight old, unresolved hurts. If we are thinking harmonious, peaceful thoughts, these too will be magnified. If yours err towards the more challenging, don't despair or beat yourself up, especially if you have been more aligned of late. This doesn't mean you've fallen off the positivity ladder, just that it is time to look at something that you have been holding onto from the past that doesn't align with your future.

Expansive Jupiter and retrograde Chiron which represents karmic wounds, are very close at the moment and their testing square becomes exact on 23rd, after the Sun enters deeply emotional Scorpio. Due to their closeness all month, any planet connecting with one will also connect with the other fairly quickly and Mercury is building to oppose Chiron on 3rd, adding karmic elements to what arises now. Mercury is the planet of communication and the mind so challenges and wounds can stem from what was said or not said and quite often can stem from feeling not heard or understood and this hurt is carried, becoming a trigger point for us. With Mercury in Libra, people-pleasing, avoiding discord, could be at the root of not speaking up.

Note any old energies that arise and follow your instincts as to how to heal or transform them. Practise healthier patterns of thought and look for the gifts and wisdom to carry forwards.

More karmic energies come to the fore on 4th with much potential as Venus passes over the South Node representing old, default patterns therefore opposing the North Node, representing the opposite energies that we want to embrace. The Nodes are currently on the Virgo/Pisces axis and further emphasise this year's major purge of karmic energies. They particularly point to old, lower forms of service and are prompting us to step into being of higher, spiritual service.

Lower forms of service are when we habitually put others first and can therefore neglect our own needs and there can be an unconscious lack of self-worth that makes us prioritise 'helping' others over spending time helping ourselves. There can be ancestral elements involved where

family members always take on service roles and there can be pressure to follow, even if it is not authentic to you. Have you ever heard someone say – *my father was a doctor and my grandfather was a doctor, etc. etc.* So there can be energies of expectations that need to be healed and if you have ‘dared’ to break the cycle, shame and guilt, both associated with Pisces, can also be added to accusations of selfishness.

Virgo is also associated with perfectionism and health issues and encourages us to understand the mind/body link and how unprocessed emotions manifest. Venus is how we relate to others, values, self-worth and also finances so combining it with the service energies could highlight past lifetimes where finances were a struggle and there was little hope of improvement due to status. There is also a feminine association with both so karma could be associated with that.

We currently have Saturn at 27°, Neptune at 0° and Uranus and Pluto at 1° so as a planet nears the end of a sign, going into the next, it makes contact with all of these bigger, outer planets and the faster moving Sun, Mercury and Venus who all traverse a sign within a month, make these connections very close together, mostly over two, sometimes three days, forming a series of activations.

Mercury does this first in October from 5th to 7th. There is much tact and diplomacy with its placement and when tapped into, brings a calm voice, soothing troubled waters and assisting warring factions to come together and find common ground. However, all of this series of contacts are niggly or more directly confrontational and will, at least initially, show us where communication and our mind and thought patterns are inharmonious.

Are we adjusting our thinking, squashing our own thoughts and beliefs to avoid conflict? Or are we indecisive, swaying from one side of the scales to the other, seeing value in both and struggling to decide which has more weight? Look for unhealthy peace-keeping traits that negate your own needs. Each of these four contacts will be ‘flavoured’ by the characteristics of the other planet.

The first, early on 5th and therefore building on 4th, is with Saturn whose limitation, structure and seriousness will affect the mind. Frustration might occur through spotting bad habits where we lack structure or organisation and if we feel unduly influenced by others rules and

regulations, we might restrict our own thoughts, wanting to comply and not rock the boat. Saturn also shows us our fears – note any that arise and how they might evolve in the coming days. Mercury reaches the end of Libra later that day, intensifying its influence.

Mercury then enters deeply sensitive and emotional Scorpio early on 6th before niggling with Neptune as we are building to the Full Moon on 7th. Neptune rarely brings clarity and is more likely to muddle the mind and increase indecisiveness whilst some idealism can creep in and if our thoughts get too turbulent, we might indulge in escapism in various ways. Also note if any mental blocks arise with regard to stepping into being of highest service and your Soul Mission. Are the doubts creeping in now like mist seeping slowly in? This is the time to reaffirm what you want your future to look like, to shine your light into those mists and see them disperse. Fear and doubt are old patterns that are trying to take us back to old timelines, old versions of ourselves.

