Astrology of May 2025

Overview of May 2025



All planets are direct as we begin May 2025, having been so for less than three weeks, but Pluto has already slowed and will be the first to go retrograde on 4th and it then remains the only retrograde for two months. The other big event of the month is that of Saturn changing signs, leaving Pisces and entering Aries, following and joining Neptune who made the same transition earlier in the year. This is not a natural position for Saturn but it will help to balance Neptune's energies as these two can make a natural balancing pair of the mundane and spiritual if we tap into the positive energies to blend them. More on this in the daily astrology.

At first glance the chart looks quite scattered but closer inspection reveals that the planets are in eight consecutive signs with Pluto leading the way (Aquarius) and ending with the South Node in Virgo. The deep karmic clearing that we have been going through is mostly done and just Saturn remains in the last degrees of Pisces but this in itself is pretty potent for the first three weeks of the month. It is catching up with Neptune and their contrasting energies in subsequent signs, and as the gap between them gradually closes, will add to the stirring of the pot. Astrological Beltane is on 5th, marking the exact point between the Spring Equinox and the Summer Solstice, the mid-point of this astrological season.

The Full Moon on 12th has the Sun in Taurus and the Moon in Scorpio, a karmic pattern and Saturn almost at 29° Pisces. It is the last Full Moon before Saturn changes sign and therefore a golden opportunity to release old karmic energies and old emotions that we have buried and not processed. I will be doing a distance karmic healing that night and again on 23rd, more details in daily astrology. It's not all challenging and there is potential to tap into but we will need to make the effort to seek those out and put in the work.

The Sun is in Taurus until 20th May when it enters Gemini a few hours after the half Moon and with Saturn in the last throes of its residency in Pisces, at the end of the zodiac, the following five days could feel restrictive before it enters, and starts afresh in Aries on 25th. Mercury joins the Sun in Gemini on 26th and 27th is the New Moon in Gemini with very exciting energies. Despite being a New Moon there are some challenges and its definitely not plain sailing. This is the beginning of another important new stage in our evolution and like learning to ride a bicycle, we are unlikely to get the knack of it straight away! Just to mix the travelling metaphors, the phrase I got for the New Moon was – *The plane is taking off, are you on board?*

The choice of the photo of a dandelion head for the background for the May astrology dates, represents both the need to release old energies, blowing on the dandelion and letting the wind take them, and simultaneously sowing the seeds of what we wish for in the future. The Sun was shining brightly on and through the dandelion and is leading the way forward.

Daily astrology of May 2025

2nd May gives us an excellent example of how transits and retrogrades can help situations, and us, evolve. Back on 1st February Venus passed over Neptune at 27° Pisces and carried on its journey, entering Aries on 4th. It turned retrograde on 2nd March, having reached 10° Aries and went back into Pisces on 27th March where it crossed over Neptune for the second time, at the very last degree of the zodiac, 29° Pisces and three days later Neptune made a big change of signs, leaving Pisces and entering Aries so their third and final meeting, with Venus again traveling forward (it went direct on 13th April) is now in Aries at 1°. This represents a real evolvement of the energies, a resolution of whatever we were working on and a new beginning in a different sign and the first of the zodiac.

What's been happening in the last three months in your relationships, with your finances and with how you see things that are of value to you? Self-worth, which is really how we value ourselves, also comes under Venus' realms. We might also have had some revelations about how others value us, or don't and it can be an eye-opener to see how our values differ. Now, in the home of its masculine counterpart, Mars, she can find a more masculine, independent or assertive role and it is important that she finds a Divine masculine, or a healthy blend of feminine and masculine here and not feel that she has to fight everyone and for everything.

Also on 2nd, Uranus has a helpful connection with the Nodes as Mars comes out of its shadow, so overall there are energies of old cycles coming to an end, freeing ourselves from old karma and letting go of old illusions. In the background, Pluto is preparing to go retrograde so there might be a sense of pressure or stillness, but this will open up again soon.

