## **Key Services**



## **Emotional Support & Encouragement**

Non-judgmental, compassionate support from the perspective of lived experience.



## **Recovery Planning & Goal Setting**

Help setting goals and creating a personal recovery plan.



#### **Connection to Resources & Services**

Guidance to find treatment, housing, jobs, employment and other supports.



## **Advocacy**

Empowering individuals to advocate for themselves & build confidence.

## **Contact Us**

Contact our Certified Recovery Specialist (CRS) to learn more or to inquire about recovery support services.



Sarah Fisher



sarah@leahslegacy.net



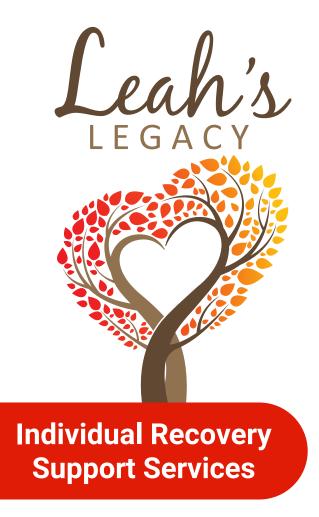
(717) 494-2290

## **About Us**

Leah's Legacy was founded by Michael and Robin Straley in loving memory of their beautiful daughter Leah, who tragically passed away from fentanyl poisoning on Valentine's Day of 2018. Determined to turn their grief into purpose, they created Leah's Legacy to honor Leah's compassion and commitment to helping others. Today, we continue that mission by offering peer recovery support services—providing hope, guidance, and understanding to individuals on their pathway to recovery. Through connection and care, we walk alongside those seeking healing, one step at a time.



Leah's Legacy purple bags, filled with essentials and distributed to women to support them on their recovery journey.



Providing safe support to individuals seeking recovery; offering compassionate care for families and individuals on their journey to wellness.

www.leahslegacy.net



# **Support You Can Trust**

- Open Mindedness: We meet you where you are, providing compassionate support regardless of your recovery pathway or which stage of recovery you are in.
  - **Flexibility:** Services are individualized and tailored to fit your unique needs.
  - **Lived Experience:** Our CRS has walked the path of recovery herself, and while every journey is unique, she can understand what you're going through.
- of Leah, our mission is rooted in love, healing, and a deep commitment to helping others find their way.

www.leahslegacy.net

## **Eligibility for Services**

- Must be 14 years of age or older.
- Must currently be struggling with problematic substance use or have a history of problematic substance use.

Schedule Your Appointment Today! (717) 494-2290

Don't let barriers such as lack of transportation stop you from accessing the support you deserve!

We will meet you where you are and support you in addressing and overcoming those barriers.



#### Scan QR code

Visit our website to learn more and meet our Certified Recovery Specialist.

# What are Individual Recovery Support Services?

Individual recovery support services connect people who are seeking recovery from substance use disorder with a trained Certified Recovery Specialist (CRS)—an individual who has lived experience with substance use disorder and has found long-term recovery. They offer one-on-one support, encouragement, and guidance, helping others set goals, stay motivated, and access resources throughout their recovery journey.

# Who Could Benefit from Individual Recovery Support Services?

Anyone who has struggled or continues to struggle with substance use disorder could benefit from these services; regardless of time in recovery, stage of recovery or recovery pathway.