Step firmly off of those timelines onto the one that you want.



The Full Moon on 7th has the Sun in Libra and the Moon in Aries and as these two are ruled by the feminine and masculine archetypes, Venus and Mars, there is always some form of rebalancing of these energies involved. Mercury has just moved into Scorpio, ahead of the Sun and is

key here, having just connected with Saturn and Neptune in the 24hrs before and is poised to niggle with Uranus and then have a challenging square with Pluto within the next 24hrs.

These four Mercury connections are a series of activations, firstly bringing old karma including fears and limitations to the surface, and then we get to reexamine our dreams as we feel a contradiction with our current 'reality' through Neptune, breeding dissatisfaction tinged with hopelessness and overwhelm. *How can things ever come right?*, we ask, caught in what isn't right and not knowing what to do and probably feeling that we have no power to change it anyway.

The Full Moon brings a peak of energies and emotions and Mercury's strong involvement means that these are most likely to manifest in troubled thoughts and stress. The Sun/Moon opposition might add an element of, *How do I balance my needs with others?* The masc/fem, yin/yang influence can show imbalances between being active v passive, motivated v unmotivated, fighting v surrendering, war v peace, spontaneous v indecisive, of anger being untamed or suppressed. What is out of balance and needs rebalancing?

Rather than this peak of energies dissipating over the coming two weeks, as normally happens with a Full to New Moon cycle, the two connections straight afterwards, involving the two planets of change bring enormous help as they show us what is no longer authentic and how we are dulling our Spirit and they give us the 'oomph' to say – *Enough is enough, I'm not doing this anymore, This is no longer working*, and then help us to bring the needed transformation.

Due to Mercury's involvement and the four outer planets being retrograde, this change might initially be in the mind as we decide what needs to change and make the decision to do so, a mental commitment to bring this to fruition. Being physically able to put things into place might be more gradual and evolve, whilst we should grab any opportunities that arise and do what we can to make sure that we are definitely committing to this and not going back to the old ways.

Last month I said:- *At the Equinox, the Universe will lock in the decision that we made the day before and this quarter will fast forwards us on our Soul mission, as long as we stay aligned and don't let doubts or fears derail us.*

This will be the first big test of that decision and is when those doubts and fears, and the opinions of others, could try to derail us, but there is also courage, a sense of self-worth and our own value to be tapped into, that can overcome any of these.

Remember to keep re-aligning to your path, your mission and to choose love, not separation.

Forward moving Jupiter and retrograde Chiron are edging towards a challenging connection on 23rd from opposite directions and as this comes closer, it is going to amplify karmic wounds. By the time we get to the New Moon (21st), Saturn is joining them and creating a powerful trio around 24°-26°.

Wounds are likely to surface connected to the mother, mothering archetype and mothering and Venus niggles with Chiron on 10th moving on to oppose Saturn on 11th as the Sun niggles with the Nodes. This adds another karmic layer to the mix whilst also helping us to see past old patterns to how we want things to be different, the opposite way of being that we want to embrace.

Saturn can represent the father so, couple with the mother energies what arises is likely to involve family based challenges and ancestral patterns and is coming up for release and healing. Venus' current home of Virgo can show us criticism, health issues and their link to the mind and unprocessed emotions and old patterns of being of service which could also have ancestral roots. Venus' other associations include finances, values and self-worth, so any of these could show up.

10th will bring the wounds to our attention and could then evolve into feelings of lack or limitation on 11th which might make us feel helpless or hopeless and at the mercy of others, particularly those 'in power', which will be exacerbated by Pluto slowing to go direct on 14th. It is then that resolution is going to feel possible and we regain full empowerment. Meanwhile, keep re-aligning and focusing on moving forwards.

12th & 13th could feel intense and we need to make sure we don't get stuck in trains of thought as Pluto slows and prepares to change direction. 13th brings the waning half Moon, midway between the Full Moon (7th) and the upcoming New Moon on 21st as Venus reaches the

end of Virgo, ramping up that sign's expressions and we will need to watch that our mind is our servant and not the other way around. Old hurts from the past could surface and make us retreat into our cave, holding onto them so it is really important to recognise that we are letting the past dictate our present and future. It is time to let these go!

