

WHIT-BITS

April 2023

Committee NEWS:

Annette has been busily collating quotes for merchandise and Lisa is currently filling our very first order of Syzmik button down shirts for those that responded to the EOI. I'm sure that they will become a popular item, providing excellent sun protection while staying cool.

An EOI has just been sent out to all club members via email for broad brimmed straw hats. An order will be placed if there is enough interest. In the near future, we plan to also be able to offer T-shirts and caps for sale once again.

TRIP REPORTS:

FEB: *Bribie to Caloundra led by Jon & Kim Heales*

The weekend commenced with a Friday night BBQ at Jon & Kim's house with several boats rafted on their pontoon. On Sat morning we made our way up the Bribie passage to Caloundra where we stopped for a sandbar swim then made our way to Pelican Waters where we rafted together on a pontoon for the night. We enjoyed some live music and pizzas at a nearby venue and got serenaded by our very own muso's Phil and Peter as they strummed their guitars. On Sunday morning we made our way back down the passage with a swim stop at Mission Point



before returning to Bribie. Two boats were christened with their first sleepover and word has it that their occupants had a good first night on their boat.



Enroute to Caloundra



The most boats this pontoon has had visit at one time!

MAR: Coochimudlo Island led by Darryl
Ayson & Linda

Coochi has not been a regular spot on the Whittley calendar but after a great weekend starting on Fri night at Slipping Sands for some, exploring Coochi on foot, enjoying lunch at the beach Bar and happy hour in the park with a trivia quiz prepared by Darryl, we were left wondering why this has not been a regular event for WCQ! We will be sure to return...



And the winners...



APRIL: NSW National rally Myall Lakes
and beyond...

9 boats from Qld were fortunate to be able to attend the national rally at Myall Lakes where we enjoyed some great NSW hospitality and had many adventures. Apart from a blown tyre in Sydney, we all travelled without incident and successfully launched our boats at a small gravel boat ramp at Korsmans Landing (it looked dodgy but was surprisingly easy according to my skipper)



The boat ramp!

We were escorted by NSW to our rally point at the Myall Shores holiday park. Over 4 days we did a 25km trip to the township of Bulladelah, were spoilt with fresh prawns and other treats prepared for us, visited a northern beach, Neranie Sands where we had some laughs racing each other in tenders, one partner blindfolded with the other giving directions. I believe Qld came home winners, with Owen and Judy winning their challenge and Tim & Julie winning 3 out of the 4 races, only beaten by the Griffith girls at the last stroke!



Lindsay (in red) deep in thought with how she is going to instruct Mark to win this race...



Owen & Judy with past Qld members Alex and Angela

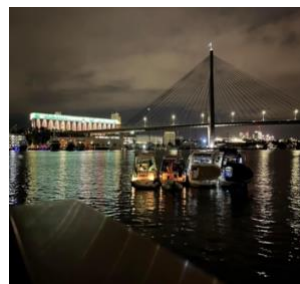
Our 3rd trip was to Mungo Brush where we did a rainforest walk to the surfside. We all enjoyed 4 days of entertainment including wine, cheese and chocolate tasting, bush poetry and serenades under the stars while we dined on gourmet pizza by the beach.



The Qld committee sweet talking Neville Whitley



Seaduced, JASKaT and Ameena were not quite ready to end the party so continued on to Sydney after the rally, escorted by Michael from NSW.



Blackwattle Bay



Sydney Harbour bridge

Safety tips

Flares

Have you checked the expiry date recently??

Use flares to get the attention of other boats or aircraft in the area if you need assistance. Flares must be carried on all Queensland-registered ships, visiting interstate ships, ships under a restricted use authority and personal watercraft (PWC) that operate beyond smooth water limits, except for tenders that don't need registration. Two orange smoke and 2 red hand flares are needed as part of the [safety equipment](#) for these boats.

Your flares must be in date. Flares have a life span of 3 years and must be replaced before they expire. The expiry date is printed on the flare.

Always read the instructions and make sure you understand the manufacturer's directions before storing your flares on board your boat.

Flares should be stored in a dry place where they will be easily accessible in an emergency.