Use your newfound understanding of yourself, your new confidence and assurance, to step forward more boldly and create the future you want.

On 3rd, we are likely to be feeling Pluto coming to a standstill before turning retrograde on 4th. Being in the Fixed Air sign of Aquarius, this will mostly be felt in the mind and we might need to watch that our thoughts don't take us into deep or dark places, or that we get stuck in a negative train of thought. Aquarius relies on the mind, left-brain, logic or rationale and we are unlikely to feel this too emotionally, although Pluto rules the unconscious and the underworld.

The tension will ease as Pluto picks up its speed again, but that could take a couple of days.

Pluto goes retrograde on 4th soon after we have the Waxing half Moon, marking the midway point between the New Moon (27th April) and the upcoming Full Moon on 12th. The Sun is almost at the astrological point

of Beltane, 15° Taurus (06:58 on 5th) and that is another midway point, between the Spring Equinox and the Summer Solstice on 21st June so there are strong pointers towards taking time to take stock and find balance before we continue on.

Later on 5th, Mercury has a potentially helpful connection with Jupiter and if we tap into this, it can help us to refocus and respark our enthusiasm. But with Mercury closing on Chiron, don't get drawn back into old karma and patterns.

Did we set goals, aims, wishes at the Equinox and if so, how are we doing with those? Do we need to get back on track with something that isn't quite panning out as we had hoped, do our goals need revising, rewriting or even with the many changes that have been happening recently, completely scrapping and starting again?

Be honest with yourself, find your inner truth and what feels right in your heart. Keep reaching forwards and stepping onto your new timeline if you feel the drag back to old karma and patterns.

On 6th we have a potentially helpful connection between Venus and Pluto and we might need the potential of those energies to help us over the following three days as Mercury is very busy and stirring things up somewhat. It closes in on Chiron, passing over it on 7th and then goes on to have niggly connections with the Nodes and Uranus (8th) and Saturn on 9th. So we have Mercury, the Nodes and Uranus all at 26° on 8th and therefore connecting with each other, with Mercury in the middle. After connecting with Saturn it will reach the last degree of Aries and move into Taurus on 10th.

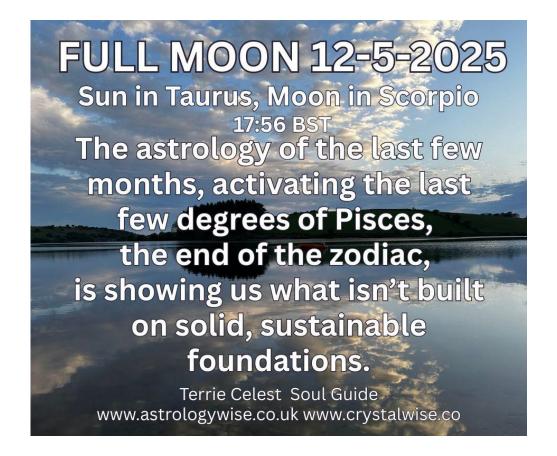
With both Chiron and the Nodes representing karmic energies, we are not going to evade karmic influences here but the Chiron meeting is one that can be tapped into and can help to bring some resolution to old karma whilst the following niggly connections could be testing us to see if we really are letting the old go.

The best thing we can do here is to be observant and as disassociated as we can be when triggered, and rather than begin caught in 'what's wrong', ask ourselves, *what is the old pattern here, what is the old karma that this is showing me, that I can now release?* Then we can follow with, what is the new energy, the new expression and the more authentic, empowered response and action that I want to embrace?

A lot of this is continuing the theme of bringing old karmic cycles to an end and if we keep that in mind and our eye on the future, we can do this!

