## **Key Services**



### **Emotional Support & Encouragement**

Non-judgmental, compassionate support from the perspective of lived experience.



### **Addiction & Recovery Education**

Helping families understand substance use disorder & recovery.



#### **Connection to Resources & Services**

Connecting families to resources to support their own recovery journey.



## **Empowerment & Guidance**

Support in developing healthy boundaries & promoting self-care.

## **Contact Us**

Contact our Certified Family Recovery Specialist (CFRS) to learn more or to inquire about recovery support services.

- Sarah Fisher
- sarah@leahslegacy.net
- (717)494-2290

## **About Us**

Leah's Legacy was founded by Michael and Robin Straley in loving memory of their beautiful daughter Leah, who tragically passed away from fentanyl poisoning on Valentine's Day of 2018. Determined to turn their grief into purpose, they created Leah's Legacy to honor Leah's compassion and commitment to helping others. Today, we continue that mission by offering peer recovery support services—providing hope, guidance, and understanding to families on their pathway to recovery. Through connection and care, we walk alongside those seeking healing, one step at a time.



Leah's Legacy purple bags, filled with essentials and distributed to women to support them on their recovery journey.



# **Family Recovery Support Services**

Providing safe support to individuals seeking recovery; offering compassionate care for families and individuals on their journey to wellness.

www.leahslegacy.net



# **Support You Can Trust**

- **Compassionate Support:** We offer a safe, compassionate space where you can talk freely, ask questions, and feel heard.
- **Lived Experience:** Our CFRS and the founders of Leah's Legacy have walked the walk of supporting a loved one with substance use disorder, so you don't have to walk this path alone.
- Tools for Healing: We help you build healthy boundaries, practice self-care, and find strength—regardless of your loved one's recovery status.
- A Legacy of Hope: Leah's Legacy was founded by a family who's been there.
  We're here to walk beside you with hope, love, and purpose.

www.leahslegacy.net

# **Eligibility for Services**

- Must be 14 years of age or older.
- Must have a loved one who is struggling or has struggled with problematic substance use.

Schedule Your Appointment Today! (717) 494-2290

Addiction is a disease that affects the entire family, not just the individual using substances.

You deserve care & support just as much as your loved one does. We will meet you where you are to support you in finding the hope & healing you deserve.



## Scan QR code

Visit our website to learn more and meet our Certified Family Recovery Specialist.

# What are Family Recovery Support Services?

Family recovery support services connect people who are living with the substance use disorder of a loved one, with a trained Certified Family Recovery Specialist (CFRS), an individual who has lived experience coping with the substance use disorder of a loved one and has found long-term recovery independent of the recovery status of their loved one. They offer one-on-one support, encouragement, and guidance, helping family members learn to prioritize self-care, set boundaries & focus on their own recovery while still supporting their loved one's recovery process as well.

# Who Could Benefit from Family Recovery Support Services?

Anyone who has ever experienced the pain & heartbreak of a loved one's addiction. Whether you are a parent, child, significant other or friend of someone with substance use disorder. This includes individuals who have lost a loved one to addiction.