

Fill out your current age, gender, and belt level on the tournament registration form, select the divisions you want to participate in and you will be placed in the divisions accordingly.

POINT SPARRING & EMPTY HAND FORMS

Color Belts:

4+5yr all belts

6+7yr white-orange (green stripe)

green-blue

purple (red stripe)-brown (black stripe)

8+9yr white-orange (green stripe)

green-blue

purple (red stripe)-brown (black stripe)

10+11yr white-orange (green stripe)

green-blue

purple (red stripe)-brown (black stripe)

12+13yr white-orange (green stripe)

green-blue

purple (red stripe)-brown (black stripe)

14-16yr white-orange (green stripe)

green-blue

purple (red stripe)-brown (black stripe)

Black Belts:

13 & under

14-16

17-39

40-55

55+

CONTINUOUS SPARRING

Open to 14-16yr olds & Adults only

Split by Gender and Ability

Beginner (White - Blue Belts / Less than 3 years experience)

Advanced (Red - Black Belts / More than 3 years experience)

TEAM FORMS

Split the day of based on belt levels/ages and depending on the # of teams entered.

Minimum 3 people per team.

WEAPON FORMS

Split on the day based on belt levels, weapons used, and age

SPECIAL NEEDS DIVISION

Empty Hand Forms

Continuous TKD style Sparring (All competitors will be matched with an instructor to demonstrate his/her sparring skills.)

These are TEMPORARY divisions and may be split up or combined via size or gender the day of the event at the discretion of the tournament coordinator.

