

POWDER HOUSE NEWS

COUNCIL ON AGING

JUNE 2026

COA OFFICE

23 Linden Street
Room 221
Berlin, MA 01503

Monday, Tuesday, Thursday
8 am– 5 pm
Wednesday 8 am – 7 pm



COA DIRECTOR MELISSA SARGENT

Phone: 978-838-2750
Email:

coadirector@townofberlin.com

Website: www.berlincoa.com

Facebook:

[Berlin, MA Council on Aging](#)

June is the perfect time to get out, stay active, and enjoy everything the COA has to offer—from programs and special events to fitness classes and social gatherings.

Don't forget that our COA van is here to help keep you moving! The van is available for medical appointments, grocery shopping, errands, and other local transportation needs. We are happy to help make getting around easier and more convenient for you.

We encourage everyone to stop by, try something new, and enjoy all the wonderful opportunities this month has in store. We look forward to seeing you this June!

Warm wishes,
Melissa Sargent
Council on Aging Director

COA BOARD

Linda Robinson, Chair
Lori Fearebay, Co-Chair
Kate Bliss, Treasurer
Karen Schultz, Secretary
John Barrett, Member
Bob Blair, Member
Derek Chaves, Member

COA Meeting: Tues., June 30

June Library Events

Children's Storytime
Every Monday @ 10am

Noontime Tales
Every Tuesday @ 12pm

Drop-in Tech Help
Every Tuesday @ 1-3pm

Friends of the Library Book Sale
Saturday, June 6 @ 10am-1pm

Donut Prints
Saturday, June 6 @ 12pm

Lunch and Learn Homeschool Group
Wednesday, June 10, 24 @ 12pm

Needle Felted Birds ages 10+
Thursday, June 11 @ 5pm

**VIRTUAL: Lost: Amelia Earhart's
Three Mysterious Deaths and One
Extraordinary Life**
Monday, June 15 @ 7pm

First Chapters Book Club ages 5-9
Thursday, June 18 @ 4pm

**Summer Reading Kick Off with
Animal Adventures**
Monday, June 22 @ 5pm

Growing Beans & Garlic
Tuesday, June 23 @ 6pm

Crazy 8s Math Club grades 3-5
Thursday, June 25 @ 4pm

Thursday Evening Book Club
Thursday, June 25 @ 6:30pm

Friends of the Library Book Sale

Saturday, June 6 @ 10am-1pm

The Friends of the Berlin Public Library will be holding their annual booksale. All proceeds are used to support library programs and services like the museum pass program. A variety of materials will be available for all ages at affordable prices.

The Healthy Incentives Program

If you have a SNAP card, you are automatically enrolled in the Healthy Incentives Program (HIP) in Massachusetts. On the first of each month, the state puts a credit of \$40, \$60 or \$80 on your SNAP EBT card. This credit can be used at participating farm stands and farmers markets in Massachusetts. Use DTAFinder.org to find your nearest participating farm. In Berlin, Holiday Farm is a SNAP & HIP vendor.

Only fresh vegetables, fresh fruits, and seedlings qualify for HIP purchase. Things like eggs, honey, bread, meats and milk do not qualify as HIP purchases, but do qualify as SNAP purchases.

As long as you have even one cent of balance left on your SNAP benefits, you can access your HIP credit for the month. For example, if you have \$5 left of SNAP benefits on your EBT card, but you have \$40 of HIP credit available, you can still purchase fresh produce up to \$40 using your EBT card. So be sure to use all of your HIP credit before using all of your SNAP benefits.

The HIP credits are "use it or lose it" which means that it will not accumulate. Besides the changing variety of produce, this is one more reason to be sure to use your HIP credit each month!

**JOIN US FOR THE
2026 SHERIFF'S
ANNUAL SENIOR PICNIC
DRIVE THRU EXTRAVAGANZA**



SENATOR CORCORAN'S OFFICE

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**SATURDAY, JUNE 6, 2026
11AM - 1PM**

**SAC PARK
438 LAKE STREET SHREWSBURY, MA01545**

**BBQ MEAL | LOTTERY TICKETS | TONS OF GIVEAWAYS
| DESSERTS | RAFFLE BONANZA**

ATTENDEES MUST REGISTER BY MAY 20, 2026

**NYDIA@WORCESTERCOUNTYSHERIFF.ORG
508-796-2638**

**LEAVE MESSAGE WITH NAME, ADDRESS & PHONE #
FIRST COME, FIRST SERVE!**

Support the Berlin Food Pantry

The shelves are getting low — and your help can make a big difference!

