

Research Articles on Service/Assistance Dogs & Veterans (May 2026)

Please note: The articles are organized within tables under various categories based on the focus of the research article (e.g., PTSD, sleep quality, etc.). As such, individual articles may appear in multiple tables.

PTSD	
Abraham, P. A., Kazman, J. B., Bonner, J. A., Olmert, M. D., Yount, R. A., & Deuster, P. A. (2021). Effects of training service dogs on service members with PTSD: A pilot-feasibility randomized study with mixed methods. <i>Military Psychology</i> , 34(2), 187–196. https://doi.org/10.1080/08995605.2021.1984126	Controlled Trial
Adler, R. H., Straud, C. L., Peterson, A. L., Jeffreys, M. D., Hamilton, B. S., & Stern, S. L. (2024). The effect of companion dog adoption on loneliness in veterans with posttraumatic stress disorder: An exploratory study. <i>Traumatology</i> . https://doi.org/10.1037/trm0000245	Peer Reviewed Article
Almog, S., Krause-Parello, C. A., Quintero, A., Taber, D., Friedmann, E., & Yount, R. (2026). Service dog training interventions for veterans with post-traumatic stress: Examining gender-based differences in psychosocial outcomes. <i>Healthcare</i> , 14(2), Article 120. https://doi.org/10.3390/healthcare14020120	Peer Reviewed Article
Ankenbauer, K. (2018). Canine-assisted therapy: The impact of service dog partnership on symptoms of PTSD in veterans [Senior honors thesis, Eastern Michigan University].	Thesis/Dissertation
Avendano, A., Espinal, M., Tran, V., & Ramirez, J. (2026). Grabbing the leash on life: Understanding the role of the service dog to align expectations. <i>Journal of Archives in Military Medicine</i> , 14(1), 1–8. https://doi.org/10.5812/jamm-153712	Peer Reviewed Article
Bergen-Cico, D., Smith, Y., Wolford, K., Gooley, C., Hannon, K., Woodruff, R., Spicer, M., & Gump, B. (2018). Dog ownership and training reduces post-traumatic stress symptoms and increases self-compassion among veterans: Results of a longitudinal control study. <i>The Journal of Alternative and Complementary Medicine</i> , 24(12), 1166–1175. https://doi.org/10.1089/acm.2018.0139	Peer Reviewed Article
Bristol, S., Leighton, S. C., Schwichtenberg, A. J., Campbell, R. L., Ashbeck, E. L., Taylor, D. J., Bedrick, E. J., & O'Haire, M. E. (2024). The influence of service dog partnerships on perceived and objective sleep quality for military veterans with PTSD. <i>Frontiers in Sleep</i> , 3, Article 1432919. https://doi.org/10.3389/frsle.2024.1432919	Peer Reviewed Article
Crowe, T. K., Nguyen, M. T., Tryon, B. G., Barger, S., & Sánchez, V. (2018). How service dogs enhance veterans' occupational performance in the home: A qualitative perspective. <i>The Open Journal of Occupational Therapy</i> , 6(3), Article 4. https://doi.org/10.15453/2168-6408.1440	Peer Reviewed Article
Crowe, T. K., Sánchez, V., Durden, C., O'Brien y Gómez, M., Schroeder, K., & Neville, C. (2020). Effects of a court-ordered service dog training program with US veterans: A qualitative study. <i>Society & Animals</i> , 28(4), 396–415. https://doi.org/10.1163/15685306-BJA10004	Peer Reviewed Article
Crowe, T. K., Sánchez, V., Howard, A., Western, B., & Barger, S. (2018). Veterans transitioning from isolation to integration: A look at veteran/service dog partnerships. <i>Disability and Rehabilitation</i> , 40(24), 2953–2961. https://doi.org/10.1080/09638288.2017.1363301	Peer Reviewed Article
De Lange, E. L., Rodenburg, T. B., Boelen, P. A., Endenburg, N., & Vermetten, E. (2026). The influence of service dogs on families of veterans with PTSD: A systematic literature review. <i>Anthrozoös</i> . https://doi.org/10.1080/08927936.2025.2448812	Review/Meta-Analysis

Dell, C., Kosteniuk, B., Bentley, E. (2022). Benefits and Challenges of Having a Service Dog Among Veterans in Recovery from Substance Use. <i>Anthrozoos</i> . DOI: 10.1080/08927936.2022.2074190	Peer Reviewed Article
Epstein, N. B., Yount, R., Wilson, C. C., & Smith, L. S. (2014). Service dog training by service members/veterans: Reflections on the need for empirical evidence. <i>Reflections: Narratives of Professional Helping</i> , 20(1), 47–51.	Peer Reviewed Article
Farmer, S. M. (2021). Integrating animal-assisted interventions in United States veterans with self-reported posttraumatic stress disorder. <i>The Journal for Nurse Practitioners</i> , 17(6), 728–731. https://doi.org/10.1016/j.nurpra.2021.02.020	Peer Reviewed Article
Fonseka, B., Marshall, F., & Binfet, J. T. (2022). The effects of animal-assisted therapy on the health and well-being of military veterans: A systematic scoping review and recommendations for future research. <i>People and Animals: The International Journal of Research and Practice</i> , 5(1), Article 12. https://docs.lib.purdue.edu/paij/vol5/iss1/12/	Review/Meta-Analysis
Foreman, K., & Crosson, C. (2012). Canines for combat veterans: The National Education for Assistance Dog Services. <i>U.S. Army Medical Department Journal</i> , April–June, 61–62.	Peer Reviewed Article
Friedmann, E., Krause-Parello, C. A., Taber, D., & Yount, R. (2025). Veterans with post-traumatic stress disorder (PTSD): Does participating in a service dog training program reduce their symptoms? <i>Anthrozoös</i> . https://doi.org/10.1080/08927936.2025.2529681	Peer Reviewed Article
Furst, G. (2015). Prisoners, pups, and PTSD: The grassroots response to veterans with PTSD. <i>Contemporary Justice Review</i> , 18(1), 26–38. https://doi.org/10.1080/10282580.2015.1005263	Peer Reviewed Article
Furst, G. (2016). Helping war veterans with posttraumatic stress disorder: Incarcerated individuals' role in therapeutic animal programs. <i>Journal of Psychosocial Nursing and Mental Health Services</i> , 54(4), 49–57. https://doi.org/10.3928/02793695-20160318-08	Peer Reviewed Article
Galsgaard, A., & Eskelund, K. (2020). An explorative clinical pilot study into the effect of service dogs on chronic posttraumatic stress disorder. <i>Traumatology</i> , 26(4), 361–369. https://doi.org/10.1037/trm0000253	Peer Reviewed Article
Gariboldi, M. B., Bussolin, L., Coppola, E., Zanobini, M., & Simi, S. (2022). Animal-assisted interventions and post-traumatic stress disorder of military workers and veterans: A systematic review. <i>Animals</i> , 12(14), Article 1825. https://doi.org/10.3390/ani12141825	Review/Meta-Analysis
Gibson, M., Williamson, L., Henwood, G., & Dell, C. (2021). Perceptions and Use of Alcohol and Medical Cannabis among Canadian Military Veterans Living with PTSD. <i>Journal of Veterans Studies</i> , 7(1), 59-70. http://doi.org/10.21061/jvs.v7i1.200	Peer Reviewed Article
Gillett, J., & Weldrick, R. (2015). Effectiveness of psychiatric service dogs in the treatment of post-traumatic stress disorder among veterans. <i>Canadian Institute for Military and Veteran Health Research</i> .	Report
Glintborg, C., & Hansen, T. G. B. (2017). How are service dogs for adults with post-traumatic stress disorder integrated with rehabilitation in Denmark? <i>Animals</i> , 7(33), Article 33. https://doi.org/10.3390/ani7050033	Peer Reviewed Article
Goetter, E. M., Sylvia, L. G., Tanev, K. S., Xu, B., McCarthy, M. D., Lynch, E., Stasko, C., Hartvigsen, N., Harward, L., & Wright, E. C. (2022). Presence of psychiatric assistance dogs and relation to post-traumatic stress disorder treatment outcomes: A nonrandomized, observational study in a military sample. <i>Psychiatric Annals</i> , 52(5), 191–198. https://doi.org/10.3928/00485713-20220421-01	Peer Reviewed Article
Hallenbeck, H. W., Song, J., Thompson, R. J., Kuhn, E., & Woodward, S. H. (2026). Predictors of momentary emotion differentiation among veterans in residential treatment for posttraumatic stress disorder: An ecological momentary assessment study. <i>Journal of Affective Disorders</i> , 401, Article 121256. https://doi.org/10.1016/j.jad.2026.121256	Peer Reviewed Article

