Hello!

The library was quite busy in April and May is looking even busier. We hope to see you there!

Below are the programs on offer this month. I have again included the April break activities for students, as there are still lots of spaces available for those who will be around.

# SATURDAY SERIES for ADULTS & TEENS

# Unpacking My Father's Trunk by Suzy Colt Saturday, April 29th

## 1 PM

How many times have you wished that you had asked your father or mother more questions about their lives while they were alive? You run into a roadblock in your life and wish you could glean some wisdom from a story they told you, but you didn't have time in your life to ask the question. Why didn't they write their own memoir so that you could pick it up for advice and guidance?

Suzy was 25 years old when her father died at the age of 80. He was 53 years old when she was born. During those 25 years, her father was engrossed in his work as the Director of the Dayton Art Institute in Ohio and she was engrossed in the business of growing up and going off to college. Their lives rarely intertwined.

In 2018, Suzy came into possession of her father's antique trunk with scrapbooks, letters, files, and evidence of the first fifty years of his life. She embarked on a journey to unpack the story of his life and discovered that she was truly her father's daughter in so many ways. Suzy looks forward to sharing that journey with you.

#### Foraging from the Forest with Doug Gralenski Saturday, May 6th 1 PM

Doug Gralenski, retired Conservation Officer and current owner of White Mountain Forager, will share some of his knowledge and insights about foraging for wild edible plants in our area.

Doug has been harvesting wild mushrooms since he was a small child, being taught the art of foraging at his fathers, and often grandmothers, side. Beyond instilling a knowledge of the woods, they also instilled a deep passion for our forests and ecosystems. Doug went on to pursue a degree in Wildlife Management and then 27 years as a Conservation Officer in his childhood home of northern NH. Today he uses his knowledge to supply many local shops with foraged goods, including fiddleheads, ramps, and mushrooms. https://www.whitemountainforager.com/about-wmf

Crossing the Gender Divide Book Talk with Rachael Evelyn Booth Saturday, May 13

### 1:30-3:00 PM

Rachael Evelyn Booth is a US Navy Vietnam veteran where she served as a Chinese Mandarin and Arabic interpreter. She also speaks Spanish and French. She is a retired computer scientist, guitarist/performer, and the author of three books.

Imagine knowing at the age of five that you were a girl, and everyone told you that you had to be a boy. Think about what it would be like to live a lie every day of your life.

Rachael will discuss her book, Crossing the Gender Divide, which tells the story of her forty-year struggle to finally become her true self. Told through her memories of being a confused child and her experiences as an adult trying to fit into what society said she should be, her tale is recounted with sometimes embarassing honesty and with the clarity of hindsight. It is a heartbreaking and uplifting story that will make you cry quietly and laugh out loud.

If you want to understand more about what it means to be transgender, this is an opportunity to do so.

### Conflict Management with Charles Larcomb Saturday, May 20 1:00-3:00 PM

RSVP https://forms.gle/7zQSXXuG1jYvMbp87

Conflict is a natural part of living in a changing world, and in relationships between different and unique individuals. Given that some degree of conflict is inevitable, necessary, and even desirable, the challenge is managing it in satisfactory and productive ways.

In this workshop we will consider various tools, techniques and perspectives to improve how we manage conflicts. The workshop is not a substitute for professional counseling or therapy. Instead, we will explore how we can apply the lessons learned ourselves to the conflicts we experience in our own lives.

This workshop is based on the experience and training of the facilitator over many years of customer service, education and leadership.

Facilitated by Charles Larcomb

### **REGULARLY SCHEDULED PROGRAMS for ADULTS & TEENS**

Real Life Conversation Group Wednesday, May 3rd (monthly on the first Wednesday)

### 3-4 PM

facilitated by Charles Larcomb

Open to All Adults & Teens

What moves you? Dramatic films or television? Emotional music videos? Stories you can relate to? Artistic expression in all forms helps give form and definition to the vague and seemingly unrelated experiences of real life. Whatever you find appealing, we invite you to share your thoughts and feelings in a creative and supportive environment as we explore what moves you, and how it relates to real-life experiences.

Public Book Group
Wednesday, May 10th (last group until September - taking a summer hiatus)
6:30 PM
Discussing *Peyton Place* by Grace Metalious

Sewing & Knitting Group Fridays 1:30-3:30

### **APRIL BREAK ACTIVITIES for children (week of April 24-28)**

Tuesday, April 25

Story & Activity Hour 9-10 AM Pr-K - 1st Grade

Sock Puppet Making 10:30-11:30 AM Pre-K - 1st graders Sign up: <u>https://forms.gle/7RTHsYFpJbdkACp98</u> Spring Paint with Friends 1:00-2:30 2nd-6th grade Sign up: https://forms.gle/cpnhpiQ4zGg3p8re8

Popcorn & Movie Night How to Train Your Dragon 5:30-7:30 Sign up: <u>https://forms.gle/s6no5mJimsYioPa29</u>

Wednesday, April 26th

Infant & Toddler Playgroup 9-11 AM

Teen & Tween Game Day 11 AM - 2 PM

Thursday, April 27th

**3D Spring Art 10:30-11:30 AM** Pre-K - 1st Grade Sign up: <u>https://forms.gle/XMJoUJwtPhEEKZ619</u>

Matchbox Miniature Dioramas 1-2:30 PM 2nd - 8th grade Sign up: https://forms.gle/DZ2BGaWA9wMcCsNd6

LEGO Build Challenge 3-4 PM

Friday, April 28th

Story & Activity Hour 9-10 AM

# **REGULAR WEEKLY PROGRAMS for children**

**Story & Activity Hour** (for 3-7-year-olds) Every Tuesday & Friday 9-10 AM

Infant & Toddler Playgroup Every Wednesday & Saturday 9-11 AM (except April 15th due to the Matryoshka workshop)

# LEGO build Challenge

(for 4-12-year-olds) Every Thursday 3-4 PM

# LIBRARY HOURS

MONDAY - CLOSED TUESDAY - 10AM - 6PM WEDNESDAY - 9AM - 4PM THURSDAY - 10AM - 6PM FRIDAY - 10AM - 1PM SATURDAY - 9AM - 1PM SUNDAY - CLOSED

Hope to see you soon!

Please email me at whitefieldpubliclibrary2@gmail.com with any questions or suggestions.

Remember to check us out on Facebook & our website at https://whitefieldpubliclibrary.org/.

Cheers, Lyn