

# SALT SPRINGS NEIGHBORHOOD ASSOCIATION

## *Neighbors-Helping-Neighbors Program*

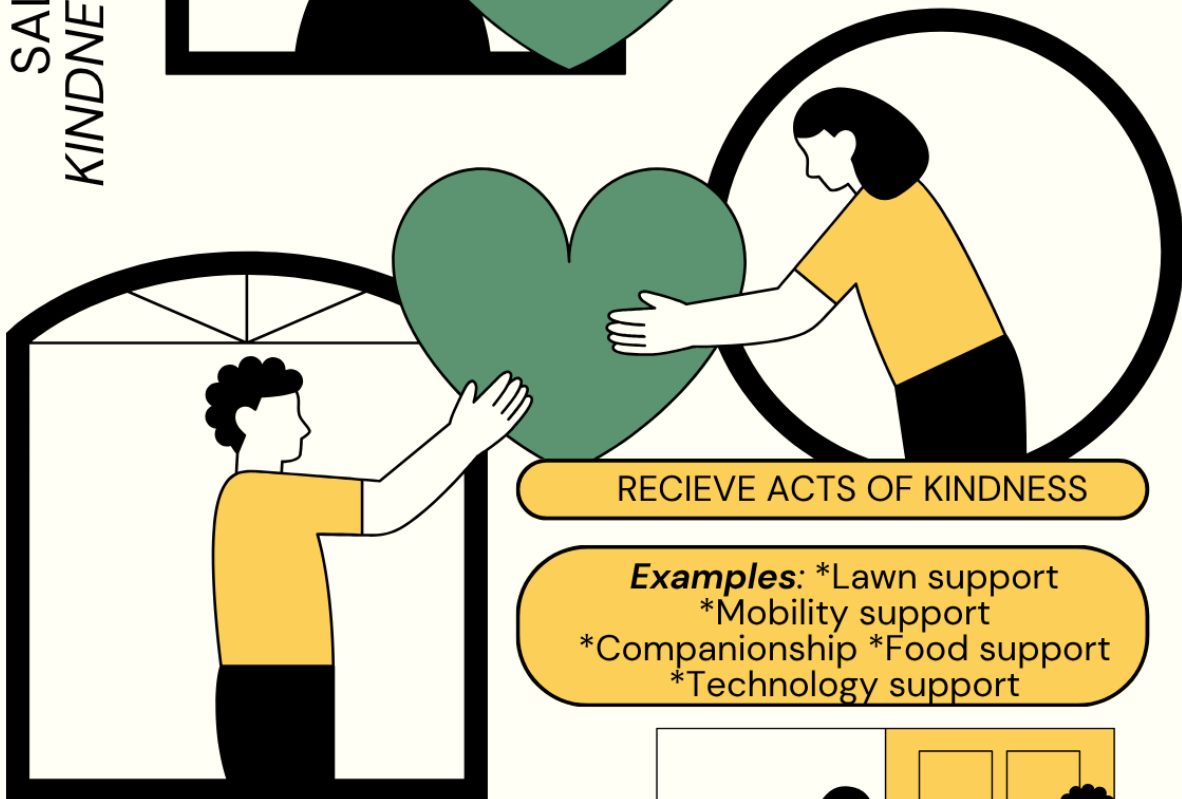
SALT SPRINGS  
KINDNESS FLOWS HERE



## STRENGTHENING COMMUNITY BONDS THROUGH ACTS OF KINDNESS

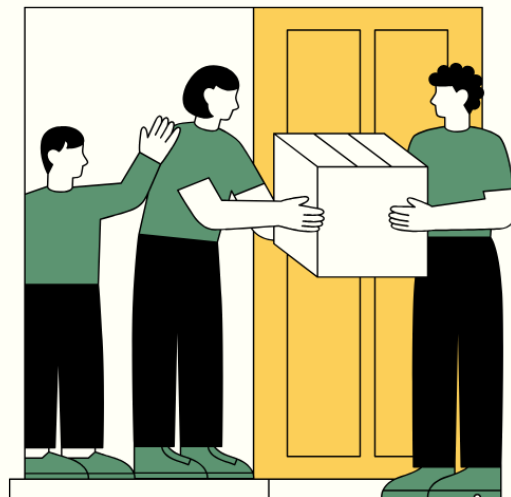
OFFER ACTS OF KINDNESS

Help once, a few times, or  
on a regular basis, no act of  
kindness is too small!!



RECEIVE ACTS OF KINDNESS

**Examples:** \*Lawn support  
\*Mobility support  
\*Companionship \*Food support  
\*Technology support



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For more information  
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