The Berlin Food Pantry currently needs donations to support local individuals and families facing food insecurity. Seniors account for 50% of the food pantry orders. Every can, box, and pantry staple helps provide comfort and nourishment to neighbors in our community.

Most Needed Items Include:

- Canned Vegetables & Soups
- Pasta & Sauce
- Peanut Butter & Jelly
- Cereal & Oatmeal
- Rice & Boxed Meals
- Shelf-Stable Milk
- Toiletries & Paper Goods

Donations can be dropped off at 23 Linden Street in the main vestibule. Together, we can help ensure no one in our community goes without.

Gone But Not Forgotten

Clive Holyoak April 10
Jarlath William Crowe . . April 12



WREATH MAKING CLASS

Join Corrine Blair in making a star-shaped wreath for Independence Day

**Wednesday, June 24 at 12:30 PM
Northbrook Village 2 Community Room**

Call Melissa to register 978-838-2750



thank you for your support

The Berlin Council on Aging would like to thank Holiday Farm and Louise Janda for their donations to the PHN to help keep the Powder House News going.

We would also like to thank the Women's Auxiliary for their donation in support of the Veterans Breakfast.

To learn how you can Sponsor or make a donation to the Powder House News please email Melissa Sargent at coadirector@townofberlin.com.

Thank you!

New England Botanical Garden



Join the Berlin COA on a trip to The New England Botanical Garden

Wander the woodland trails in search of spring ephemerals. Enjoy garden beds blooming with spring bulbs as well as fragrant magnolias, lilacs, and more.

When: Wednesday, June 3 at 11:30 am

Where: New England Botanical 11 French Drive, Boylston, MA

Cost: \$10 per senior — advance payment required

The COA Van is available for up to 8 people on a first come first served basis. You may join and drive yourself as well.

ALL Participants need to register by calling Melissa at 978-838-2750.

june 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Strength & Balance 2:30 pm, Room 118, Town Offices	2 Tai Chi 1:00 pm, Room 118	3 New England Botanical Garden 11:30	4 Beginners Tai Chi 12:30 pm Cardio, Stretch & Laugh, 2:30 pm, Room 118	5 Chair Yoga 2:30 pm, Room 118, Town Offices	6 Friends of the Library Book Sale 10 am-1 pm
7	8 Strength & Balance 2:30 pm, Room 118, Town Offices	9 Tai Chi 1:00 pm, Room 118	10	11 Veterans Breakfast 9 am Beginners Tai Chi 12:30 pm, Cardio 2:30 pm, Room 118	12 Chair Yoga 2:30 pm, Room 118, Town Offices	13
14	15 Strength & Balance 2:30 pm, Room 118	16 Tai Chi 1:00 pm, Room 118, Town Offices	17	18 Beginners Tai Chi 12:30 pm Cardio, Stretch & Laugh, 2:30 pm, Room 118	19 Chair Yoga 2:30 pm, Room 118, Town Offices	20
21	22 Strength & Balance 2:30 pm, Room 118, Town Offices	23 Tai Chi 1:00 pm, Room 118, Town Offices	24 Wreath Making Class 12:30 pm, Northbrook II	25 Beginners Tai Chi 12:30 pm Cardio, Stretch & Laugh, 2:30 pm, Room 118	26 Chair Yoga 2:30 pm, Room 118, Town Offices	27
28	29 Strength & Balance 2:30 pm, Room 118, Town Offices	30 Tai Chi 1:00 pm, Room 118, Town Offices		Beginners Tai Chi 12:30 pm Cardio, Stretch & Laugh, 2:30 pm, Room 118	Chair Yoga 2:30 pm, Room 118, Town Offices	

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BERLIN COUNCIL ON AGING, 23 LINDEN ST., BERLIN, MA 01503

FOLLOW US ON FACEBOOK:

[Berlin, MA Council on Aging](#)

WEBSITE:

BerlinCOA.com

The Berlin Family Food Pantry

is open two Saturdays a month by appointment, on the first and the third Saturday from 7:30 am to 11:30 am. The Pantry number is 774-245-8320.



PHN via email

Please email us with your email address if you would like to receive your Powder House News by email.

coadirector@townofberlin.com

This will help defray the cost of printing and mailing.

Thank you for your consideration.

XIX CARTER events:

<https://19carter.org>

Open: Mon-Fri 9 a.m.- 5 p.m.
and Sat 10 a.m. - 1 p.m.



VETERANS BREAKFAST

We invite Veterans of all ages and branches to join us for a FREE breakfast. Start your morning with good food, great company, and heartfelt appreciation.

Breakfast Catered by Buffet Way



JUNE

11

2026

23 LINDEN STREET

ROOM 118 TOWN OFFICES

THURS

9:00

AM