Hansen, C., Iannos, M., & Van Hooff, M. (2023). Assistance dogs help reduce mental health symptoms among Australian Defence Force veterans and emergency services personnel: A pilot study. <i>Psychiatry Research</i> , 324, Article 115212. https://doi.org/10.1016/j.psychres.2023.115212	Peer Reviewed Article
Harvie, M., Bould, E., Iannos, M., Van Hooff, M., & Callaway, L. (2026). 'It's not just changed my dad's life, it changed ours too': Adult children's perspectives of PTSD assistance dogs. <i>Journal of Military, Veteran and Family Health</i> , 12(2), 77–88. https://doi.org/10.3138/jmvfh-2024-0073	Peer Reviewed Article
Hoisington, A. J., Billera, D. M., Bates, K. L., Stamper, C. E., Stearns-Yoder, K. A., Lowry, C. A., & Brenner, L. A. (2018). Exploring service dogs for rehabilitation of veterans with PTSD: A microbiome perspective. <i>Rehabilitation Psychology</i> , 63(4), 575–587. https://doi.org/10.1037/rep0000237	Review/Meta-Analysis
Husband, A., Ahmed, A., Dell, C. (2020). "An exploratory case study of the impact of psychiatric service dogs on problematic substance use among PTSD-diagnosed veterans". <i>Journal of Substance Use</i> , 25(2), 113-117.	Peer Reviewed Article
Jensen, C. L., Rodriguez, K. E., & O'Haire, M. E. (2021). Service dogs for veterans and military members with posttraumatic stress disorder: Replication with the PTSD Checklist for DSM-5. <i>Journal of Traumatic Stress</i> , 34(1), 221–228. https://doi.org/10.1002/jts.22587	Peer Reviewed Article
Jensen, C. L., Rodriguez, K. E., MacLean, E. L., Leighton, S. C., & O'Haire, M. E. (2022). Characterizing veteran and PTSD service dog teams: Exploring potential mechanisms of symptom change and canine predictors of efficacy. <i>PLoS ONE</i> , 17(7), Article e0269186. https://doi.org/10.1371/journal.pone.0269186	Peer Reviewed Article
Kloep, M. L., Hunter, R. H., & Kertz, S. J. (2017). Examining the effects of a novel training program and use of psychiatric service dogs for military-related PTSD and associated symptoms. <i>American Journal of Orthopsychiatry</i> , 87(4), 425–433. https://doi.org/10.1037/ort0000254	Controlled Trial
Krause-Parello, C. A., & Morales, K. A. (2018). Military veterans and service dogs: A qualitative inquiry using interpretive phenomenological analysis. <i>Anthrozoös</i> , 31(1), 61–75. https://doi.org/10.1080/08927936.2018.1406201	Peer Reviewed Article
Krause-Parello, C. A., Friedmann, E., Taber, D., Zhu, H., Quintero, A., & Yount, R. (2025). Veterans training service dogs for other veterans: An animal-assisted intervention for post-traumatic stress disorder. <i>Behavioral Sciences</i> , 15(9), Article 1180. https://doi.org/10.3390/bs15091180	Controlled Trial
Krause-Parello, C. A., Pratt, B. A., Meyer, E., & Browne-Banic, L. (2021). Veterans and animals: A review of the literature on well-being and social isolation and recommendations during COVID-19. <i>Journal of Military, Veteran and Family Health</i> , 7(s2), 113–122. https://doi.org/10.3138/jmvfh-2021-0030	Review/Meta-Analysis
Krause-Parello, C. A., Sarni, S., & Padden, E. (2016). Military veterans and canine assistance for post-traumatic stress disorder: A narrative review of the literature. <i>Nurse Education Today</i> , 47, 43–50. https://doi.org/10.1016/j.nedt.2016.04.020	Review/Meta-Analysis
Krause-Parello, C. A., Spadola, C., Baldwin, J., Sessa, J., & Friedmann, E. (2025). Veterans with service, emotional support, and companion dogs: Examining the relationship between demographics, health characteristics, and intensity of human-animal bond. <i>Behavioral Sciences</i> , 15(5), Article 605. https://doi.org/10.3390/bs15050605	Peer Reviewed Article
Krol, W. (2012). Training the combat and operational stress control dog: An innovative modality for behavioral health. <i>U.S. Army Medical Department Journal</i> , April–June, 46–50.	Peer Reviewed Article
LaFollette, M. R., Rodriguez, K. E., Ogata, N., & O'Haire, M. E. (2019). Military veterans and their PTSD service dogs: Associations between training methods, PTSD severity, dog behavior, and the human-animal bond. <i>Frontiers in Veterinary Science</i> , 6, Article 23. https://doi.org/10.3389/fvets.2019.00023	Peer Reviewed Article
Leighton, S. C., Nieforth, L. O., & O'Haire, M. E. (2022). Assistance dogs for military veterans with PTSD: A systematic review, meta-analysis, and meta-synthesis. <i>PLoS ONE</i> , 17(10), Article e0274960. https://doi.org/10.1371/journal.pone.0274960	Review/Meta-Analysis

Leighton, S. C., Rodriguez, K. E., Jensen, C. L., MacLean, E. L., Davis, L. W., Ashbeck, E. L., Qin, Y., & O'Haire, M. E. (2024). Service dogs for veterans and military members with posttraumatic stress disorder: A nonrandomized controlled trial. <i>JAMA Network Open</i> , 7(6), Article e2414686. https://doi.org/10.1001/jamanetworkopen.2024.14686	Controlled Trial
Leighton, S. C., Rodriguez, K. E., Jensen, C. L., MacLean, E. L., Schwichtenberg, A. J., & O'Haire, M. E. (2025). Sleep-wake dynamics in veteran-service dog dyads: An exploration of overnight concordance. <i>Sleep</i> , 48(5), Article zsac304. https://doi.org/10.1093/sleep/zsac304	Peer Reviewed Article
Leighton, S. C., Rodriguez, K. E., Zhuang, R., Miller, E. A., & O'Haire, M. E. (2024). Psychiatric service dog placements are associated with better daily psychosocial functioning for military veterans with posttraumatic stress disorder. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> . https://doi.org/10.1037/tra0001702	Peer Reviewed Article
Lessard, G., Gagnon, D. H., & Vincent, C. (2020). Changes in physical activity and sleep among veterans using a service dog as a rehabilitation modality for post-traumatic stress disorder: An open-label single-arm exploratory trial using actigraphy-based measures. <i>Journal of Psychosocial Rehabilitation and Mental Health</i> , 7(3), 261–271. https://doi.org/10.1007/s40737-020-00188-z	Peer Reviewed Article
Lessard, G., Vincent, C., Gagnon, D. H., Belleville, G., Auger, E., Lavoie, V., Bherer, L., & Bhatt, M. (2018). Psychiatric service dogs as a tertiary prevention modality for veterans living with post-traumatic stress disorder. <i>Mental Health & Prevention</i> , 10, 42–49. https://doi.org/10.1016/j.mhp.2018.01.002	Peer Reviewed Article
Lloyd, J., Johnston, L., & Lewis, J. (2019). Psychiatric assistance dog use for people living with mental health disorders. <i>Frontiers in Veterinary Science</i> , 6, Article 166. https://doi.org/10.3389/fvets.2019.00166	Peer Reviewed Article
McCall, C. E., Rodriguez, K. E., MacDermid Wadsworth, S. M., Meis, L. A., & O'Haire, M. E. (2020). "A part of our family"? Effects of psychiatric service dogs on quality of life and relationship functioning in military-connected couples. <i>Military Behavioral Health</i> , 8(4), 410–423. https://doi.org/10.1080/21635781.2020.1825243	Peer Reviewed Article
McLaughlin, K., & Hamilton, A. L. (2019). Exploring the influence of service dogs on participation in daily occupations by veterans with PTSD: A pilot study. <i>Australian Occupational Therapy Journal</i> , 66(5), 648–655. https://doi.org/10.1111/1440-1630.12606	Peer Reviewed Article
Mims, D., & Waddell, R. (2016). Animal assisted therapy and trauma survivors. <i>Journal of Evidence-Informed Social Work</i> , 13(5), 452–457. https://doi.org/10.1080/23761407.2016.1166841	Peer Reviewed Article
Neimic, S. (2024). To be of service. <i>Journal of Veterans Studies</i> , 10(1), 236–241. https://doi.org/10.21061/jvs.v10i1.502	Peer Reviewed Article
Newton, R. (2003). Exploring the experiences of living with psychiatric service dogs for veterans with post-traumatic stress disorder [Doctoral dissertation, Adler School of Professional Psychology].	Thesis/Dissertation
Nieforth, L. O., & Leighton, S. C. (2024). Animal-assisted interventions for military families: A systematic review. <i>Frontiers in Public Health</i> , 12, 1–12. https://doi.org/10.3389/fpubh.2024.1372189	Review/Meta-Analysis
Nieforth, L. O., Abdul Wahab, A. H., Sabbaghi, A., MacDermid Wadsworth, S., Foti, D., & O'Haire, M. E. (2022). Quantifying the emotional experiences of partners of veterans with PTSD service dogs using ecological momentary assessment. <i>Complementary Therapies in Clinical Practice</i> , 48, Article 101590. https://doi.org/10.1016/j.ctcp.2022.101590	Peer Reviewed Article
Nieforth, L. O., Craig, E. A., Behmer, V. A., MacDermid Wadsworth, S., & O'Haire, M. E. (2021). PTSD service dogs foster resilience among veterans and military families. <i>Current Psychology</i> , 42, 13207–13219. https://doi.org/10.1007/s12144-021-01990-3	Peer Reviewed Article
Nieforth, L. O., Leighton, S. C., Schwichtenberg, A. J., Wadsworth, S. M., & O'Haire, M. E. (2024). A preliminary analysis of psychiatric service dog placements and sleep patterns of partners of veterans with PTSD. <i>Anthrozoös</i> , 37(1), 125–136. https://doi.org/10.1080/08927936.2023.2268979	Peer Reviewed Article

