Good Afternoon Whitefield Public Library Friends,

We had such a fun and busy summer and are taking the month of September to prepare for the upcoming year full of programs and events. A full calendar is being planned, so keep checking Facebook, the website (https://whitefieldpubliclibrary.org/), and your email for everything on offer here at WPL.

September is LIBRARY CARD SIGN-UP month, so pass the word! It is a great time to get a WPL library card.

Did you know that Thursday, September 28th is GOOD NEIGHBOR DAY? Visit https://www.hopefulneighborhood.org/ for ideas and information.

For now, here are the currently scheduled programs and events for September and October at WPL.

PROGRAMS

Medicinal Herbs for Teas & Salves

With Emily & Grace from Taproot Farm & Environmental Education Thursday, September 26th

4:30-5:40 PM in the WPL program room

Open to adults and children ages 8+ (with an adult)

Sign up required: https://forms.gle/dDnHthiRDCzbY85d6

Join Gracie Phillips from Heartsong Farm and Emily Champigny from Taproot Farm and Environmental Education Center for a fun evening of herbal creation. We will learn to use and identify some common medicinal herbs that grow in our area, blend an herbal tea to sample together, and create a healing salve to bring home. Knowing our local plants and how to use them for food and medicine is such a great life skill to have, and fun too!

Whitefield Community Day & WPL Book Sale

Saturday, September 30th

10 AM – 2 PM at the Whitefield Common & Whitefield Public Library

Open to all

*WE ARE CURRENTLY ACCEPTING BOOK DONATIONS FOR THE BOOK SALE

Come visit Whitefield for a fun day of cider pressing, arts and crafts, vendors, food, games, music, and a theatrical performance by Weathervane Theater. Check out the scarecrows and the book sale at the library. Additional details about Community Day and signing up to build a scarecrow can be found on the WPL website: https://whitefieldpubliclibrary.org/.

Introduction to American Sign Language

With ASL teacher Christina
Saturday, October 7th
11 AM – 12 Noon in the WPL program room
Open to all ages

Sign up required: https://forms.gle/9Kf7vuimimS6Hs4J9

Christina Bertin, ASL teacher, will lead this beginner's workshop in ASL. This free program will include a brief history of ASL, basic numbers, the ASL alphabet and the most commonly used phrases for conversation.

Book Club

The Cold Millions by Jess Walter Wednesday, October 11th 6:30-7:30 PM

Open to all – pick up a copy of the book at the front desk

An intimate story of brotherhood, love, sacrifice, and betrayal set agains the panoramic backdrop of an early twentieth century America that eerily ehoes our own time, The Cold Millions offers a kaleidoscopic

portrait of a nation grappling with the chasm between rich and poor, between harsh realities and simple dreams.

History of the Cutler House of Waterford VT and Commerce on the Connecticut

With Lise Moran

Saturday, October 14th

1:30-2:30 PM in the WPL program room

Please RSVP: https://forms.gle/qA4Gm22pKMBFgL8y5

Come learn about the history of the beautiful Cutler House near the Connecticut River, placed on the Vermont State Register of Historic places, and the economic importance of the nearby Connecticut River for its settlers. Lise will illustrate the importance of the Connecticut River for subsistence farming, the sheep boom, dairy farming, tourist houses and early transportation across the river from the early 1800's to 1950's through photographs, maps and drawings.

Medicare Information Session

With State Farm Insurance Tuesday, October 17 4:30-5:30 PM

Please RSVP (not required): https://forms.gle/2qVnFPuTDh23BXSu9

Confused About Medicare? Are you or someone you love turning 65 soon? Or confused about what supplement plans you should consider for open enrollment? Let us clear up some of the confusion about Medicare, open enrollment, and supplement plans.

Halloween Activities for Families

Saturday, October 28 10-11 AM in the WPL program room Open to families

Stop in for some Halloween themed activities and crafts. Dress up in your costume or come as you are. Grab a Halloween treat on your way out.

Multi-Session Programs for Adults (REQUIRE SIGN-UP)

Seniors Eating Well and Moving More - LOW IMPACT

With Physical Therapy Assistant Jaime Schmidt & nutrition educator Zeanny Egea

6 Weeks - Fridays, October 6, 13, 20, 27 & November 3 & 10

9:30 AM - 10:45 AM

Open to all Seniors – limited to 6 participants

Sign-up: https://forms.gle/n6W37fcVRYjZYiEZ7 or email Lyn at whitefieldpubliclibrary2@gmail.com or call at 603-837-2030

UNH Extension, in Partnership with the Whitefield Public Library, are pleased to offer a 6-week program for older adults. Each week will include a low impact workout with physical therapist assistant Jaime Schmidt as your instructor, followed by a nutrition lesson with UNH Extension nutrition educator Zeanny Egea.

Seniors Eating Well and Moving More – ADVANCED WORKOUT

With Physical Therapy Assistant Jaime Schmidt & nutrition educator Zeanny Egea

6 Weeks - Fridays, October 6, 13, 20, 27 & November 3 & 10

10:00 AM - 11:15 AM

Open to all Seniors – limited to 6 participants

Sign-up: https://forms.gle/wSQhj1Hu5LGgxVyb7 or email Lyn at whitefieldpubliclibrary2@gmail.com or call at 603-837-2030

UNH Extension, in Partnership with the Whitefield Public Library, are pleased to offer a 6-week program for older adults. Each week will include a nutrition lesson with UNH Extension nutrition educator, Zeanny, Egea, follow by an advanced workout with physical therapist assistant Jaime Schmidt as your instructor.

