

# Watford & District Year 5 Cross Country (XC) Final & Junior Challenge (JC)

**Timetable & distances (approx):**  
**10:45: Year 5 Girls XC (1.6km = 1 lap)**  
**11:00 Year 5 Boys XC (1.6km = 1 lap)**  
**11:45 Under 8 Boys & Girls (1.2km = 1 lap)**  
**12:00 U10/12/14 Boys & Girls (2.5km = 2 laps)**  
*\*age on race day*



Supporters: Please **DO NOT** cross in front of the finish line whilst other athletes are still on the course.