Nieforth, L. O., Miller, E. A., Wadsworth, S. M., & O'Haire, M. E. (2022). Posttraumatic stress disorder service dogs and the wellbeing of veteran families. <i>European Journal of Psychotraumatology</i> , 13(1), Article 2062997. https://doi.org/10.1080/20008198.2022.2062997	Peer Reviewed Article
Nieforth, L. O., Rodriguez, K. E., & O'Haire, M. E. (2022). Expectations versus experiences of veterans with posttraumatic stress disorder (PTSD) service dogs: An inductive conventional content analysis. <i>Psychological Trauma</i> , 14(3), 347–356. https://doi.org/10.1037/tra0001021	Peer Reviewed Article
Nieforth, L. O., Rodriguez, K. E., Zhuang, R., Miller, E. A., Leighton, S. C., & O'Haire, M. E. (2024). The cortisol awakening response in a 3-month clinical trial of service dogs for veterans with posttraumatic stress disorder. <i>Scientific Reports</i> , 14, Article 5012. https://doi.org/10.1038/s41598-024-54245-9	Peer Reviewed Article
O'Haire, M. E., & Rodriguez, K. E. (2018). Preliminary efficacy of service dogs as a complementary treatment for posttraumatic stress disorder in military members and veterans. <i>Journal of Consulting and Clinical Psychology</i> , 86(2), 179–188. https://doi.org/10.1037/ccp0000267	Peer Reviewed Article
O'Haire, M. E., Guérin, N. A., & Kirkham, A. C. (2015). Animal-assisted intervention for trauma: A systematic literature review. <i>Frontiers in Psychology</i> , 6, Article 1121. https://doi.org/10.3389/fpsyg.2015.01121	Review/Meta-Analysis
Owen, R. P., Finton, B. J., Gibbons, S. W., & DeLeon, P. H. (2016). Canine-assisted adjunct therapy in the military: An intriguing alternative modality. <i>The Journal for Nurse Practitioners</i> , 12(2), 95–101. https://doi.org/10.1016/j.nurpra.2015.09.014	Peer Reviewed Article
Parenti, L. (2019). Service dogs for veterans with PTSD: Taxonomy, work stress, reduction, and matching [Doctoral dissertation, West Virginia University]. Graduate Theses, Dissertations, and Problem Reports. https://doi.org/10.33915/etd.3811	Thesis/Dissertation
Parenti, L. (2019). The effect of dogs on veteran stress and the impact of veteran and service dog personality characteristics. In <i>Service dogs for veterans with PTSD: Taxonomy, work stress, reduction, and matching</i> [Doctoral dissertation, West Virginia University]. https://doi.org/10.33915/etd.3811	Thesis/Dissertation
Parenti, L., Foreman, A., Meade, B. J., & Wirth, O. (2013). A revised taxonomy of assistance animals. <i>Journal of Rehabilitation Research and Development</i> , 50(6), 745–756. https://doi.org/10.1682/JRRD.2012.11.0216	Peer Reviewed Article
Pavelich, A., Dell, C., De Groot, P. (2024). "Exploring the Role of Service Dogs for Canadian Military Veterans Experiencing Suicidality". <i>Human-Animal Interactions</i> . 12(1); https://doi.org/10.1079/hai.2024.0015	Peer Reviewed Article
Porter, M., Winkle, M. Y., & Herlache-Pretzer, E. (2021). Considerations for recommending service dogs versus emotional support animals for veterans with post-traumatic stress disorder. <i>People and Animals: The International Journal of Research and Practice</i> , 4(1), Article 4. https://docs.lib.purdue.edu/paij/vol4/iss1/4/	Peer Reviewed Article
Ramirez, J., Marsteller, J., Gallo, J., Bowie, J., Morlock, L., Engineer, L., Engineer, C., & Frattaroli, S. (2025). Barking up the right tree: A qualitative study of health outcomes among military veteran handlers who receive service dog assistance. <i>Journal of Archives in Military Medicine</i> , 13(3), 1–8. https://doi.org/10.5812/jamm-150086	Peer Reviewed Article
Ramirez, J., Marsteller, J., Gallo, J., Bowie, J., Sharfstein, S., & Hsu, E. B. (2025). Enhancing PTSD management in veterans: A longitudinal study of the therapeutic role of psychiatric service dogs. <i>Journal of Archives in Military Medicine</i> , 13(1), Article e147552. https://doi.org/10.5812/jamm-147552	Peer Reviewed Article
Richerson, J. T., Wagner, T. H., Abrams, T., Skelton, K., Biswas, K., Illarmo, S., McSherry, F., Fallon, M. T., Frakt, A., Pizer, S., Magruder, K. M., Groer, S., Dorn, P. A., Huang, G. D., & Stock, E. M. (2023). Therapeutic and economic benefits of service dogs versus emotional support dogs for veterans with PTSD. <i>Psychiatric Services</i> , 74(8), 790–800. https://doi.org/10.1176/appi.ps.20220138	Controlled Trial

Rodriguez, K. E., Anderson, L. M., Ott, C. A., & O'Haire, M. E. (2021). The effect of a PTSD service dog on military veterans' medication regimens: A cross-sectional pilot study. <i>Anthrozoös</i> , 34(4), 505–521. https://doi.org/10.1080/08927936.2021.1914434	Peer Reviewed Article
Rodriguez, K. E., Bryce, C. I., Granger, D. A., & O'Haire, M. E. (2018). The effect of a service dog on salivary cortisol awakening response in a military population with posttraumatic stress disorder (PTSD). <i>Psychoneuroendocrinology</i> , 98, 202–210. https://doi.org/10.1016/j.psyneuen.2018.04.026	Peer Reviewed Article
Rodriguez, K. E., LaFollette, M. R., Hediger, K., Ogata, N., & O'Haire, M. E. (2020). Defining the PTSD service dog intervention: Perceived importance, usage, and symptom specificity of psychiatric service dogs for military veterans. <i>Frontiers in Psychology</i> , 11, Article 1638. https://doi.org/10.3389/fpsyg.2020.01638	Peer Reviewed Article
Saunders, G. H., Biswas, K., Serpi, T., McGovern, S., Groer, S., Stock, E. M., Magruder, K. M., Stolar, M., Fallon, M. T., Richerson, J. T., Dorn, P. A., & Huang, G. D. (2017). Design and challenges for a randomized, multi-site clinical trial comparing the use of service dogs and emotional support dogs in veterans with post-traumatic stress disorder (PTSD). <i>Contemporary Clinical Trials</i> , 62, 105–113. https://doi.org/10.1016/j.cct.2017.08.017	Peer Reviewed Article
Scotland-Coogan, D. (2019). Anxiety symptoms and sleep disturbance in veterans with posttraumatic stress disorder: The impact of receiving and training a service dog. <i>Anxiety</i> , 15(2), 1–14.	Peer Reviewed Article
Scotland-Coogan, D. (2019). Relationships, socialization and combat veterans: The impact of receiving and training a service dog. <i>The Qualitative Report</i> , 24(8), 1897–1914. https://doi.org/10.46743/2160-3715/2019.3590	Peer Reviewed Article
Scotland-Coogan, D., Whitworth, J. D., & Wharton, T. (2020). Outcomes of participation in a service dog training program for veterans with PTSD. <i>Society & Animals</i> , 28(4), 379–395. https://doi.org/10.1163/15685306-BJA10003	Peer Reviewed Article
Sherman, M., Hutchinson, A. D., Bowen, H., French, T., & Bizo, L. A. (2023). Effectiveness of Operation K9 assistance dogs on suicidality in Australian veterans with PTSD: A 12-month mixed-methods follow-up study. <i>International Journal of Environmental Research and Public Health</i> , 20(15), Article 6495. https://doi.org/10.3390/ijerph20156495	Mixed Methods Study
Shiroff, J. J., Gray, K., Santulli, G. M., & Schuster, M. (2023). A qualitative exploration of the use of service dogs in veterans with post-traumatic stress disorder and traumatic brain injury. <i>Psychiatric Research and Clinical Practice</i> , 5(1), 14–22. https://doi.org/10.1176/appi.prcp.20220029	Peer Reviewed Article
Steele, D. C. (n.d.). Service dogs for wounded warriors with PTSD: Examining the couple relational experience [Master's thesis, Virginia Polytechnic Institute and State University].	Thesis/Dissertation
Stern, S. L., Donahue, D. A., Allison, S., Hatch, J. P., Lancaster, C. L., Benson, T. A., Johnson, A. L., Jeffreys, M. D., Pride, D., Moreno, C., & Peterson, A. L. (2013). Potential benefits of canine companionship for military veterans with posttraumatic stress disorder (PTSD). <i>Society & Animals</i> , 21(6), 568–581. https://doi.org/10.1163/15685306-12341286	Peer Reviewed Article
Stern, S. L., Finley, E. P., Mintz, J., Jeffreys, M. D., Beaver, B. V., Hamilton, B. S., & Peterson, A. L. (2022). Adopting a companion dog helps veterans with posttraumatic stress disorder in a pilot randomized trial. <i>Society & Animals</i> , 30(6), 685–699. https://doi.org/10.1163/15685306-bja10067	Controlled Trial
Sweaney, C. (n.d.). A man's best friend or a soldier's best medicine? How rehabilitation dogs can be utilized to treat veterans with post-traumatic stress disorder [Project report].	Report
Taylor, M. F., Edwards, M. E., & Pooley, J. A. (2013). "Nudging them back to reality": Toward a growing public acceptance of the role dogs fulfill in ameliorating contemporary veterans' PTSD symptoms. <i>Anthrozoös</i> , 26(4), 593–611. https://doi.org/10.2752/175303713X13795775535896	Peer Reviewed Article
Thorne, K. L., Devlin, E. J., & Dingess, K. M. (2017). Service dogs for veterans with PTSD: Implications for workplace success. <i>Career Planning and Adult Development Journal</i> , 33(4), 93–100.	Peer Reviewed Article

Van Buiten, H., Flynn, E., & Morris, K. N. (2021). Dog training as a complementary intervention to support veteran mental health and well-being: A scoping review. <i>Complementary Therapies in Clinical Practice</i> , 44, Article 101425. https://doi.org/10.1016/j.ctcp.2021.101425	Review/Meta-Analysis
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Ramirez, J., Marsteller, J., Gallo, J., Bowie, J., Morlock, L., Engineer, L., Engineer, C., & Frattaroli, S. (2025). Barking up the right tree: A qualitative study of health outcomes among military veteran handlers who receive service dog assistance. <i>Journal of Archives in Military Medicine</i> , 13(3), 1–8. https://doi.org/10.5812/jamm-150086	Peer Reviewed Article