Old people-pleasing habits and other issues that the Full Moon brought to our attention could have a resurgence, possibly in a different way, and will be tested if we have been trying to change them. The intensity of Pluto being almost stationary will ramp up power and control issues which can begin to resolve once it is direct.

Venus changes signs late on 13th and within four hours opposes retrograde Neptune at 0° Aries, the very first degree of the zodiac, representing new beginnings and stepping into our Spiritual mission. Venus' opposition directly challenges that and the Libra/Aries axis echoes the Full Moon. Venus is now in its home sign of Libra and therefore has the capacity to express its love, harmony, peace and balance energies to its best. However, when challenged, any planet can exhibit the more testing side of its character so notice where you see disharmony, a lack of financial flow, low self-belief and a tendency to put off what is of value to you so as not to rock the boat.

This again points us to Pluto and to the fact that we should not be giving others the power of deciding how we feel or what we do!

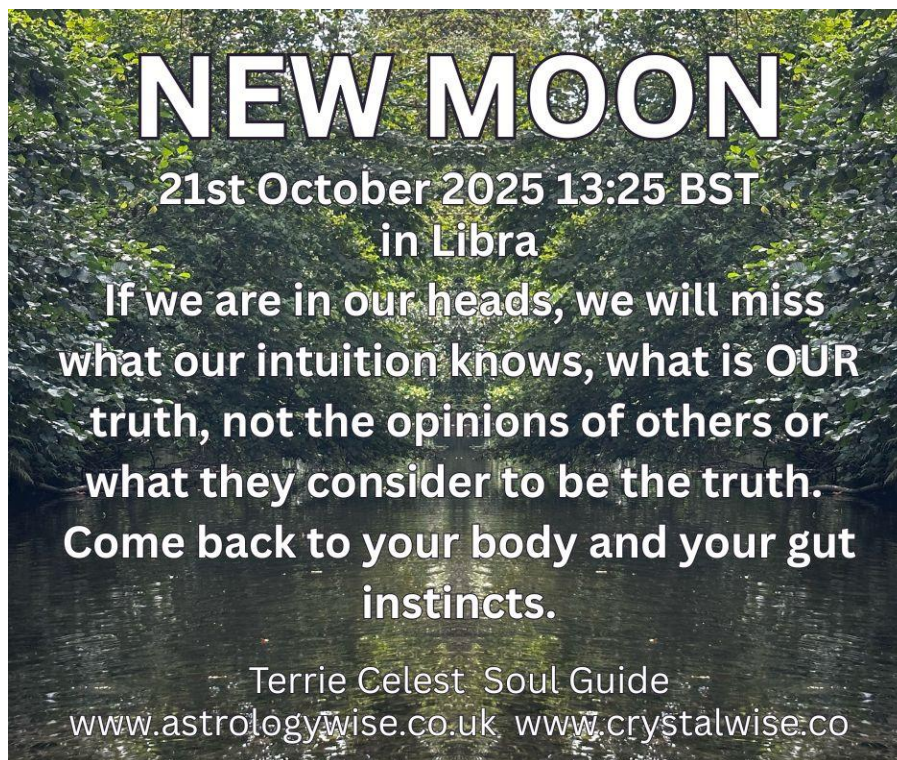
After Pluto goes direct, Venus then moves on to a really helpful trine to retrograde Uranus and then another to now-direct Pluto, helping to bring positive change, transformation and resolution.

With Jupiter, Chiron and Saturn clustering around 24° to 26° it is the Sun's turn to meet them one by one from 17th to 19th October, creating another series of powerful activations as we approach the dark of the Moon, with the New Moon being on 21st.

Firstly there is a testing square on 17th then a challenging opposition to Chiron on 18th as Mars helps with good connections to the Nodes, indicators of karmic patterns with Mercury getting close to it in potent Scorpio, being less than 2° between them at this point. The Sun then niggles with retrograde Saturn on 19th and Mercury then crosses over Mars early on 20th as we reach the dark of the Moon.

Again, it is best to view these days as evolving themes that arise at the first contact and we can notice how outside stimuli like the news can trigger old survival fears. Ancestral patterns could again surface and hurts that have been held onto are likely to re-emerge and our wounded self and ego needs to release these old emotions. It is vital that we do release these and not stuff them back down again, so follow your instincts as to how you can do this and create the time and space to do so. Mercury and Mars together will encourage us to blend our thoughts and action whilst we need to guard against becoming too mentally fixated on something and disappearing down a rabbit hole.

