

# Understanding Sickness and Healing

Psalm 103:2-3

Understanding = To mentally grasp and comprehend something.

## Five Reasons We Get Sick and Experience Disease

1. Sickness & Disease can come as a result of **Sin**, Psalm 107:17
2. Sickness & Disease can come as a result of a lack of **Sanitation**, Deut. 23:12-14
3. Sickness & Disease can come as a result of **Stress**, Philippians 2:30
4. Sickness & Disease can come as a result of an **Ancestral Stronghold**, Exodus 34: 6-7 ESV
5. Sickness & Disease can come as a result of an attack of **Satan**, Acts 10:38

## Five Facts About Healing

1. **Healing is The Will of God**, 1 John 3:8
2. **Healing requires persistent faith**, Mark 5:24-29
3. **Healings Can Be Instant, Gradual, or Eventual**, Luke 17:14
4. **Healings Make You The Victor not the Victim**, John 5:2-8
5. **Healing Requires Letting Go of Old Patterns**, James 5:16

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