Ramirez, J., Marsteller, J., Gallo, J., Bowie, J., Sharfstein, S., & Hsu, E. B. (2025). Enhancing PTSD management in veterans: A longitudinal study of the therapeutic role of psychiatric service dogs. <i>Journal of Archives in Military Medicine</i> , 13(1), Article e147552. https://doi.org/10.5812/jamm-147552	Peer Reviewed Article
Richerson, J. T., Wagner, T. H., Abrams, T., Skelton, K., Biswas, K., Illarmo, S., McSherry, F., Fallon, M. T., Frakt, A., Pizer, S., Magruder, K. M., Groer, S., Dorn, P. A., Huang, G. D., & Stock, E. M. (2023). Therapeutic and economic benefits of service dogs versus emotional support dogs for veterans with PTSD. <i>Psychiatric Services</i> , 74(8), 790–800. https://doi.org/10.1176/appi.ps.20220138	Controlled Trial
Rintala, D. H., Matamoros, R., & Seitz, L. L. (2008). Effects of assistance dogs on persons with mobility or hearing impairments: A pilot study. <i>Journal of Rehabilitation Research and Development</i> , 45(4), 489–503. https://doi.org/10.1682/JRRD.2007.06.0094	Peer Reviewed Article
Risley-Curtiss, C., Holley, L. C., & Kodiene, S. (2011). "They're there for you": Men's relationships with companion animals. <i>Families in Society</i> , 92(4), 412–418. https://doi.org/10.1606/1044-3894.4149	Peer Reviewed Article
Rodriguez, K. E., Bibbo, J., & O'Haire, M. E. (2020). The effects of service dogs on psychosocial health and wellbeing for individuals with physical disabilities or chronic conditions. <i>Disability and Rehabilitation</i> , 42(10), 1350–1358. https://doi.org/10.1080/09638288.2018.1524520	Peer Reviewed Article
Saunders, G. H., Biswas, K., Serpi, T., McGovern, S., Groer, S., Stock, E. M., Magruder, K. M., Stolar, M., Fallon, M. T., Richerson, J. T., Dorn, P. A., & Huang, G. D. (2017). Design and challenges for a randomized, multi-site clinical trial comparing the use of service dogs and emotional support dogs in veterans with post-traumatic stress disorder (PTSD). <i>Contemporary Clinical Trials</i> , 62, 105–113. https://doi.org/10.1016/j.cct.2017.08.017	Peer Reviewed Article
Scotland-Coogan, D. (2019). Anxiety symptoms and sleep disturbance in veterans with posttraumatic stress disorder: The impact of receiving and training a service dog. <i>Anxiety</i> , 15(2), 1–14.	Peer Reviewed Article
Scotland-Coogan, D., Whitworth, J. D., & Wharton, T. (2020). Outcomes of participation in a service dog training program for veterans with PTSD. <i>Society & Animals</i> , 28(4), 379–395. https://doi.org/10.1163/15685306-BJA10003	Peer Reviewed Article
Sherman, M., Hutchinson, A. D., Bowen, H., French, T., & Bizo, L. A. (2023). Effectiveness of Operation K9 assistance dogs on suicidality in Australian veterans with PTSD: A 12-month mixed-methods follow-up study. <i>International Journal of Environmental Research and Public Health</i> , 20(15), Article 6495. https://doi.org/10.3390/ijerph20156495	Mixed Methods Study
Shiroff, J. J., Gray, K., Santulli, G. M., & Schuster, M. (2023). A qualitative exploration of the use of service dogs in veterans with post-traumatic stress disorder and traumatic brain injury. <i>Psychiatric Research and Clinical Practice</i> , 5(1), 14–22. https://doi.org/10.1176/appi.prp.20220029	Peer Reviewed Article
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Stern, S. L., Donahue, D. A., Allison, S., Hatch, J. P., Lancaster, C. L., Benson, T. A., Johnson, A. L., Jeffreys, M. D., Pride, D., Moreno, C., & Peterson, A. L. (2013). Potential benefits of canine companionship for military veterans with posttraumatic stress disorder (PTSD). <i>Society & Animals</i> , 21(6), 568–581. https://doi.org/10.1163/15685306-12341286	Peer Reviewed Article
Stern, S. L., Finley, E. P., Mintz, J., Jeffreys, M. D., Beaver, B. V., Hamilton, B. S., & Peterson, A. L. (2022). Adopting a companion dog helps veterans with posttraumatic stress disorder in a pilot randomized trial. <i>Society & Animals</i> , 30(6), 685–699. https://doi.org/10.1163/15685306-bja10067	Controlled Trial

Van Buiten, H., Flynn, E., & Morris, K. N. (2021). Dog training as a complementary intervention to support veteran mental health and well-being: A scoping review. <i>Complementary Therapies in Clinical Practice</i> , 44, Article 101425. https://doi.org/10.1016/j.ctcp.2021.101425	Review/Meta-Analysis
Van Houtert, E. A. E., Endenburg, N., Wijnker, J. J., Rodenburg, B., & Vermetten, E. (2018). The study of service dogs for veterans with post-traumatic stress disorder: A scoping literature review. <i>European Journal of Psychotraumatology</i> , 9(sup3), Article 1503523. https://doi.org/10.1080/20008198.2018.1503523	Peer Reviewed Article
van Houtert, E. A., Rodenburg, T. B., Vermetten, E., & Endenburg, N. (2022). The impact of service dogs on military veterans and (ex) first aid responders with post-traumatic stress disorder. <i>Frontiers in Psychiatry</i> , 13, Article 834291. https://doi.org/10.3389/fpsy.2022.834291	Peer Reviewed Article
Vincent, C., Belleville, G., Gagnon, D. H., Auger, É., Lavoie, V., Besemann, M., Champagne, N., & Dumont, F. (2017). A logic model as the sequence of needs and experience that lead PTSD patients to seek a service dog and concerns related to it: A stakeholders' perspective. <i>International Journal of Neurorehabilitation</i> , 4(3), 268–275. https://doi.org/10.4172/2376-0281.1000268	Peer Reviewed Article
Vincent, C., Belleville, G., Gagnon, D. H., Dumont, F., Auger, E., Lavoie, V., Besemann, M., Champagne, N., & Lessard, G. (2017). Effectiveness of service dogs for veterans with PTSD: Preliminary outcomes. <i>Studies in Health Technology and Informatics</i> , 242, 130–136.	Peer Reviewed Article
Vincent, C., Dumont, F., Gagnon, D., Belleville, G., Auger, E., Lavoie, V., Bherer, L., & Bhatt, M. (2019). Psychiatric service dog outcomes for veterans with posttraumatic stress disorder over an 18-month period: A pilot study. <i>Journal of Neurology and Psychiatric Disorders</i> , 1, 1–12. https://hdl.handle.net/20.500.11794/129423	Peer Reviewed Article
Vincent, C., Gagnon, D. H., Dumont, F., Auger, E., Lavoie, V., Champagne, N., Belleville, G., Béland, E., Bernier-Banville, J., & Bourassa, J. (2019). Service dog schools for PTSD as a tertiary prevention modality: Assessment based on Assistance Dogs International criteria and theoretical domains framework. <i>Neurophysiology and Rehabilitation</i> , 2, 29–41.	Peer Reviewed Article
Vitte, P., Bragg, K., Graham, D., Davidson, J., Bratten, T., & Angus-Leppan, G. (2021). The role of canines in the treatment of posttraumatic stress disorder: A systematic review. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> , 13(8), 899–906. https://doi.org/10.1037/tra0001083	Review/Meta-Analysis
Weatherill, C. Bould, E., Iannos, M., Callaway, L., & Van Hoof, M. (2026). “I have my partner back”: Partners’ perspectives of PTSD assistance dogs for military and emergency service personnel. <i>Journal of Military, Veteran and Family Health</i> . https://doi.org/10.3138/jmvfh-2024-0084	Peer Reviewed Article
Weaver, M., & Geppert, C. (2023). Salute to service dogs. <i>Federal Practitioner</i> , 40(9), 278–280. https://doi.org/10.12788/fp.0414	Peer Reviewed Article
Webberson, E., Knight, M. P., & Stellato, A. C. (2025). US veterans' preferences for, and predictors of participation and positive experiences in, animal-assisted interventions: A cross-sectional survey. <i>Anthrozoös</i> . https://doi.org/10.1080/08927936.2025.2458213	Peer Reviewed Article
Webberson, E., Schroeder, K., Binfet, J. T., & Stellato, A. C. (2024). Supporting animals and veterans through enrichment: An exploratory study on a brief canine socializing intervention. <i>Human–Animal Interactions</i> , 12(1), 1–14. https://doi.org/10.1079/hai.2024.0020	Peer Reviewed Article
Whitworth, J. D., Scotland-Coogan, D., & Wharton, T. (2019). Service dog training programs for veterans with PTSD: Results of a pilot controlled study. <i>Social Work in Health Care</i> , 58(4), 412–430. https://doi.org/10.1080/00981389.2019.1580238	Peer Reviewed Article
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Whitworth, J., O'Brien, C., Wharton, T., & Scotland-Coogan, D. (2020). Understanding partner perceptions of a service dog training program for veterans with PTSD: Building a bridge to trauma resiliency. <i>Social Work in Mental Health</i> , 18(6), 604–622. https://doi.org/10.1080/15332985.2020.1806181	Peer Reviewed Article
Williamson, L., Dell, C., Chalmers, D., Cruz, M., & De Groot, P. (2021). Strengthening Zooeyia: Understanding the Human-Animal Bond between Veterans Living with Comorbid Substance Use and Posttraumatic Stress Disorder and their Service Dogs. <i>Human-Animal Interaction Bulletin</i> , 10(2), 20-47.	Peer Reviewed Article
Williamson, L., Rath, G., & Dell, C. (2025). An exploratory investigation of psychosocial effects of service dogs on veterans' families from the perspective of family members. <i>Frontiers in Psychology</i> , 29. https://doi.org/10.3389/fpsyg.2025.1574445	Peer Reviewed Article
Williamson, L., Rath, G., Arisman, K., Moss, J., & Dell, C. A. (2024). The effect of service dogs on veterans' romantic partners and relationships: A preliminary mixed-methods study. <i>Human-Animal Interactions</i> . https://doi.org/10.1079/hai.2024.0039	Peer Reviewed Article
Winkle, M., Crowe, T. K., & Hendrix, I. (2012). Service dogs and people with physical disabilities partnerships: A systematic review. <i>Occupational Therapy International</i> , 19(1), 54–66. https://doi.org/10.1002/oti.323	Review/Meta-Analysis
Woodward, S. H., Jamison, A. L., Khan, C., Gala, S., Bhowmick, C., Villasenor, D., Tamayo, G., Puckett, M., & Parker, K. J. (2022). Reading the mind in the eyes in PTSD: Limited moderation by the presence of a service dog. <i>Journal of Psychiatric Research</i> , 155, 320–330. https://doi.org/10.1016/j.jpsychires.2022.09.012	Peer Reviewed Article
Yarborough, B. J. H., Owen-Smith, A. A., Stumbo, S. P., Yarborough, M. T., Perrin, N. A., & Green, C. A. (2017). An observational study of service dogs for veterans with posttraumatic stress disorder. <i>Psychiatric Services</i> , 68(7), 730–734. https://doi.org/10.1176/appi.ps.201500383	Peer Reviewed Article
Yarborough, B. J. H., Stumbo, S. P., Yarborough, M. T., Owen-Smith, A., & Green, C. A. (2018). Benefits and challenges of using service dogs for veterans with posttraumatic stress disorder. <i>Psychiatric Rehabilitation Journal</i> , 41(2), 118–124. https://doi.org/10.1037/prj0000294	Peer Reviewed Article
Yount, R. A., Olmert, M. D., & Lee, M. R. (2012). Service dog training program for treatment of posttraumatic stress in service members. <i>U.S. Army Medical Department Journal</i> , April–June, 63–69. https://www.ncbi.nlm.nih.gov/pubmed/22388685	Peer Reviewed Article
Yount, R. A., Ritchie, E. C., Laurent, M. S., Chumley, P., & Olmert, M. D. (2013). The role of service dog training in the treatment of combat-related PTSD. <i>Psychiatric Annals</i> , 43(6), 292–295. https://doi.org/10.3928/00485713-20130605-11	Peer Reviewed Article

