#### Grief Support Groups, Camps and Resources in the area

# Drew Michael Taylor Foundation Monthly Grief Support Groups – Shippensburg, Chambersburg and Greencastle

Download the flyers from the <u>www.drewmichaeltaylor.org</u> website – look under our Drew's Hope and Resources tabs for current information.

# Beyond Grief Support Group - Chambersburg Hospital, Chambersburg, PA

The Beyond Grief Support Group is designed for those who are grieving the death of a loved one.

Free class - No registration required. First & Third Monday of each month, 6:30 to 7:30 pm

For more information: Call Cynde McCallum at (717) 262-4495

https://summithealth.org/classes-events/beyond-grief-support-group

#### GRASP - Waynesboro, PA

GRASP stands for Grief Recovery After Substance Abuse. This is a group for adults who are grieving the death of a loved one due to substance abuse. Contact group facilitator, Lindsay Walls at 540-931-3157 or <a href="https://links.com/links-up-nc

# Under the Horizon (UTH) - Gettysburg, PA and Dillsburg, PA

UTH offers creative healing for grieving children, families and adults through their Children's Bereavement Art Group and The Gathering Pot programs for grieving families and adults.

The Children's Bereavement Art Group is a no-cost faith-based creative arts program designed to help children, ages 5-15, dealing with numerous types of loss. Meetings are held bi-monthly on Saturday afternoons.

The Gathering Pot is a low-cost faith-based creative arts program designed to help families and adults coping with loss. Family and Adult Events are scheduled bi-monthly on Sat. afternoons.

UTH is located at 2650 Biglerville Rd., Gettysburg, PA. For more information, visit their website at underthehorizon.net or contact Cathleen at Cathleen@underthehorizon.net or 717-752-4593

#### Sweet Grace Ministries – Chambersburg, PA

Various grief support groups for stillborn and infant loss including an Infant Loss Support Group, a Faith Based Support Group, a Grandparent Support Group and service-oriented groups to support the Sweet Grace Ministries mission like Stitches and Gown Night groups. Infant loss support groups also meet in York, Harrisburg and Schuylkill County.

Meeting times/locations/dates are available on their website at <a href="http://sweetgraceministries.com/events/">http://sweetgraceministries.com/events/</a> or contact Katy Dortenzo at 717-830-1016 or <a href="sweetgraceministries@gmail.com">sweetgraceministries@gmail.com</a>

#### Camp Koala - Carlisle, PA

Grief support groups for children and teens and a camp for youth (age 7-12) and teens (age 13-18), who are grieving the death of a parent/primary caregiver in the Carlisle area. Information and applications are available through the Camp Koala website at <a href="https://www.campkoala.org">www.campkoala.org</a>

## SpiriTrust Lutheran Home Care and Hospice Bereavement Groups - Chambersburg, PA

For information about current groups, contact Bereavement Coordinator - Kim McCurdy at 717-217-3527 or kmccurdy@spiritrustlutheranhomecare.org to register.

## GriefShare – find groups in your area at https://www.griefshare.org/groups/search

## GriefShare - King St. United Brethren Church, Chambersburg, PA

13 week Christian-based grief support program – new participants are welcome at any time. Offered each fall (begins the first Wed. of September) and spring (begins the first Wed. in February) from 7 – 8:30 p.m.

For more information, call the church office at 264-4651.

## GriefShare - First United Methodist Church, Chambersburg, PA

Watch a sample GriefShare VIDEO here: http://goo.gl/YroJU1

Questions or register for group, call Gail Vaughn 717-263-8491, ext. 207.

#### The Compassionate Friends – locations in Gettysburg and Camp Hill, PA and Hagerstown, MD

Self-help support organization whose mission is to assist bereaved families (parent, grandparents and adult siblings) toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive. Non-denominational with no particular religious affiliation www.Compassionatefriends.org

TCF Camp Hill Chapter - Church of the Good Shepherd, 3435 Trindle Road, Camp Hill, PA 17011

4th Tuesday of each month, 7:00 - 9:00 PM Contact MaryKay at (717)763-1130 www.TCFCampHill.org

**TCF of Hagerstown, Maryland** - St. Mark's Lutheran Church, 601 Washington Ave, Hagerstown, MD 21740-4635

1st Wednesday of each month at 7:00 p.m. Contact Wendy (301) 797-7272 or tcfhagerstown@yahoo.com

## Carlisle YWCA - 301 G Street, Carlisle PA 17013

Other grief support groups for separation/divorce, trauma, and breast cancer are offered through the YWCA. Learn more at http://ywcacarlisle.org/index.php/support/category/support-groups