20th, when Mercury passes over Mars could be both the most intense and also bring the most relief as pent-up energies can be released but again, we do need to be very conscious of allowing this to happen and not pushing emotions back under the surface again. Remember that tears are healing and the idea of facing old hurts is usually worse than actually doing it, whilst we will feel immense freedom if we choose to let them go. The dark of the Moon brings shadow energies to the fore but that does mean that we can see them, and face them.



October's New Moon is in Libra and occurs on 21st. There are no direct connections on the day but we have had a series of activations in the days before hand including Sun/Jupiter, then Sun/Chiron (karmic

wounds) and Mars and Mercury connecting favourably with the (karmic) Nodes before Mercury passed over Mars. And the two days after the New Moon are very significant with Neptune returning to Pisces less than 24hrs after, Mercury entering its shadow period, then the Sun connecting with Neptune at 29° before moving into Scorpio and connecting with Uranus and then Pluto.

So the New Moon is sandwiched in between two sets of activations, helping us to clear the old beforehand and step into new energies afterwards and probably the most potent point in the chart is Neptune, right back at the very beginning of Aries and therefore the beginning of the Zodiac. Neptune first entered Aries back on 30th March, leading the way for Saturn which joined it six weeks later, on 25th May. Now both are retrograde they are returning to the last few degrees of Pisces for one last push at clearing old karma and assisting us to step off of the karmic wheel.

This is a time for rebalancing, of our inner masculine and feminine and between the mind and our intuition. With a lot of Air in the chart we will automatically try to work things out, to think them through, to weigh up the pros and cons. Mercury and Mars who met in Scorpio the day before bring the perfect antidote to any over-occupancy of the left brain and bring us back to our body and our gut instincts. If we are in our heads, we will miss what our intuition knows, what is OUR truth, not the opinions of others or what they consider to be the truth. Spend some time connecting to the stars and the night sky to balance the active energies of our Sun-ruled day. The active/passive balance is really important now and crystals that help with balancing masculine and feminine can assist.

Get out of your head, and you can literally visualise drawing your point of focus down from it into your Heart first, resting there for a few minutes and sensing the spark of the creator/Divine/Source/your I AM presence there, feel its spark ignite. And then follow down into your hara, your body centre below the naval. This is the seat of our personal power and our personal centre of balance. Stay at that point for as long as you can and you can ask questions from that point and then FEEL the answers. The current energies support trusting our gut instincts and also we might just suddenly get the feeling that we know something, but we don't know how and this is an inner knowing, not from the head and feels so much more certain and secure. TRUST IT!

Over the coming two weeks the Moon grows to the next Full Moon, illuminating us and our path and it is vital that we follow synchronicities and opportunities presented to us and trust that all is well, and all will be well. Our path is opening out, becoming clearer with stronger foundations. Trust the Universe but remember that you have to show it what you want and that you are willing to do what is necessary on a human level.

We will likely feel the shift of energies on 22nd as Neptune retrogrades back into Pisces, as Saturn did on 1st September. Neptune is slower moving and goes back less than a degree before turning direct on 10th December, but this last degree of Pisces is THE most potent and important in the chart, I would debate. It is the very last degree, the end of the cycle, of the wheel of the zodiac, our last chance to clear old business before being reborn at the beginning of Aries, which correlates with the Spring Equinox (northern hemisphere).

There is extra weight to this placement as this is Neptune's home and it in effect, gives us a double dose of Piscean/Neptunian characteristics and expressions. My list of key words for both of these is the longest of all the signs/planets. What should we look out for in particular, to end these cycles of karma over the coming four months?

Guilt and shame are big energies as is idealism, the wistful mists of daydreaming and reminiscing that we can indulge in as we go back to unfulfilled longings, those things and people that didn't quite come to fruition, that almost happened, or we wish had. This is where the phrase – *the one that got away* -would be placed. Karpman triangle, sometimes called the drama triangle, energies show up here, especially within family dynamics; look for victim, rescuer and martyr roles which often interweave and swap around. This sensitive sign feels the pain of the world and 'suffering' is a key word and energy. Unresolved emotions that feel too much to bear and face can lead to escapism through drugs and alcohol, which numb our feelings.