Social Reintegration

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Avendano, A., Espinal, M., Tran, V., & Ramirez, J. (2026). Grabbing the leash on life: Understanding the role of the service dog to align expectations. <i>Journal of Archives in Military Medicine</i> , 14(1), 1–8. https://doi.org/10.5812/jamm-153712	Peer Reviewed Article
Burrows, K. E., Adams, C. L., & Spiers, J. (2008). Sentinels of safety: Service dogs ensure safety and enhance freedom and well-being for families with autistic children. <i>Qualitative Health Research</i> , 18(12), 1642–1649. https://doi.org/10.1177/1049732308327088	Peer Reviewed Article
Crowe, T. K., Sánchez, V., Durden, C., O'Brien y Gómez, M., Schroeder, K., & Neville, C. (2020). Effects of a court-ordered service dog training program with US veterans: A qualitative study. <i>Society & Animals</i> , 28(4), 396–415. https://doi.org/10.1163/15685306-BJA10004	Peer Reviewed Article

Crowe, T. K., Sánchez, V., Howard, A., Western, B., & Barger, S. (2018). Veterans transitioning from isolation to integration: A look at veteran/service dog partnerships. <i>Disability and Rehabilitation</i> , 40(24), 2953–2961. https://doi.org/10.1080/09638288.2017.1363301	Peer Reviewed Article
Furst, G. (2015). Prisoners, pups, and PTSD: The grassroots response to veterans with PTSD. <i>Contemporary Justice Review</i> , 18(1), 26–38. https://doi.org/10.1080/10282580.2015.1005263	Peer Reviewed Article
Furst, G. (2016). Helping war veterans with posttraumatic stress disorder: Incarcerated individuals' role in therapeutic animal programs. <i>Journal of Psychosocial Nursing and Mental Health Services</i> , 54(4), 49–57. https://doi.org/10.3928/02793695-20160318-08	Peer Reviewed Article
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Graham, T. M., Lucyk, K., Diep, L., & Rock, M. J. (2022). Discrimination towards people partnered with assistance dogs in Canada: Implications for policy and practice. <i>Society & Animals</i> , 30(2), 210–245. https://doi.org/10.1163/15685306-12341556	Peer Reviewed Article
Krause-Parello, C. A., Pratt, B. A., Meyer, E., & Browne-Banic, L. (2021). Veterans and animals: A review of the literature on well-being and social isolation and recommendations during COVID-19. <i>Journal of Military, Veteran and Family Health</i> , 7(s2), 113–122. https://doi.org/10.3138/jmvfh-2021-0030	Review/Meta-Analysis
Leighton, S. C., Rodriguez, K. E., Jensen, C. L., MacLean, E. L., Davis, L. W., Ashbeck, E. L., Qin, Y., & O'Haire, M. E. (2024). Service dogs for veterans and military members with posttraumatic stress disorder: A nonrandomized controlled trial. <i>JAMA Network Open</i> , 7(6), Article e2414686. https://doi.org/10.1001/jamanetworkopen.2024.14686	Controlled Trial
Leighton, S. C., Rodriguez, K. E., Zhuang, R., Miller, E. A., & O'Haire, M. E. (2024). Psychiatric service dog placements are associated with better daily psychosocial functioning for military veterans with posttraumatic stress disorder. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> . https://doi.org/10.1037/tra0001702	Peer Reviewed Article
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McCall, C. E., Rodriguez, K. E., MacDermid Wadsworth, S. M., Meis, L. A., & O'Haire, M. E. (2020). "A part of our family"? Effects of psychiatric service dogs on quality of life and relationship functioning in military-connected couples. <i>Military Behavioral Health</i> , 8(4), 410–423. https://doi.org/10.1080/21635781.2020.1825243	Peer Reviewed Article
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McLaughlin, K., & Hamilton, A. L. (2019). Exploring the influence of service dogs on participation in daily occupations by veterans with PTSD: A pilot study. <i>Australian Occupational Therapy Journal</i> , 66(5), 648–655. https://doi.org/10.1111/1440-1630.12606	Peer Reviewed Article
McManus, B., Good, G., & Yeung, P. (2021). Interactions between public and assistance dog handlers and trainers. <i>Animals</i> , 11(12), Article 3359. https://doi.org/10.3390/ani11123359	Peer Reviewed Article
Mills, M. (2017). Invisible disabilities, visible service dogs: The discrimination of service dog handlers. <i>Disability & Society</i> , 32(5), 635–656. https://doi.org/10.1080/09687599.2017.1307718	Peer Reviewed Article
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Scotland-Coogan, D. (2019). Relationships, socialization and combat veterans: The impact of receiving and training a service dog. <i>The Qualitative Report</i> , 24(8), 1897–1914. https://doi.org/10.46743/2160-3715/2019.3590	Peer Reviewed Article

Scotland-Coogan, D., Whitworth, J. D., & Wharton, T. (2020). Outcomes of participation in a service dog training program for veterans with PTSD. <i>Society & Animals</i> , 28(4), 379–395. https://doi.org/10.1163/15685306-BJA10003	Peer Reviewed Article
Steele, D. C. (n.d.). Service dogs for wounded warriors with PTSD: Examining the couple relational experience [Master's thesis, Virginia Polytechnic Institute and State University].	Thesis/Dissertation
Stern, S. L., Finley, E. P., Mintz, J., Jeffreys, M. D., Beaver, B. V., Hamilton, B. S., & Peterson, A. L. (2022). Adopting a companion dog helps veterans with posttraumatic stress disorder in a pilot randomized trial. <i>Society & Animals</i> , 30(6), 685–699. https://doi.org/10.1163/15685306-bja10067	Controlled Trial
Weatherill, C. Bould, E., Iannos, M., Callaway, L., & Van Hoof, M. (2026). “I have my partner back”: Partners’ perspectives of PTSD assistance dogs for military and emergency service personnel. <i>Journal of Military, Veteran and Family Health</i> . https://doi.org/10.3138/jmvfh-2024-0084	Peer Reviewed Article
Webberson, E., Schroeder, K., Binfet, J. T., & Stellato, A. C. (2024). Supporting animals and veterans through enrichment: An exploratory study on a brief canine socializing intervention. <i>Human–Animal Interactions</i> , 12(1), 1–14. https://doi.org/10.1079/hai.2024.0020	Peer Reviewed Article
Whitworth, J. D., Scotland-Coogan, D., & Wharton, T. (2019). Service dog training programs for veterans with PTSD: Results of a pilot controlled study. <i>Social Work in Health Care</i> , 58(4), 412–430. https://doi.org/10.1080/00981389.2019.1580238	Peer Reviewed Article
Williamson, L., Rath, G., & Dell, C. (2025). An exploratory investigation of psychosocial effects of service dogs on veterans’ families from the perspective of family members. <i>Frontiers in Psychology</i> , 29. https://doi.org/10.3389/fpsyg.2025.1574445	Peer Reviewed Article
Williamson, L., Rath, G., Arisman, K., Moss, J., & Dell, C. A. (2024). The effect of service dogs on veterans' romantic partners and relationships: A preliminary mixed-methods study. <i>Human-Animal Interactions</i> . https://doi.org/10.1079/hai.2024.0039	Peer Reviewed Article
Woodward, S. H., Jamison, A. L., Khan, C., Gala, S., Bhowmick, C., Villasenor, D., Tamayo, G., Puckett, M., & Parker, K. J. (2022). Reading the mind in the eyes in PTSD: Limited moderation by the presence of a service dog. <i>Journal of Psychiatric Research</i> , 155, 320–330. https://doi.org/10.1016/j.jpsychires.2022.09.012	Peer Reviewed Article