Mercury was very active in the last week and is again the key component on 10th and 11th leading into the Full Moon on 12th. On 9th -10th it reaches the last degree of Aries and this point brings all the Aries characteristics to our attention and if we can positively channel those, we can ride a wave of positivity, spontaneity and enthusiasm. If things don't go so well and we allow frustration to build, impatience and anger can build and erupt. This is an active Fire sign ruled by Mars and likes to take action, and doing something physical can help to release pent-up energies. Speed is something to watch for and again to be used positively. Mercury rules the mind and communication so our thoughts can be quick and decisive and knowings can come to us spontaneously. Equally, we can be rash and leap without looking and get ourselves into trouble if we speak without thinking things through. Moving into Taurus on 10th will bring much more grounding to our thoughts and slow down excess speed.

Mercury passed over Neptune for the third time on 17th April and now it is in the next sign they have a niggly connection that doesn't feel very clear. Neptune's influence can make it difficult to find or perceive the truth and there is a danger that Taurus' stubborn nature might get stuck in a groove of thinking that refuses to see or acknowledge the truth. Mercury has an even more testing connection to Pluto shortly after the Full Moon so that is going to add to a brewing mindset with tension building until the bull paws the ground and charges! It can be very patient but on the inside, the sap is rising until it has had enough and the pressure cooker reaches its limits.



May's Full Moon is on 12th with the Sun in Taurus and the Moon in Scorpio, at 22° of their signs and with the Fixed nature of these signs, plus a karmic pattern formed by them, Jupiter and Chiron and Saturn almost at 29° Pisces, tensions could run high. The only exact connection of the day is a brewing square between Mercury and now retrograde Pluto and a strong influence is that of Saturn which reaches the last degree of the zodiac a few hours later.

Deep emotions, old hurts buried and held in the body could bubble to the surface and at the very least will be simmering and festering, needing to be healthily released. Events could trigger karmic energies and wounds of feeling unsafe and we will need to watch our thoughts and that they don't join with our emotions in escalating and feeding old survival instincts and loneliness. It's not all challenging and there is potential to tap into but we will need to make the effort to seek those out and put in the work

If we go back a few months, we had Mercury, Venus, North Node, Saturn and Neptune all in the last few degrees of Pisces and with Mercury and Venus moving on into Aries and then retrograding back into Pisces, the other planets\points and these last few degrees of the zodiac have been continuously activated, also activating old karmic patterns for releasing, enabling us to better step into a new chapter, unencumbered by their ties and echoes.

Saturn is the last remaining planet in Pisces and has just two more weeks there before entering Aries. September and October will see Saturn and Neptune both retrograde back into Pisces in a final review of any outstanding matters. For now, this Full Moon is a potent opportunity to release old emotions, hurts and traumas that we have buried. Scorpio is the deep water sign of the zodiac and its deep, emotional sensitivity can cause it to push feelings under the surface rather than look at them or deal with them.

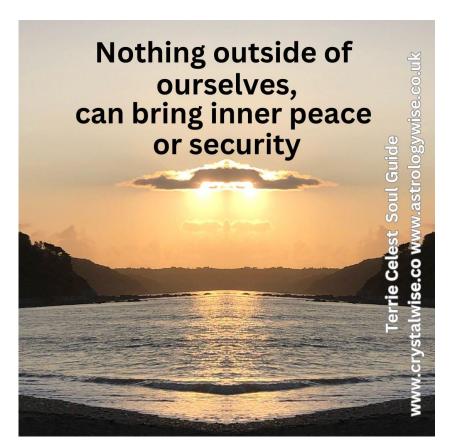
Obviously this is not healthy long term, and they just fester in the background and can unconsciously affect our ability to deal with emotions healthily. Power and control issues are also associated with this placement and if you have this Moon in your chart, know as the Hades Moon, there is usually some strong karma associated with the mother, mother archetype or women. Ruled by Pluto this is the underworld, where taboo subjects, sexual matters and even abuse can be found. It can be a 'heavy' placement and whilst we won't all have these associations and won't experience these things arising, it is always possible that we have suppressed something that can now bubble to the surface and even if it is not that difficult, it will involve deep emotions or something that hasn't been seen or looked at for a very long time.

