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| [Wed 6th April](https://watfordharriers518936143.wordpress.com/2019/04/04/watford-open-graded-meeting-3rd-april-2019-results/) | [Wed 20th April](https://watfordharriers518936143.wordpress.com/2019/04/18/watford-open-graded-meeting-17th-april-2019-results/) | [Wed 4th May](https://watfordharriers518936143.wordpress.com/2019/05/03/watford-open-graded-meeting-1st-may-2019-results/) | [Wed 18th May](https://watfordharriers518936143.wordpress.com/2019/05/17/watford-open-meeting-full-results-15-05-19/) |
| 7.00 pm 100m 7.20 pm 1500m  No times over 5.30m  8.45 pm 3000m No U/13’s or U/15’s  7.15 pm Long Jump | 7.00 pm 200m 7.25 pm 400m  No U/13’s  7.50 pm 800m  No times over 2.45m  7.15 pm High Jump | 7.00 pm 100m 7.20 pm 1500m  No times over 5.30m  9.15 pm 3000m  No times over 11.00m No U/13’s or U/15’s  7.15 pm Shot | 7.00 pm 400m  No U13s  7.25 pm BMC 8.00 pm 800m  No times over 2.45m  7.15 pm Triple Jump |
| [Wed 1st June](https://watfordharriers518936143.wordpress.com/2019/05/31/watford-open-graded-meeting-29th-may-2019-results/) | [Wed 15th June](https://watfordharriers518936143.wordpress.com/2019/06/13/watford-open-graded-meeting-results-12-06-19/?fbclid=IwAR0YX3sAGlvo_VkXADAPN9IMLt0jAwjEgVjZow4B9LPJPvn3GcDeEXNwU-A) | [Wed 29th June](https://watfordharriers518936143.wordpress.com/2019/06/27/watford-open-graded-meeting-26th-june-2019/) | [Wed 13th July](https://watfordharriers518936143.wordpress.com/2019/07/12/watford-open-graded-meeting-10th-july-2019/) |
| 7.00 pm 100m 7.20 pm 1500m  No times over 5.30m  9.15 pm 3000m  No times over 11.00m No U/13’s or U/15’s  7.15 pm High Jump | 7.00 pm 200  7.25 800m  No times over 2.45m 9.15 pm 3000m No times over 11.00m No U/13’s or U/15’s  7.15 pm Shot | 7.00 pm 100m 7.25 pm BMC  8.00 pm 1500m  No times over 5.30m  7.15 pm Long Jump | 7.00 pm 400m  No U13s  7.25 pm BMC  8.00 pm 800m  No times over 2.45m  7.15 pm High Jump |
| [Wed 27th July](https://watfordharriers518936143.wordpress.com/2019/07/26/watford-open-graded-meeting-24th-july-2019/) | [Wed 10th August](https://watfordharriers518936143.wordpress.com/2019/08/08/watford-open-graded-meeting-7th-august-2019/) | [Wed 24th August](https://watfordharriers518936143.wordpress.com/2019/08/24/watford-open-graded-meeting-21st-august-2019/) | [Wed 7th September](https://watfordharriers518936143.wordpress.com/2019/09/06/watford-open-graded-meeting-09th-september/) |
| 7.00 pm 200m 7.25 pm 1500m  No times over 5.30m  9.15 pm 3000m  No times over 11.00m No U/13’s or U/15’s  7.15 pm Triple Jump | 7.00 pm 100m 7.25 pm BMC  8.00 pm 800m  No times over 2.45m  9.15 pm 3000m  No times over 11.00m No U/13’s or U/15’s  7.15 pm Shot | 7.00 pm 200m 7.25 pm 400m  No U/13’s 7.50 pm 1500m  No times over 5.30m  7.15 pm Long Jump | 7.00 pm 200m 7.25 pm 100m 7.50 pm 800m 9.15 pm 3000m  No U/13’s or U/15’s  7.15 pm High Jump |