

## **RULES & REGULATIONS**

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The following is a list of rules and regulations that skaters must follow when attending skating sessions. The Crossfield Skating Club would like to stress that if all skaters follow the rules, skating will be a fun and safe place for everyone.

1. The coaches have authority over all skaters attending sessions.
2. Please limit visiting with other skaters when on the ice.
3. No gum, food or candy is allowed on the ice or sitting on the boards around the ice surface. If you must snack please do so in the dressing room or the player's bench away from the ice surface. Dispose of your garbage in the receptacles provided.
4. Water is the only beverage allowed at the ice surface.
5. Skaters must get up immediately if they fall unless they are unable to do so, this is to ensure a safe environment for all skaters and coaches.
6. Skaters must use assigned dressing rooms not the lobby or bleachers.
7. Proper skating attire is to be worn. Please tie long hair into a pony of some sort. No jeans, baseball caps or oversized t-shirts/sweatshirts.
8. If Jr. and Sr. StarSkaters are sick or going to be away, please have the courtesy to contact your coach to let him/her know. Twenty-four hours' notice is appreciated wherever possible, otherwise you may be charged for the lesson missed.
9. Skaters receiving lessons, dance partnering or their solo have the right of way.
10. Skaters must respect themselves, each other, the coaches and P.A's, and parents.
11. Disruptive, disorderly behavior will not be tolerated. Skaters parent, skater & coach or other adult will deal with any concerns in this area. Please treat others, as you would like to be treated.
12. All skaters are expected to follow the above rules or any other rules that may come into effect during the skating season.
13. Please ensure that before your child enters the ice, they go to the bathroom. Each time a skater is escorted off the ice it takes away from all other skaters and also raises a safety concern. This year any skater(s) that needs parental assistance they will be asked to wear a safety vest so that they will be seen from the stands or lobby. If your child is wearing the safety vest please come assist your child.