Recently I created an impromptu video with a brief explanation of the recent astrology and offering free karmic healing and I am going to repeat this on 12th May, on the eve of this Full Moon at 8 p.m. UK time which will give us maximum energies for release and help us over the coming two weeks as Saturn has its last throes in Pisces. I will do another healing on 23rd May.

Themes that I have seen arising from Saturn recently are responsibility and fear, which is always a big one and covers many other areas. Pisces brings boundary issues and what isn't built on solid, sustainable foundations will be shaken and may fall down, preparing for rebuilding, replacement or for being left in the past. We are also seeking, and finding our truth.

Here is the link to the recent video, https://youtu.be/le_riXxUuv0?si=IrQv4wEl6cmzcQMp

Please check in with my social media pages nearer the date as I will again, create a crystal grid as the basis for the healing and post photos of it for you to tune into at the time, and you can let me know via there if you would like your name added, although this is not necessary. (This is purely a distance healing and we do not have contact at the time).



14th, 15th and 16th need to be considered together as the Sun, Jupiter and Chiron all reach 24° and the Sun makes niggly connections to the other two on 14th and 15th and then moves onto 25° and connects, much more favourably, with the Nodes on 16th as Mercury and Venus also niggle with each other. The Sun then comes within two degrees of its annual conjunction with Uranus which will be building to become exact on 18th which is quite a potent day.

With the Taurean Sun midway between Jupiter and Chiron, whatever is going on we need to remain grounded and centred and know that we are safe and secure as old survival instincts could be part of what is triggered. Let go of old habits of worrying, criticism and focusing on what is 'wrong' and refocus on roles of higher service and developing compassion.

It is important also to release old fears now and to realise that feeling safe and secure is an inside job -nothing outside of ourselves can bring peace, safety or security.

Following on from the connections of 14th, 15th and 16th, Jupiter, Chiron and the Nodes then all interconnect on 18th as the Sun meets Uranus in Taurus and passes over it. Mercury and Mars join in with a testing square so this is a busy and potentially potent day. What will dominate and what is of the most help?

The Sun/Uranus conjunction occurs very early in the morning (we will feel this the day before) and sets the scene and is also what can help the most. Uranus is the revolutionary planet of change but in Taurus, is much more grounded and less of a maverick, so the change it has been bringing whilst traversing this loyal Earth sign has been tempered by Taurus' qualities. (This connection can, however, be an indicator of earthquakes).

When connecting to the Sun, Uranus helps us to break old habits, old ways of being that are outdated and to be more authentic in our expression, so this will be of great help if the more niggly connections show us what is inauthentic and doesn't belong in our future. The Jupiter /Nodal connection is going to make sure we don't miss whatever that might be and there could also be some strong opinions floating around.

Keep grounded and centred and communicate from the heart, not the head. Don't hold onto anything or anyone that doesn't resonate with the future that you want. One of the Soul themes of Taurus can be learning about, and releasing attachment.

On 20th, Saturn is just five days away from entering Aries and beginning a new, 28-29 year cycle around the zodiac. In its last few days we will likely see an increase in the intensity of its themes arising, giving us a golden opportunity to release old karmic patterns and not take them into this new cycle and new beginnings.

What might these be and how might they present themselves?

Number one, top of the list as it can permeate many areas of our life and many of our unconscious and conscious thoughts, feelings and actions (or lack of action), is fear. The big F word! In Pisces, boundary issues might arise, mainly showing us where ours are weak and need improving. Limitation and responsibility are other key Saturnian words also authority, rules, regulations, structure and time all come within its realms.

