## Opening Hymn: Let's Sing To Our Mother

## **Opening Prayer:**

(Gloria Remedios)



### The Creed

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting.

Amen.

**Our Father** 

**Three Hail Mary** 

Glory be

## The First Sorrowful Mystery

### The Agony in the Garden – conformity to God's will

Jesus knows torture and death lie ahead and he prays that the cup will pass. He also prays God's will be done. In his agony, he carries the weight of our sins so that we may be saved. I imagine the courage it took to give himself to God's plan. We too suffer and while we may pray the suffering will end, we are given support from Our Lord to endure, as Jesus received strength from the angel in the garden. I pray for the courage to conform to God's will especially when it may be difficult.



## The First Sorrowful Mystery The Agony in the Garden Our Father Ten Hail Mary Glory Be

Oh, My Jesus

O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

## The Second Sorrowful Mystery

### The Scourging at the Pillar – Mortification

Jesus is brutally tortured to near death. Scourging was more than mere beating; it involved using instruments to inflict the most pain and blood loss possible without actually killing. Jesus was beaten for our sins. His mother watched as her son's blood spilled on the ground. I imagine the horror she felt watching her precious child be brutalized, and how hard it must have been to not run to his rescue. I pray for forgiveness for my sins, the sins that contributed to the torture of my Lord.



## The Second Sorrowful Mystery The Scourging at the Pillar

**Our Father** 

**Ten Hail Marys** 

**Glory Be** 

Oh, My Jesus

O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

## The Third Sorrowful Mystery

### The Crowning with Thorns – Moral Courage

Jesus is stripped, reclothed with a scarlet robe and crowned with thorns. He is mocked and spit upon by the soldiers. The people demand his crucifixion. Despite his innocence, he does not defend himself. He is strong in the face of hatred. I imagine his sadness at the people's ignorance, his sorrow at their contempt. I pray for courage to defend God's truth and strength to withstand the criticism and hatred of others.



# The Third Sorrowful Mystery The Crowning With Thorns Our Father Ten Hail Marys Glory Be

Oh, My Jesus

O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

## The Fourth Sorrowful Mystery The Carrying of the Cross – Patience

Jesus' humiliation continues as he carries the Cross he will be crucified on through the town and people continue to mock him. I imagine the pain of the heavy wood against his back, rubbing against the open wounds from the scourging, the hot sun on him, the thirst, and hunger. I imagine his grief at seeing Mary, knowing she is watching her son die. Jesus is patient in enduring this suffering for us. I pray for more forgiveness, knowing my sins add to the weight of that Cross. I pray for patience in my own times of difficulty.



# The Fourth Sorrowful Mystery The Carrying of the Cross Our Father Ten Hail Mary Glory Be

Oh, My Jesus

O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

## The Fifth Sorrowful Mystery

#### The Crucifixion – Salvation

Jesus arrives and is nailed to the cross. As he hangs, slowly dying, he is comforted by the presence of Mary, her sister, John and Mary Magdalene. Mary is strong. She has watched him suffer and now die and she never leaves him. I imagine her heartache. In his words to Mary, "Woman, behold, your son" all of us are entrusted to her love. I pray in thanksgiving for Christ's suffering and sacrifice so that I may be saved.



# The Fifth Sorrowful Mystery The Crucifixion and Death of Jesus Our Father Ten Hail Marys Glory Be

Oh, My Jesus

O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

## Hail Holy Queen

Hail Holy Queen, Mother of Mercy, our Life, our Sweetness, and our hope. To thee we cry, poor banished children of Eve. To thee we send up our sighs, mourning and weeping in this vale of tears. Turn then most gracious advocate, Thine eyes of mercy toward us, and after this, our exile, show unto us, the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us O Holy Mother of God, That we may be made worthy of the promises of Christ. Amen.

## **Final Prayer**

Let us pray. O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

## Memorare

REMEMBER, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly to thee, O Virgin of virgins, my Mother; to thee do I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

## St. Michael's Prayer

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil; May God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all evil spirits who wander through the world for the ruin of souls. Amen.

## Closing Hymn: Hail Queen of Heaven

Hail, Queen of Heaven, the ocean Star, Guide of the wanderer here below, Thrown on life's surge, we claim thy care: Save us from peril and from woe. Mother of Christ, star of the sea, Pray for the wanderer, pray for me.

O gentle, chaste and spotless Maid, From sin's domain God kept thee free, Plead with thy Son, for He has paid The price of our iniquity. Virgin most pure, star of the sea, Pray for the sinner, pray for me.

And while to Him who reigns above, In Godhead One, in Persons Three, The source of life, of grace and love, Homage we pay on bended knee. Mother and Queen, star of the sea, Pray for thy children, pray for me.

Our Lady of Fatima, pray for us.

Thank you for reciting the Rosary with us.