The red and orange flares allow a distress signal to be seen during the day and at night-time. Effective ranges of these flares in conditions of good visibility are:

Flare type	At night	During the day
Red hand flare	5 to 10 nautical miles	Are red in colour and can be used during the day
Orange smoke flare	Not suitable	Very limited visibility up to 1.4 nautical miles (nm) but better from the air



Make sure you [dispose of expired flares correctly](#).

Vanessa And Michael's report on recent VHF marine radio course

“This course was very enjoyable and targeted towards recreational boaties. For me it was helpful to learn how the radio works, the difference between frequencies, and that repeater channels can help project a signal. We realised that our older radio doesn't enable us to communicate to individual boats using their MMSI (Maritime Mobile Service Identity) number. The MMSI identifies the vessel when the distress button on the radio is used. We also took up Redland Bay VMR's offer and disposed of over a decade of old flares and EBIRBS. A really fun and useful few hours that has given us a lot more confidence when turning on the radio.”

First Aid

Upon acquisition of a club defibrillator, a few members attended a course in CPR last year. If anybody is interested in CPR training I am happy to do some adhoc sessions on the beach before happy hour. As part of my job I assess competency in CPR for nursing staff from time to time...you won't gain a certification in first aid from me but can refresh in correct technique and use of defib!

Just for laughs...



Upcoming trips

April 29th - 1st May

Wavebreak Island/Budds beach, Marine stadium- see email or Facebook event for more details!

May 19-21st

Tweed River! In Jan we had sent communication as we needed to change the date but we are back on as per original calendar!

June 17-18th June – location TBA

15th-16th July- Christmas in July

Hope you enjoy this edition of WhitBits,

Cheers, Julie

Email correspondence for newsletter to:

secretary@clubwhittleyqld.org.au



First aid fact sheet

Bites and stings quick guide

<p>For any snake bite (including sea snakes), funnel-web spider and mouse spider bites, blue-ringed octopus bite, cone shell sting</p> <p>See the snake bite fact sheet.</p>	<p>Pressure bandaging and immobilisation</p> <ol style="list-style-type: none"> 1 If the bite or sting is on a limb, apply a broad pressure bandage (crepe preferred) over the bite site. 2 Apply a firm heavy crepe or elasticised roller bandage (10–15 centimetres wide) starting just above the fingers or toes, and moving upwards on the bitten limb as far as can be reached. 3 Apply the bandage as tightly as possible to the limb. 4 Immobilise the bandaged limb using splints. 5 Seek medical aid.
<p>For Box jellyfish; Irukandji, Morbakka and Jimble jellyfish, or other tropical jellyfish sting</p>	<p>Vinegar</p> <ol style="list-style-type: none"> 1 Immediately flood the entire stung area with lots of vinegar for at least 30 seconds. DO NOT use fresh water. If pain relief is required, apply a cold pack only after vinegar has been applied. 2 Urgently seek medical aid at a hospital if symptoms are severe.
<p>For Bluebottle and other nontropical jellyfish stings; stinging fish (eg stonefish, lionfish, bullrout); stingray, crown-of-thorns starfish, sea urchin</p> <p>DO NOT use on suspected Box jellyfish or Irukandji stings.</p>	<p>Hot water</p> <ol style="list-style-type: none"> 1 Check the water to ensure it is as hot as you can comfortably tolerate before treating the patient. 2 Place the stung area in hot water for 20 minutes—help patient under a hot shower, place a stung hand or foot in hot water, or pour hot water over the stung area. Do not burn the patient. 3 Remove briefly before reimmersing. 4 Continue this cycle if pain persists. 5 Urgently seek medical aid at a hospital if symptoms are severe.
<p>For red-back spider or other spider bite; bee, wasp or ant sting; tick bite; scorpion or centipede sting; jellyfish sting</p>	<p>Cold pack</p> <ol style="list-style-type: none"> 1 Apply a cold pack to the bitten or stung area for 15 minutes and reapply if pain continues. 2 The cold pack should be changed when necessary to maintain the same level of coldness. 3 See medical aid if the pain worsens.

In a medical emergency call Triple Zero (000)

DRSABCD Danger ▶ Response ▶ Send for help ▶ Airway ▶ Breathing ▶ CPR ▶ Defibrillation

You could save a life with first aid training • www.stjohn.org.au • 1300 360 455

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