Depression

Abraham, P. A., Kazman, J. B., Bonner, J. A., Olmert, M. D., Yount, R. A., & Deuster, P. A. (2021). Effects of training service dogs on service members with PTSD: A pilot-feasibility randomized study with mixed methods. <i>Military Psychology</i> , 34(2), 187–196. https://doi.org/10.1080/08995605.2021.1984126	Controlled Trial
Adler, R. H., Straud, C. L., Peterson, A. L., Jeffreys, M. D., Hamilton, B. S., & Stern, S. L. (2024). The effect of companion dog adoption on loneliness in veterans with posttraumatic stress disorder: An exploratory study. <i>Traumatology</i> . https://doi.org/10.1037/trm0000245	Peer Reviewed Article
Bergen-Cico, D., Smith, Y., Wolford, K., Gooley, C., Hannon, K., Woodruff, R., Spicer, M., & Gump, B. (2018). Dog ownership and training reduces post-traumatic stress symptoms and increases self-compassion among veterans: Results of a longitudinal control study. <i>The Journal of Alternative and Complementary Medicine</i> , 24(12), 1166–1175. https://doi.org/10.1089/acm.2018.0139	Peer Reviewed Article
Galsgaard, A., & Eskelund, K. (2020). An explorative clinical pilot study into the effect of service dogs on chronic posttraumatic stress disorder. <i>Traumatology</i> , 26(4), 361–369. https://doi.org/10.1037/trm0000253	Peer Reviewed Article
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nonrandomized, observational study in a military sample. <i>Psychiatric Annals</i> , 52(5), 191–198. https://doi.org/10.3928/00485713-20220421-01	
Hansen, C., Iannos, M., & Van Hooff, M. (2023). Assistance dogs help reduce mental health symptoms among Australian Defence Force veterans and emergency services personnel: A pilot study. <i>Psychiatry Research</i> , 324, Article 115212. https://doi.org/10.1016/j.psychres.2023.115212	Peer Reviewed Article
Jensen, C. L., Rodriguez, K. E., & O'Haire, M. E. (2021). Service dogs for veterans and military members with posttraumatic stress disorder: Replication with the PTSD Checklist for DSM-5. <i>Journal of Traumatic Stress</i> , 34(1), 221–228. https://doi.org/10.1002/jts.22587	Peer Reviewed Article
Kloep, M. L., Hunter, R. H., & Kertz, S. J. (2017). Examining the effects of a novel training program and use of psychiatric service dogs for military-related PTSD and associated symptoms. <i>American Journal of Orthopsychiatry</i> , 87(4), 425–433. https://doi.org/10.1037/ort0000254	Controlled Trial
Leighton, S. C., Nieforth, L. O., & O'Haire, M. E. (2022). Assistance dogs for military veterans with PTSD: A systematic review, meta-analysis, and meta-synthesis. <i>PLoS ONE</i> , 17(10), Article e0274960. https://doi.org/10.1371/journal.pone.0274960	Review/Meta-Analysis
Leighton, S. C., Rodriguez, K. E., Jensen, C. L., MacLean, E. L., Davis, L. W., Ashbeck, E. L., Qin, Y., & O'Haire, M. E. (2024). Service dogs for veterans and military members with posttraumatic stress disorder: A nonrandomized controlled trial. <i>JAMA Network Open</i> , 7(6), Article e2414686. https://doi.org/10.1001/jamanetworkopen.2024.14686	Controlled Trial
Leighton, S. C., Rodriguez, K. E., Zhuang, R., Miller, E. A., & O'Haire, M. E. (2024). Psychiatric service dog placements are associated with better daily psychosocial functioning for military veterans with posttraumatic stress disorder. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> . https://doi.org/10.1037/tra0001702	Peer Reviewed Article
O'Haire, M. E., & Rodriguez, K. E. (2018). Preliminary efficacy of service dogs as a complementary treatment for posttraumatic stress disorder in military members and veterans. <i>Journal of Consulting and Clinical Psychology</i> , 86(2), 179–188. https://doi.org/10.1037/ccp0000267	Peer Reviewed Article
O'Haire, M. E., Guérin, N. A., & Kirkham, A. C. (2015). Animal-assisted intervention for trauma: A systematic literature review. <i>Frontiers in Psychology</i> , 6, Article 1121. https://doi.org/10.3389/fpsyg.2015.01121	Review/Meta-Analysis
Owen, R. P., Finton, B. J., Gibbons, S. W., & DeLeon, P. H. (2016). Canine-assisted adjunct therapy in the military: An intriguing alternative modality. <i>The Journal for Nurse Practitioners</i> , 12(2), 95–101. https://doi.org/10.1016/j.nurpra.2015.09.014	Peer Reviewed Article
Ramirez, J., Marsteller, J., Gallo, J., Bowie, J., Sharfstein, S., & Hsu, E. B. (2025). Enhancing PTSD management in veterans: A longitudinal study of the therapeutic role of psychiatric service dogs. <i>Journal of Archives in Military Medicine</i> , 13(1), Article e147552. https://doi.org/10.5812/jamm-147552	Peer Reviewed Article
Richerson, J. T., Wagner, T. H., Abrams, T., Skelton, K., Biswas, K., Illarmo, S., McSherry, F., Fallon, M. T., Frakt, A., Pizer, S., Magruder, K. M., Groer, S., Dorn, P. A., Huang, G. D., & Stock, E. M. (2023). Therapeutic and economic benefits of service dogs versus emotional support dogs for veterans with PTSD. <i>Psychiatric Services</i> , 74(8), 790–800. https://doi.org/10.1176/appi.ps.20220138	Controlled Trial
Sherman, M., Hutchinson, A. D., Bowen, H., French, T., & Bizo, L. A. (2023). Effectiveness of Operation K9 assistance dogs on suicidality in Australian veterans with PTSD: A 12-month mixed-methods follow-up study. <i>International Journal of Environmental Research and Public Health</i> , 20(15), Article 6495. https://doi.org/10.3390/ijerph20156495	Mixed Methods Study
Stern, S. L., Finley, E. P., Mintz, J., Jeffreys, M. D., Beaver, B. V., Hamilton, B. S., & Peterson, A. L. (2022). Adopting a companion dog helps veterans with posttraumatic stress disorder in a pilot randomized trial. <i>Society & Animals</i> , 30(6), 685–699. https://doi.org/10.1163/15685306-bja10067	Controlled Trial

Van Houtert, E. A. E., Endenburg, N., Wijnker, J. J., Rodenburg, B., & Vermetten, E. (2018). The study of service dogs for veterans with post-traumatic stress disorder: A scoping literature review. <i>European Journal of Psychotraumatology</i> , 9(sup3), Article 1503523. https://doi.org/10.1080/20008198.2018.1503523	Peer Reviewed Article
van Houtert, E. A., Rodenburg, T. B., Vermetten, E., & Endenburg, N. (2022). The impact of service dogs on military veterans and (ex) first aid responders with post-traumatic stress disorder. <i>Frontiers in Psychiatry</i> , 13, Article 834291. https://doi.org/10.3389/fpsy.2022.834291	Peer Reviewed Article
Vitte, P., Bragg, K., Graham, D., Davidson, J., Bratten, T., & Angus-Leppan, G. (2021). The role of canines in the treatment of posttraumatic stress disorder: A systematic review. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> , 13(8), 899–906. https://doi.org/10.1037/tra0001083	Review/Meta-Analysis
Weatherill, C. Bould, E., Iannos, M., Callaway, L., & Van Hoof, M. (2026). “I have my partner back”: Partners’ perspectives of PTSD assistance dogs for military and emergency service personnel. <i>Journal of Military, Veteran and Family Health</i> . https://doi.org/10.3138/jmvfh-2024-0084	Peer Reviewed Article
Whitworth, J. D., Scotland-Coogan, D., & Wharton, T. (2019). Service dog training programs for veterans with PTSD: Results of a pilot controlled study. <i>Social Work in Health Care</i> , 58(4), 412–430. https://doi.org/10.1080/00981389.2019.1580238	Peer Reviewed Article

Anxiety

Abraham, P. A., Kazman, J. B., Bonner, J. A., Olmert, M. D., Yount, R. A., & Deuster, P. A. (2021). Effects of training service dogs on service members with PTSD: A pilot-feasibility randomized study with mixed methods. <i>Military Psychology</i> , 34(2), 187–196. https://doi.org/10.1080/08995605.2021.1984126	Controlled Trial
Friedmann, E., Krause-Parello, C. A., Taber, D., & Yount, R. (2025). Veterans with post-traumatic stress disorder (PTSD): Does participating in a service dog training program reduce their symptoms? <i>Anthrozoös</i> . https://doi.org/10.1080/08927936.2025.2529681	Peer Reviewed Article
Galsgaard, A., & Eskelund, K. (2020). An explorative clinical pilot study into the effect of service dogs on chronic posttraumatic stress disorder. <i>Traumatology</i> , 26(4), 361–369. https://doi.org/10.1037/trm0000253	Peer Reviewed Article
Hansen, C., Iannos, M., & Van Hooff, M. (2023). Assistance dogs help reduce mental health symptoms among Australian Defence Force veterans and emergency services personnel: A pilot study. <i>Psychiatry Research</i> , 324, Article 115212. https://doi.org/10.1016/j.psychres.2023.115212	Peer Reviewed Article
Jensen, C. L., Rodriguez, K. E., & O’Haire, M. E. (2021). Service dogs for veterans and military members with posttraumatic stress disorder: Replication with the PTSD Checklist for DSM-5. <i>Journal of Traumatic Stress</i> , 34(1), 221–228. https://doi.org/10.1002/jts.22587	Peer Reviewed Article
Kloep, M. L., Hunter, R. H., & Kertz, S. J. (2017). Examining the effects of a novel training program and use of psychiatric service dogs for military-related PTSD and associated symptoms. <i>American Journal of Orthopsychiatry</i> , 87(4), 425–433. https://doi.org/10.1037/ort0000254	Controlled Trial
Krause-Parello, C. A., Friedmann, E., Taber, D., Zhu, H., Quintero, A., & Yount, R. (2025). Veterans training service dogs for other veterans: An animal-assisted intervention for post-traumatic stress disorder. <i>Behavioral Sciences</i> , 15(9), Article 1180. https://doi.org/10.3390/bs15091180	Controlled Trial
Leighton, S. C., Nieforth, L. O., & O’Haire, M. E. (2022). Assistance dogs for military veterans with PTSD: A systematic review, meta-analysis, and meta-synthesis. <i>PLoS ONE</i> , 17(10), Article e0274960. https://doi.org/10.1371/journal.pone.0274960	Review/Meta-Analysis

Leighton, S. C., Rodriguez, K. E., Jensen, C. L., MacLean, E. L., Davis, L. W., Ashbeck, E. L., Qin, Y., & O'Haire, M. E. (2024). Service dogs for veterans and military members with posttraumatic stress disorder: A nonrandomized controlled trial. <i>JAMA Network Open</i> , 7(6), Article e2414686. https://doi.org/10.1001/jamanetworkopen.2024.14686	Controlled Trial
O'Haire, M. E., & Rodriguez, K. E. (2018). Preliminary efficacy of service dogs as a complementary treatment for posttraumatic stress disorder in military members and veterans. <i>Journal of Consulting and Clinical Psychology</i> , 86(2), 179–188. https://doi.org/10.1037/ccp0000267	Peer Reviewed Article
O'Haire, M. E., Guérin, N. A., & Kirkham, A. C. (2015). Animal-assisted intervention for trauma: A systematic literature review. <i>Frontiers in Psychology</i> , 6, Article 1121. https://doi.org/10.3389/fpsyg.2015.01121	Review/Meta-Analysis
Owen, R. P., Finton, B. J., Gibbons, S. W., & DeLeon, P. H. (2016). Canine-assisted adjunct therapy in the military: An intriguing alternative modality. <i>The Journal for Nurse Practitioners</i> , 12(2), 95–101. https://doi.org/10.1016/j.nurpra.2015.09.014	Peer Reviewed Article
Ramirez, J., Marsteller, J., Gallo, J., Bowie, J., Sharfstein, S., & Hsu, E. B. (2025). Enhancing PTSD management in veterans: A longitudinal study of the therapeutic role of psychiatric service dogs. <i>Journal of Archives in Military Medicine</i> , 13(1), Article e147552. https://doi.org/10.5812/jamm-147552	Peer Reviewed Article
Scotland-Coogan, D. (2019). Anxiety symptoms and sleep disturbance in veterans with posttraumatic stress disorder: The impact of receiving and training a service dog. <i>Anxiety</i> , 15(2), 1–14.	Peer Reviewed Article
van Houtert, E. A., Rodenburg, T. B., Vermetten, E., & Endenburg, N. (2022). The impact of service dogs on military veterans and (ex) first aid responders with post-traumatic stress disorder. <i>Frontiers in Psychiatry</i> , 13, Article 834291. https://doi.org/10.3389/fpsyg.2022.834291	Peer Reviewed Article
Vitte, P., Bragg, K., Graham, D., Davidson, J., Bratten, T., & Angus-Leppan, G. (2021). The role of canines in the treatment of posttraumatic stress disorder: A systematic review. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> , 13(8), 899–906. https://doi.org/10.1037/tra0001083	Review/Meta-Analysis
Weatherill, C. Bould, E., Iannos, M., Callaway, L., & Van Hoof, M. (2026). "I have my partner back": Partners' perspectives of PTSD assistance dogs for military and emergency service personnel. <i>Journal of Military, Veteran and Family Health</i> . https://doi.org/10.3138/jmvfh-2024-0084	Peer Reviewed Article
Woodward, S. H., Jamison, A. L., Gala, S., & Holmes, T. H. (2017). Canine companionship is associated with modification of attentional bias in posttraumatic stress disorder. <i>PLoS ONE</i> , 12(10), Article e0179912. https://doi.org/10.1371/journal.pone.0179912	Peer Reviewed Article

