

GymFit Baton Rouge Fall 2023 Schedule

Monday

5pm
Kids NinjaFit
Calisthenics

6pm
Kids Parkour
Kids Silks

7pm
Trapeze (Level 1)

Tuesday

4pm
Kids Trapeze

5pm
Kids NinjaFit
Kids Silks

6pm
Kids Parkour
AcroYoga
Kids Silks (Level 2)

7pm
Silks (Level 1)

Wednesday

5pm
Kids NinjaFit
Calisthenics

6pm
Kids Parkour

7pm
Trapeze (Level 1)

Thursday

4pm
Kids Trapeze

5pm
Kids NinjaFit
Kids Silks

6pm
Kids Parkour
Kids Silks (Level 2)

7pm
Silks (Level 1)

Adventure Membership Rates

Basic - 1 Class/Wk
\$69/Month

Great - 2 Classes/Wk
\$119/Month

Epic - 4 Classes/Wk
\$159/Month

Unlimited Classes/Wk
\$219/Month

Drop In - \$25

10 Classes \$195

25 Classes \$450