Saturn's greatest gift is wisdom, gaining understanding from our past experiences and that is what we need to seek out on 20th as it makes a potentially helpful connection to the Sun. Initially, the challenging aspects might show up and if we spot those, especially fear, we can then take a step back from those triggers and see what the old patterns are. The Sun is at the last degree of Taurus, highlighting that sign's qualities and key words/phrases to look out for are loyalty, senses, comfort zone, stubbornness, safety and security.

The waning half Moon comes soon after the Sun and Saturn connect whilst the Sun is still in Pisces and it is later that day that it enters Gemini. The half Moon adds another testing element with the potential for us to get stuck in a train of thinking and to rely too much on the left brain.

The Sun in Gemini is usually a busy month, although we might not get much finished. This Mutable Air sign tends to stay on the surface, doesn't go deep and is easily distracted by the next exciting or shiny thing! Ruled by Mercury, communication can flow and we can have lots of conversations which usually don't have much depth and can veer towards gossip. The flip side of this dual sign is that Gemini is either very chatty or very quiet as it withdraws and gets in its head. If this happens, there is an easy solution and that is to say out loud what is going on in the head. The inner thoughts somehow seem elusive and appear to go around in circles and there is something about hearing them spoken that brings clarity.

Mercury rules the nervous system and this can easily become overloaded, especially by taking on too much and Gemini's influence will make it harder to unwind and relax, making it even more important to make time to do so.

Being so chatty, Gemini hates silence and it can be a challenge for them to learn that they don't have to fill gaps and that silence is actually a very good thing! In their keenness to talk, which is often seen as a social thing to do, they also need to learn to sit back and to *actively* listen.

22nd has two helpful connections, firstly a lovely trine between Mars and Venus, the balancing masculine and feminine archetypes of the chart and the other between the Sun and Neptune which is more the type that we need to tap into and steer in a positive direction, otherwise it could bring a lack of clarity or truth and a tendency towards escapism.

Venus is actually in Mars' home sign of Aries pushing it more towards a masculine expression here, so this connection can bring an easier flow and help us to see how we can healthily express both sides of our nature and the generous, rather than opinionated or egotistical, nature of Mars' position should give way to a much more generous nature.



23rd and 24th have Saturn in its last two days in Pisces whilst Mercury has two separate karmic connections on 23rd and a niggly one to Jupiter on 24th followed by it passing over Uranus. Mercury will take us to the mind and communication as a key area to find karmic issues.

The cavalry arrives in the guise of a lovely trine between the Sun and Pluto, the planet of transformation! Yes please, we cheer, let's transform the karma and I am offering another karmic healing on 23rd to help with these two days and for us all to clear as much personal and collective karma as we can (see 12th for more details and check in with my social media pages nearer the time). Mercury/Uranus a few hours later continue to help and the transformation can come through how we perceive things, our inner dialogue and rewriting our perception of what we feel makes us feel safe and secure and encourage us to let go of things and not collect them, or hold onto them as they give a (false) sense of security.

The most important things in life aren't things!

The last two to three weeks might seem as if they have dragged as Saturn has had its final days in Pisces, but finally, very early on 25th, it enters Aries! At first these seem very incompatible energies, with Saturn's caution, rule following, delayed gratification, serious nature trying to find expression in raw, spontaneous, instinctive, quick and fiery Aries. Where they can find common ground is that Saturn rules Capricorn which is also a Cardinal sign, so they share a mode of operation – they are initiators and doers, although they would go about these in different ways.

If the differences in the two show up, what might we experience? Saturn's lack of pace and steady, steady, could frustrate the Aries energies and bring impatience to get going.

Blending the positive characteristics of the two energies, what might we get? Saturn will be trying to adapt and find its expression in Aries who can teach it to let go of the need to plan and organise so much, and to be more in the moment and spontaneous. Aries can be reckless and not look before it leaps, so Saturn could help to temper that and bring more of a focused effort and direction of energies.

Saturn has a 28-29 year cycle and last entered Aries back in April 1996 and finally left it in November 1999.