Families & Service Dogs

Burrows, K. E., Adams, C. L., & Spiers, J. (2008). Sentinels of safety: Service dogs ensure safety and enhance freedom and well-being for families with autistic children. <i>Qualitative Health Research</i> , 18(12), 1642–1649. https://doi.org/10.1177/1049732308327088	Peer Reviewed Article
De Lange, E. L., Rodenburg, T. B., Boelen, P. A., Endenburg, N., & Vermetten, E. (2026). The influence of service dogs on families of veterans with PTSD: A systematic literature review. <i>Anthrozoös</i> . https://doi.org/10.1080/08927936.2025.2448812	Review/Meta-Analysis
Harvie, M., Bould, E., Iannos, M., Van Hooff, M., & Callaway, L. (2026). 'It's not just changed my dad's life, it changed ours too': Adult children's perspectives of PTSD assistance dogs. <i>Journal of Military, Veteran and Family Health</i> , 12(2), 77–88. https://doi.org/10.3138/jmvfh-2024-0073	Peer Reviewed Article

McCall, C. E., Rodriguez, K. E., MacDermid Wadsworth, S. M., Meis, L. A., & O'Haire, M. E. (2020). "A part of our family"? Effects of psychiatric service dogs on quality of life and relationship functioning in military-connected couples. <i>Military Behavioral Health</i> , 8(4), 410–423. https://doi.org/10.1080/21635781.2020.1825243	Peer Reviewed Article
Nieforth, L. O., & Leighton, S. C. (2024). Animal-assisted interventions for military families: A systematic review. <i>Frontiers in Public Health</i> , 12, 1–12. https://doi.org/10.3389/fpubh.2024.1372189	Review/Meta-Analysis
Nieforth, L. O., Abdul Wahab, A. H., Sabbaghi, A., MacDermid Wadsworth, S., Foti, D., & O'Haire, M. E. (2022). Quantifying the emotional experiences of partners of veterans with PTSD service dogs using ecological momentary assessment. <i>Complementary Therapies in Clinical Practice</i> , 48, Article 101590. https://doi.org/10.1016/j.ctcp.2022.101590	Peer Reviewed Article
Nieforth, L. O., Craig, E. A., Behmer, V. A., MacDermid Wadsworth, S., & O'Haire, M. E. (2021). PTSD service dogs foster resilience among veterans and military families. <i>Current Psychology</i> , 42, 13207–13219. https://doi.org/10.1007/s12144-021-01990-3	Peer Reviewed Article
Nieforth, L. O., Leighton, S. C., Schwichtenberg, A. J., Wadsworth, S. M., & O'Haire, M. E. (2024). A preliminary analysis of psychiatric service dog placements and sleep patterns of partners of veterans with PTSD. <i>Anthrozoös</i> , 37(1), 125–136. https://doi.org/10.1080/08927936.2023.2268979	Peer Reviewed Article
Nieforth, L. O., Miller, E. A., Wadsworth, S. M., & O'Haire, M. E. (2022). Posttraumatic stress disorder service dogs and the wellbeing of veteran families. <i>European Journal of Psychotraumatology</i> , 13(1), Article 2062997. https://doi.org/10.1080/20008198.2022.2062997	Peer Reviewed Article
Smyth, C., & Slevin, E. (2010). Experiences of family life with an autism assistance dog. <i>Learning Disability Practice</i> , 13(4), 12–17. https://doi.org/10.7748/ldp2010.05.13.4.12.c7758	Peer Reviewed Article
Steele, D. C. (n.d.). Service dogs for wounded warriors with PTSD: Examining the couple relational experience [Master's thesis, Virginia Polytechnic Institute and State University].	Thesis/Dissertation
Weatherill, C. Bould, E., Iannos, M., Callaway, L., & Van Hoof, M. (2026). "I have my partner back": Partners' perspectives of PTSD assistance dogs for military and emergency service personnel. <i>Journal of Military, Veteran and Family Health</i> . https://doi.org/10.3138/jmvfh-2024-0084	Peer Reviewed Article
Weaver, M., & Geppert, C. (2023). Salute to service dogs. <i>Federal Practitioner</i> , 40(9), 278–280. https://doi.org/10.12788/fp.0414	Peer Reviewed Article
Whitworth, J., O'Brien, C., Wharton, T., & Scotland-Coogan, D. (2020). Understanding partner perceptions of a service dog training program for veterans with PTSD: Building a bridge to trauma resiliency. <i>Social Work in Mental Health</i> , 18(6), 604–622. https://doi.org/10.1080/15332985.2020.1806181	Peer Reviewed Article
Williamson, L., Rath, G., & Dell, C. (2025). An exploratory investigation of psychosocial effects of service dogs on veterans' families from the perspective of family members. <i>Frontiers in Psychology</i> , 29. https://doi.org/10.3389/fpsyg.2025.1574445	Peer Reviewed Article
Williamson, L., Rath, G., Arisman, K., Moss, J., & Dell, C. A. (2024). The effect of service dogs on veterans' romantic partners and relationships: A preliminary mixed-methods study. <i>Human-Animal Interactions</i> . https://doi.org/10.1079/hai.2024.0039	Peer Reviewed Article

Caregiver/Family Burden

De Lange, E. L., Rodenburg, T. B., Boelen, P. A., Endenburg, N., & Vermetten, E. (2026). The influence of service dogs on families of veterans with PTSD: A systematic literature review. <i>Anthrozoös</i> . https://doi.org/10.1080/08927936.2025.2448812	Review/Meta-Analysis
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Harvie, M., Bould, E., Iannos, M., Van Hooff, M., & Callaway, L. (2026). 'It's not just changed my dad's life, it changed ours too': Adult children's perspectives of PTSD assistance dogs. <i>Journal of Military, Veteran and Family Health</i> , 12(2), 77–88. https://doi.org/10.3138/jmvfh-2024-0073	Peer Reviewed Article
McCall, C. E., Rodriguez, K. E., MacDermid Wadsworth, S. M., Meis, L. A., & O'Haire, M. E. (2020). "A part of our family"? Effects of psychiatric service dogs on quality of life and relationship functioning in military-connected couples. <i>Military Behavioral Health</i> , 8(4), 410–423. https://doi.org/10.1080/21635781.2020.1825243	Peer Reviewed Article
Nieforth, L. O., & Leighton, S. C. (2024). Animal-assisted interventions for military families: A systematic review. <i>Frontiers in Public Health</i> , 12, 1–12. https://doi.org/10.3389/fpubh.2024.1372189	Review/Meta-Analysis
Nieforth, L. O., Abdul Wahab, A. H., Sabbaghi, A., MacDermid Wadsworth, S., Foti, D., & O'Haire, M. E. (2022). Quantifying the emotional experiences of partners of veterans with PTSD service dogs using ecological momentary assessment. <i>Complementary Therapies in Clinical Practice</i> , 48, Article 101590. https://doi.org/10.1016/j.ctcp.2022.101590	Peer Reviewed Article
Nieforth, L. O., Craig, E. A., Behmer, V. A., MacDermid Wadsworth, S., & O'Haire, M. E. (2021). PTSD service dogs foster resilience among veterans and military families. <i>Current Psychology</i> , 42, 13207–13219. https://doi.org/10.1007/s12144-021-01990-3	Peer Reviewed Article
Nieforth, L. O., Leighton, S. C., Schwichtenberg, A. J., Wadsworth, S. M., & O'Haire, M. E. (2024). A preliminary analysis of psychiatric service dog placements and sleep patterns of partners of veterans with PTSD. <i>Anthrozoös</i> , 37(1), 125–136. https://doi.org/10.1080/08927936.2023.2268979	Peer Reviewed Article
Nieforth, L. O., Miller, E. A., Wadsworth, S. M., & O'Haire, M. E. (2022). Posttraumatic stress disorder service dogs and the wellbeing of veteran families. <i>European Journal of Psychotraumatology</i> , 13(1), Article 2062997. https://doi.org/10.1080/20008198.2022.2062997	Peer Reviewed Article
Steele, D. C. (n.d.). Service dogs for wounded warriors with PTSD: Examining the couple relational experience [Master's thesis, Virginia Polytechnic Institute and State University].	Thesis/Dissertation
Weatherill, C. Bould, E., Iannos, M., Callaway, L., & Van Hoof, M. (2026). "I have my partner back": Partners' perspectives of PTSD assistance dogs for military and emergency service personnel. <i>Journal of Military, Veteran and Family Health</i> . https://doi.org/10.3138/jmvfh-2024-0084	Peer Reviewed Article
Whitworth, J., O'Brien, C., Wharton, T., & Scotland-Coogan, D. (2020). Understanding partner perceptions of a service dog training program for veterans with PTSD: Building a bridge to trauma resiliency. <i>Social Work in Mental Health</i> , 18(6), 604–622. https://doi.org/10.1080/15332985.2020.1806181	Peer Reviewed Article
Williamson, L., Rath, G., & Dell, C. (2025). An exploratory investigation of psychosocial effects of service dogs on veterans' families from the perspective of family members. <i>Frontiers in Psychology</i> , 29. https://doi.org/10.3389/fpsyg.2025.1574445	Peer Reviewed Article
Williamson, L., Rath, G., Arisman, K., Moss, J., & Dell, C. A. (2024). The effect of service dogs on veterans' romantic partners and relationships: A preliminary mixed-methods study. <i>Human-Animal Interactions</i> . https://doi.org/10.1079/hai.2024.0039	Peer Reviewed Article

