



ADDICTION SUPPORT FOR CARERS & FAMILY MEMBERS

Supporting someone affected by alcohol or drug use can feel overwhelming.
You don't have to do it alone.

A monthly, compassionate group offering:

- A safe space to talk
- Understanding and shared experience
- Gentle information about addiction
- Non-judgemental support

 **3rd Thursday of every month**

 **6:00–8:00pm**

Facilitated by an addictions practitioner with over 10 years' experience.

Email: kindness2you@hotmail.com or call 075 9383 1101

£7.50 Per Session



The
Wellbeing
TREE

16 St John Street,
Bromsgrove, B61 8QY
01527 570 838