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**Consent to Release or Receive Confidential Information**

I, \_\_\_\_\_ (your name) \_\_\_\_\_, authorize Jennifer E. Harris, LMFT, RECEIVE information from  
\_\_\_\_\_ (name of provider or professional) \_\_\_\_\_.

I, \_\_\_\_\_ (your name) \_\_\_\_\_, authorize Jennifer E. Harris, LMFT to RELEASE information to  
\_\_\_\_\_ (name of provider or professional) \_\_\_\_\_.

The nature of the information to be released and/or received is:

Share/collaborate on appropriate information in my best interest

**I understand that this consent will automatically expire 90 days from the date of signature and that I may revoke this consent in writing at any time. I further acknowledge that the information to be released and/or received was fully explained to me and this consent was given of my free will.**

\_\_\_\_\_  
Client/Guardian Signature

\_\_\_\_\_  
Date

\*Please return a signed copy to me and your other practitioner via email.