Sleep Quality	
Abraham, P. A., Kazman, J. B., Bonner, J. A., Olmert, M. D., Yount, R. A., & Deuster, P. A. (2021). Effects of training service dogs on service members with PTSD: A pilot-feasibility randomized study with mixed methods. <i>Military Psychology</i> , 34(2), 187–196. https://doi.org/10.1080/08995605.2021.1984126	Controlled Trial

Bristol, S., Leighton, S. C., Schwichtenberg, A. J., Campbell, R. L., Ashbeck, E. L., Taylor, D. J., Bedrick, E. J., & O'Haire, M. E. (2024). The influence of service dog partnerships on perceived and objective sleep quality for military veterans with PTSD. <i>Frontiers in Sleep</i> , 3, Article 1432919. https://doi.org/10.3389/frsle.2024.1432919	Peer Reviewed Article
Galsgaard, A., & Eskelund, K. (2020). An explorative clinical pilot study into the effect of service dogs on chronic posttraumatic stress disorder. <i>Traumatology</i> , 26(4), 361–369. https://doi.org/10.1037/trm0000253	Peer Reviewed Article
Leighton, S. C., Nieforth, L. O., & O'Haire, M. E. (2022). Assistance dogs for military veterans with PTSD: A systematic review, meta-analysis, and meta-synthesis. <i>PLoS ONE</i> , 17(10), Article e0274960. https://doi.org/10.1371/journal.pone.0274960	Review/Meta-Analysis
Leighton, S. C., Rodriguez, K. E., Jensen, C. L., MacLean, E. L., Davis, L. W., Ashbeck, E. L., Qin, Y., & O'Haire, M. E. (2024). Service dogs for veterans and military members with posttraumatic stress disorder: A nonrandomized controlled trial. <i>JAMA Network Open</i> , 7(6), Article e2414686. https://doi.org/10.1001/jamanetworkopen.2024.14686	Controlled Trial
Leighton, S. C., Rodriguez, K. E., Jensen, C. L., MacLean, E. L., Schwichtenberg, A. J., & O'Haire, M. E. (2025). Sleep–wake dynamics in veteran–service dog dyads: An exploration of overnight concordance. <i>Sleep</i> , 48(5), Article zsae304. https://doi.org/10.1093/sleep/zsae304	Peer Reviewed Article
Lessard, G., Gagnon, D. H., & Vincent, C. (2020). Changes in physical activity and sleep among veterans using a service dog as a rehabilitation modality for post-traumatic stress disorder: An open-label single-arm exploratory trial using actigraphy-based measures. <i>Journal of Psychosocial Rehabilitation and Mental Health</i> , 7(3), 261–271. https://doi.org/10.1007/s40737-020-00188-z	Peer Reviewed Article
Nieforth, L. O., Leighton, S. C., Schwichtenberg, A. J., Wadsworth, S. M., & O'Haire, M. E. (2024). A preliminary analysis of psychiatric service dog placements and sleep patterns of partners of veterans with PTSD. <i>Anthrozoös</i> , 37(1), 125–136. https://doi.org/10.1080/08927936.2023.2268979	Peer Reviewed Article
Rodriguez, K. E., Bryce, C. I., Granger, D. A., & O'Haire, M. E. (2018). The effect of a service dog on salivary cortisol awakening response in a military population with posttraumatic stress disorder (PTSD). <i>Psychoneuroendocrinology</i> , 98, 202–210. https://doi.org/10.1016/j.psyneuen.2018.04.026	Peer Reviewed Article
Scotland-Coogan, D. (2019). Anxiety symptoms and sleep disturbance in veterans with posttraumatic stress disorder: The impact of receiving and training a service dog. <i>Anxiety</i> , 15(2), 1–14.	Peer Reviewed Article
Weatherill, C. Bould, E., Iannos, M., Callaway, L., & Van Hoof, M. (2026). “I have my partner back”: Partners’ perspectives of PTSD assistance dogs for military and emergency service personnel. <i>Journal of Military, Veteran and Family Health</i> . https://doi.org/10.3138/jmvfh-2024-0084	Peer Reviewed Article
Woodward, S. H., Jamison, A. L., Gala, S., Lawlor, C., Villasenor, D., Tamayo, G., & Puckett, M. (2021). Tracking positive and negative affect in PTSD inpatients during a service dog intervention. <i>Journal of Consulting and Clinical Psychology</i> , 89(6), 551–562. https://doi.org/10.1037/ccp0000572	Peer Reviewed Article
Woodward, S. H., Jamison, A. L., Gala, S., Lawlor, C., Villasenor, D., Tamayo, G., & Puckett, M. (2023). Heart rate during sleep in PTSD patients: Moderation by contact with a service dog. <i>Biological Psychology</i> , 180, Article 108586. https://doi.org/10.1016/j.biopsycho.2023.108586	Peer Reviewed Article

Human-Animal Bond

Dell, C., Kosteniuk, B., Bentley, E. (2022). Benefits and Challenges of Having a Service Dog Among Veterans in Recovery from Substance Use. <i>Anthrozoös</i> . DOI: 10.1080/08927936.2022.2074190	Peer Reviewed Article
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Jensen, C. L., Rodriguez, K. E., MacLean, E. L., Leighton, S. C., & O'Haire, M. E. (2022). Characterizing veteran and PTSD service dog teams: Exploring potential mechanisms of symptom change and canine predictors of efficacy. <i>PLoS ONE</i> , 17(7), Article e0269186. https://doi.org/10.1371/journal.pone.0269186	Peer Reviewed Article
Krause-Parello, C. A., & Morales, K. A. (2018). Military veterans and service dogs: A qualitative inquiry using interpretive phenomenological analysis. <i>Anthrozoös</i> , 31(1), 61–75. https://doi.org/10.1080/08927936.2018.1406201	Peer Reviewed Article
Krause-Parello, C. A., Spadola, C., Baldwin, J., Sessa, J., & Friedmann, E. (2025). Veterans with service, emotional support, and companion dogs: Examining the relationship between demographics, health characteristics, and intensity of human-animal bond. <i>Behavioral Sciences</i> , 15(5), Article 605. https://doi.org/10.3390/bs15050605	Peer Reviewed Article
LaFollette, M. R., Rodriguez, K. E., Ogata, N., & O'Haire, M. E. (2019). Military veterans and their PTSD service dogs: Associations between training methods, PTSD severity, dog behavior, and the human-animal bond. <i>Frontiers in Veterinary Science</i> , 6, Article 23. https://doi.org/10.3389/fvets.2019.00023	Peer Reviewed Article
Nieforth, L. O., Rodriguez, K. E., & O'Haire, M. E. (2022). Expectations versus experiences of veterans with posttraumatic stress disorder (PTSD) service dogs: An inductive conventional content analysis. <i>Psychological Trauma</i> , 14(3), 347–356. https://doi.org/10.1037/tra0001021	Peer Reviewed Article
Pavelich, A., Dell, C., De Groot, P. (2024). "Exploring the Role of Service Dogs for Canadian Military Veterans Experiencing Suicidality". <i>Human-Animal Interactions</i> . 12(1); https://doi.org/10.1079/hai.2024.0015	Peer Reviewed Article
Rodriguez, K. E., LaFollette, M. R., Hediger, K., Ogata, N., & O'Haire, M. E. (2020). Defining the PTSD service dog intervention: Perceived importance, usage, and symptom specificity of psychiatric service dogs for military veterans. <i>Frontiers in Psychology</i> , 11, Article 1638. https://doi.org/10.3389/fpsyg.2020.01638	Peer Reviewed Article
Weatherill, C. Bould, E., Iannos, M., Callaway, L., & Van Hoof, M. (2026). "I have my partner back": Partners' perspectives of PTSD assistance dogs for military and emergency service personnel. <i>Journal of Military, Veteran and Family Health</i> . https://doi.org/10.3138/jmvfh-2024-0084	Peer Reviewed Article
Webberson, E., Knight, M. P., & Stellato, A. C. (2025). US veterans' preferences for, and predictors of participation and positive experiences in, animal-assisted interventions: A cross-sectional survey. <i>Anthrozoös</i> . https://doi.org/10.1080/08927936.2025.2458213	Peer Reviewed Article
Whitworth, J., & Stewart, C. (2024). Understanding strategies for matching service dogs to military veterans with PTSD. <i>Journal of Veterans Studies</i> , 10(1), 187–198. https://doi.org/10.21061/jvs.v10i1.514	Peer Reviewed Article
Williamson, L., Dell, C., Chalmers, D., Cruz, M., & De Groot, P. (2021). Strengthening Zooeyia: Understanding the Human-Animal Bond between Veterans Living with Comorbid Substance Use and Posttraumatic Stress Disorder and their Service Dogs. <i>Human-Animal Interaction Bulletin</i> , 10(2), 20-47.	Peer Reviewed Article

Public Perceptions

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Thorne, K. L., Devlin, E. J., & Dingess, K. M. (2017). Service dogs for veterans with PTSD: Implications for workplace success. <i>Career Planning and Adult Development Journal</i> , 33(4), 93–100.	Peer Reviewed Article
Winkle, M., Crowe, T. K., & Hendrix, I. (2012). Service dogs and people with physical disabilities partnerships: A systematic review. <i>Occupational Therapy International</i> , 19(1), 54–66. https://doi.org/10.1002/oti.323	Review/Meta-Analysis

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Husband, A., Ahmed, A., Dell, C. (2020). "An exploratory case study of the impact of psychiatric service dogs on problematic substance use among PTSD-diagnosed veterans". <i>Journal of Substance Use</i> , 25(2), 113-117.	Peer Reviewed Article
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Rodriguez, K. E., Anderson, L. M., Ott, C. A., & O'Haire, M. E. (2021). The effect of a PTSD service dog on military veterans' medication regimens: A cross-sectional pilot study. <i>Anthrozoös</i> , 34(4), 505–521. https://doi.org/10.1080/08927936.2021.1914434	Peer Reviewed Article