Multi-Session Programs for Youth (REQUIRE SIGN-UP)

Introduction to Artists & Their Art

Tuesdays AFTER SCHOOL

3-4 PM

7 weeks - October 3, 10, 17, 24 & November 7, 14, & 28

Ages 7-12

Sign-up: https://forms.gle/3vXJ2StsDb1mfuM68

This is a 7-session introductory art program. Participants will learn about the artists Pablo Picasso, Dale Chihuly, Yayoi Kusama, Alma Thomas, Holton Rower, Michealangelo, and Piet Mondrian and do a corresponding art activity. We will be using hot glue during our study of Chilhuly (10/10), permanent acrylic paints during our studies of Yayoi Kusama (10/17) & Holton Rower (11/7), and staining egg paints for Michealangelo (11/14).

Home School Science

Tuesdays, Thursdays, & Fridays beginning the week of October 3rd

(Currently Thursdays & Fridays are full – there is space on Tuesdays)

1:30-2:30 PM in the WPL program room

Open to Home School students ages 5-12

Beginning the first week of October through mid-June

Sign up required - https://forms.gle/hBoVE3sgVwyPVrmR9

This is a 1-hour general science group, which will typically begin with a related story and/or video and a group discussion, and will then incorporate a project/activity. There is a \$10 materials fee for the year to help supplement the cost of supplies.

This is a multi-age group for children 5-12 years. As it is a mixed age group, students will help guide the discussion, and older students will be invited to mentor and help provide support to younger students.

FIRST LEGO League - Explore (ages 6-10)

Thursdays, October 5, 12, 19, & 26, November 9, 16, & 30, & December 7 & 14 (9 weeks)

3-4 PM

Sign up: https://forms.gle/9nF6snoTxiWJJPTz9

First Lego League is a structured STEM Lego Program for students Pre-K through age 16 that builds habits of learning, teamwork, and confidence. We will hold sessions for the two groups, EXPLORE, and CHALLENGE, during after school hours for those who sign up to participate. EXPLORE (ages 6-10) will be run as a structured program by Lyn in the program room with coding expertise from Pam Berry. It is limited to 12 participants.

Check out the introductory video for this season: https://www.youtube.com/watch?v=ziEOAMhuOkl

FIRST LEGO League – Challenge (ages 9-16)

TBD (likely Tuesdays 4-5 PM)

Sign up: https://forms.gle/9nF6snoTxiWJJPTz9

First Lego League is a structured STEM Lego Program for students Pre-K through age 16 that builds habits of learning, teamwork, and confidence. We will hold sessions for the two groups, EXPLORE, and CHALLENGE, during after school hours for those who sign up to participate. We are working on coordinating with high school students from the robotics club to run the CHALLENGE group (ages 9-16). A day and time have not yet been determined.

Check out the introductory video: https://youtu.be/QArg43rCMBA

Home School Latin

With Jack Rhode Fridays beginning September 22 - June 12 noon – 1 PM in the WPL program room Open to students in 5th grade +

Sign up required – email Courtney at whitefieldpubliclibrary@gmail.com

A beginning Latin course taught by long time high school Latin teacher, Jack Rhode. This course runs through the school year and is meant for students who are interested and engaged in learning Latin. Taught as a full year course, this class will include homework as well as tests and guizzes to assess learning.

REGULAR WEEKLY PROGRAMS FOR DROP-IN

Story and Activity Hour

Tuesdays & Thursdays 9-10 AM Preschool & Kindergarten age children & their caregivers Program Room

Join us for some stories and activities, which may include games, songs, and/or arts & crafts.

Infant & Toddler Open Play

Wednesdays & Saturdays 9-11 AM

Infants & Toddlers and their caregivers

Program Room (or children's book room if another event has been scheduled)

Come visit the library with your little ones. Find and read some stories, play with some new toys, and connect with other families.

Open Play LEGOS in the Children's Book Room

Thursdays 3-4 PM Ages 3+

> DUPLOS and LEGOS will be available for OPEN PLAY in the Children's book room. These will be available while the First Lego League EXPLORE group is in session in the program room for younger siblings or anyone who wants to build but is not interested in the structured EXPLORE program, or if we reached max capacity before you were able to sign up. * Parents are responsible for supervising children during OPEN PLAY Legos.

Knitting & Crocheting Group

Fridays (beginning October 6) 1:30-3:30 Front Reading Room

Teens & Adults

Are you a seasoned handicrafts person? Are you wanting to learn? Do you have a project in the works or something you have dreamed of creating? Adults & Teens of all skill levels are welcome to join others while you knit, crochet, needlepoint, sew, etc. Please call first in case a session has been cancelled if you are planning to join for the first time – (603) 837-2030.

Writing Group

Thursdays (intermittent)

10-11 AM

If you are interested in joining the writer's group, please email Lyn at whitefieldpubliclibrary2@gmail.com. The writers meet intermittently, so it is best to check in before showing up.

CLOSURES

We will be closed FRIDAY, SEPTEMBER 29th to prepare for the BOOK SALE.

Check us out on our website at https://whitefieldpubliclibrary.org/ and on Facebook! We hope to see you at Whitefield Public Library!

Cheers, Lyn