This energy is most likely to be found floating several feet above the body and regularly out of it, with the harsh realities of the world and everyday life too hard to cope with and with poor boundaries and difficulty in seeing the truth and 'reality', there is usually a strong Piscean or Neptunian influence with narcissists.

Look for old themes arising that relate to any of these and welcome them for showing up, giving you the opportunity to clear them from your timelines, once and for all.

Mercury also enters its shadow on 22nd, so the themes it shows us from now until it turns retrograde on 9th November, are those that we will be reworking during its retrograde.

23rd and 24th are days to note that could feel quite intense as they follow on from the New Moon and Neptune's change of sign the day before. As the Sun reaches the end of Libra it has a niggly connection with Neptune with both at 29° and this will activate some old karma associated with Libran energies. It could show us where we need to rebalance, old people-pleasing ingrained patterns and where and how anger has been suppressed. Have you been overly idealistic, with unattainable romantic ideals? Have you put people on a pedestal which they later fall off, when you begin to see them as they really are?

The Sun then enters Scorpio, the deep water sign of the zodiac and niggles with Uranus before Jupiter and Chiron finally meet in a testing square. Again, karma is going to be activated, a deep, old wound, a key past life that is holding us back, so it will be showing us where to look when we have an extra-strong reaction to something or someone, a very deep feeling, a deep hurt. Jupiter's current home suggests there could be a family, mothering or ancestral link or pattern whilst Uranus's suggests communication difficulties could be involved.

Then on 24th, the Sun squares Pluto and as I have already said, this on its own, would be a testing connection, but given its occurrence at the end of a week of activations with the New Moon in the middle, and that it is the planet of transformation with yesterday's connection being to the other planet of change, Uranus, these two are opening the wounds for us to see and offering the opportunity to clear them! I was given the analogy of a physical wound, of lancing an infected sore and getting the pus out so that healing can occur.

In addition on 24th, Mercury connects with Jupiter and then Chiron, moving onto a more helpful connection with Saturn on 25th, creating another trio of connections and placing the emphasis clearly on the mind and communication. It is vital that we remain the master, not the servant.

On 27th, Mars, Chiron and Jupiter are all at 24° as Venus connects to the Nodes, showing us old karma ripe for transformation. Mars connects to Chiron first on 27th, very favourably with Jupiter on 28th and then Saturn at 25° on 29th just after the waxing half Moon. Mercury comes to the end of Scorpio and at 29° will connect with Neptune and this degree really ramps up the intensity of this sign and we will need to watch that we don't become fixated on something. Scorpio, ruled by Pluto, can go beneath the surface to the depths, the taboo areas of life and face our deepest fears, hurts and shadows which can be very difficult and deeply emotional, but it is in these depths that our greatest healing can occur and we become the phoenix, rising from the ashes, renewed and reborn.

So, going to the depths can be very positive but Scorpio can get very intense and too single-minded in its focus and we might need to loosen the mental reins and gently redirect them. Neptune's influence will likely make the truth difficult to discern so this would not be a good day to make difficult or important decisions. In the collective, we might see 'leaders' flexing their power muscles, activating old survival fears.

Mercury then enters Sagittarius and brings much needed relief to the mind as this sign has its focus on the horizon and broader perspectives. Almost immediately it connects with Uranus which is at 0° Gemini creating a double pointer to the mind and communication. This is an opposition which shows us the contrast between the two signs and is encouraging us to find the blend, the middle ground which incorporates both of their strengths. It might show us areas where we have subdued our thoughts or beliefs, especially if they did not follow the collective or 'popular' narrative. These Mercury connections are occurring in its shadow and will therefore be evolving through its retrograde so it would be a good idea to note what arises.

Mercury finishes this latest series of activations on 30th with a potentially helpful connection with Pluto, but this is the sort that has to be tapped into and can initially show us the differences, the energies that clash or we can't find common ground with. Then, if we try, we can find the common ground and see how they can work together, pooling their strengths. This could open our minds to investigate or accept new technologies that we might have dismissed and to understand the role that science can play in educating 'the public' to things that the 'spiritual community already know! Some people need 'proof' and that is one of

the positive roles that science can play, making things more acceptable and mainstream.

Embrace and follow through with any ideas for further learning as long as you know it will add to your tool bag and you will use the information, not just collect it! Don't be an eternal student! And also follow any nudges and intuition to take what you already know out into the world and teach!

Dates and times based on BST, GMT from 26th onwards

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