## PREPARATION FOR SPRAY TAN

- 1. Wear loose dark clothing
- 2. Do not use any tanning lotions, shave lotions, or other lotions on your body prior to spray tanning as this will reduce the quality of the experience.
- 3. Remove all makeup prior to spray tanning.
- 4. Disrobe to your desired level of sunless coverage.
- a. It is recommended all jewelry be removed.
- 5. If applicable, polish your skin with an exfoliating cleaning mitt.
- 6. Place hair cap over your hair and settle ends on or around hair line.

Note: For long hair, it is recommended to put hair in bun on top of head, then place hair cap on to ensure coverage on back.

- 7. Peel and place foot protectors on your bare feet or put on foot covers.
- 8. At this time you may utilize your nose and/or mouth filter.
- 9. Apply a generous amount of barrier cream on your toe and finger nail/cuticle areas, heels, and palms of your hands. (DO NOT rub the lotion in)