Now we will have both Neptune and Saturn in Aries and the interaction between these two and how they can blend their energies is another interesting thing to explore separately.

Mercury leaves Taurus and enters its home sign of Gemini very early on 26th and soon after, makes a potentially helpful connection to Saturn who has just entered Aries, so these are both at 0°. Later that day Mercury goes on to connect with Neptune who is already established in Aries and not far ahead of Saturn and if we can spot the evolution of this energy it will give us very strong pointers as to the roles of these two slower, outer planets.

What might skew this observation however, is that we will be in the dark of the Moon, with the New Moon the next day, 27th. This phase of the Moon, with little or no light can be difficult mentally and emotionally as shadow emotions emerge and dominate. Again, it will be interesting to note what the mind focuses on and what is bothering us. The New Moon brings light to the darkness and the promise of new beginnings.



The New Moon on 27th May is exciting! Although we have the Sun and Moon in Gemini alongside Mercury, its ruler, (it will pass over the Sun on 30th) the focus goes to Saturn, newly in Aries alongside Neptune and their fresh energies have yet to reveal themselves and they provide a degree of intrigue with a big dollop of hope and excitement. It is early days to see how Saturn will find its groove in Aries however, like the Fool in the Tarot, this is undoubtedly the beginning of another important new stage in our evolution and like learning to ride a bicycle, we are unlikely to get the knack of it straight away! A lot of this is fine tuning, the bulk of the heavy karmic work having been completed, but we will still get echoes and new layers to keep us on our toes!

Aries is the first sign of the zodiac and brings the feeling of a new year, full of hope and promise, a chance to start again. It can be likened to the birth of a baby and Aries represents that infant's first stage of life, when all it knows about is its own needs and is driven by a primal survival instinct. As adults Aries energies are when and where we learn about the Self, who we are and what we want and need. The focus is on now, in the moment, and there is a fiery enthusiasm, warmth and a great deal of courage. (See astrology of 25th for more on Saturn in Aries). The only exact connection of the day is a lovely trine between the Sun (and therefore the Moon) and Pluto, the planet of transformation.

The mists from all the planets in Pisces have lifted other than from the North Node which is now the only Water in the chart whilst Earth is also low with just Uranus (Taurus) and the South Node. Aries fire and Gemini Air dominate and this mix needs to be mentored, was the word that I got! The flames could be stoked by the Air with Mercury, associated with the mind and communication ruling Gemini. Fire can warm but can also scorch and burn, and the Aries Fire can bring some positive fuel and spontaneity to Gemini's duality and tendency to be scattered, and might help to bring some direction and enthusiasm. We might find it difficult to stay grounded and to get in touch with how we feel, however I get this image of being able to better fly without being weighted down!

Looking ahead over the coming two weeks to the Full Moon on 11th June, we have yet another big change occurring on 9th with Jupiter leaving Gemini and entering Cancer. That will bring us some much needed Water in the chart and provide the end of yet another cycle and more fresh energies so the last thing we want to be doing now is to be clinging on firmly to the past.

The plane is taking off, are you on board??

The last connections of May have Mercury passing over the Sun on 30th as it takes the lead in this part of its cycle and forges ahead in the chart and on 31st Venus, which is very close to Chiron and passes over it the next day, has niggly connections with the Nodes. Both Chiron and the Nodes are karmic indicators in the chart so there will be karmic themes arising in our relationships, finances or values and although these will initially show up as irritations or concerns, they can then be resolved and potentially cleared or healed and new patterns begun.

Mercury forging ahead will make our thoughts more conscious whilst it will also generally ramp up its energies so we need to be extra vigilant that we are communicating well, listening well and not getting too scattered or taking on too much. Make time to rest, relax and reset as if you wait until you have time, it will never happen as this energy will keep finding things that draw its attention and fill any gaps!

Dates and times based on BST

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