



## THE HEART OF JESUS

John 15:26

But when the Helper comes, whom I shall send to you from the Father, the Spirit of truth who proceeds from the Father, He will testify of Me.

### **DAY 17 MORNING PRAYER:**

#### **Psalm 34**

**I will extol Yahweh all times; his praise will always be on my lips.**

<sup>1</sup> I will extol the LORD at all times;  
his praise will always be on my lips.

<sup>2</sup> I will glory in the LORD;  
let the afflicted hear and rejoice.

<sup>3</sup> Glorify the LORD with me;  
let us exalt his name together.

**I will extol Yahweh all times; his praise will always be on my lips.**

<sup>4</sup> I sought the LORD, and he answered me;  
he delivered me from all my fears.

<sup>5</sup> Those who look to him are radiant;  
their faces are never covered with shame.

<sup>6</sup> This poor man called, and the LORD heard him;  
he saved him out of all his troubles.

**I will extol Yahweh all times; his praise will always be on my lips.**

<sup>7</sup> The angel of the LORD encamps around those who fear him,  
and he delivers them.

<sup>8</sup> Taste and see that the LORD is good;  
blessed is the one who takes refuge in him.

**I will extol Yahweh all times; his praise will always be on my lips.**

<sup>9</sup> Fear the LORD, you his holy people,  
for those who fear him lack nothing.

<sup>10</sup> The lions may grow weak and hungry,  
but those who seek the LORD lack no good thing.

**I will extol Yahweh all times; his praise will always be on my lips.**

<sup>11</sup> Come, my children, listen to me;  
I will teach you the fear of the LORD.

<sup>12</sup> Whoever of you loves life  
and desires to see many good days,

<sup>13</sup> keep your tongue from evil  
and your lips from telling lies.

**I will extol Yahweh all times; his praise will always be on my lips.**

<sup>14</sup> Turn from evil and do good;  
seek peace and pursue it.

<sup>15</sup> The eyes of the LORD are on the righteous,  
and his ears are attentive to their cry;

<sup>16</sup> but the face of the LORD is against those who do evil,  
to blot out their name from the earth.

**I will extol Yahweh all times; his praise will always be on my lips.**

<sup>17</sup> The righteous cry out, and the LORD hears them;  
he delivers them from all their troubles.

<sup>18</sup> The LORD is close to the brokenhearted  
and saves those who are crushed in spirit.

**I will extol Yahweh all times; his praise will always be on my lips.**

<sup>19</sup> The righteous person may have many troubles,  
but the LORD delivers him from them all;

<sup>20</sup> he protects all his bones,  
not one of them will be broken.

**I will extol Yahweh all times; his praise will always be on my lips.**

<sup>21</sup> Evil will slay the wicked;  
the foes of the righteous will be condemned.

<sup>22</sup> The LORD will rescue his servants;  
no one who takes refuge in him will be condemned.

**Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be forever.**

**Amen.**

**I will extol Yahweh all times; his praise will always be on my lips.**

## **MEDITATION**

**LET ME SHOW YOU THE HEART OF JESUS, HEART OF MY LONGING.** When you are in love you welcome the opportunity to speak of your beloved so that the one to which you are speaking can come to at least a glimpse of your love. Again, this is at the very heart of the ways of love. Since I am love itself it is the same with Me. I love to speak of Jesus. I love to lead souls to Jesus. I love for souls to see how wonderful he is. If it sounds like I am saying that I love to brag about Jesus, you will have come to the right conclusion. There are things about Jesus that you will never know in and of yourself. I know those things because of the deep relationship which he and I share, and I whenever there is a soul that will give Me a chance, I will expose those things about Jesus that they could not know in and of themselves. *"This is who he is,"* will become My favorite line if you ask Me to show you his heart. Whatever you are facing, ask Me to unveil the heart of Jesus about the person or situation you are facing. Whatever you are facing, let Me show you what Jesus wants to be for you in that moment, then let him come to you and be that for you. You will never catch the two of us not working together to bring the Father glory.

One of the most precious gifts you have been given is your testimony of Jesus. Who do you say he is? To stand solidly in your testimony of Jesus will give you the strength to face the most difficult situations, coming out on the other side of the trial, looking more and more like him. The more you stand with sureness in your testimony of Jesus, the more you will come to know the likeness to which you are being formed, Heart of My Longing. Let Me introduce you to deeper and deeper, closer and closer levels of a relationship with him. Can you imagine living a life where people say ask you, *“How do you know Jesus so well?”* with you responding, *“Because the Holy Spirit tell me about him all the time.”* I am sure you can see how powerful Me testifying to you of him could have eternal consequences for you. I am eager to make Jesus known to you. The more you know him, I promise, the more you will love him; and the more you love him, the more that you will want to serve him. I hope we get started on Me revealing him to you, soon.

**JOURNAL EXERCISE:**

Right now, stop and ask the Holy Spirit what He wants to tell you about Jesus. What did He say?

Write your testimony of who Jesus is for you:

Write a prayer inviting the Holy Spirit to lead you into a deeper relationship with Jesus:

**Spiritual Exercise**

Throughout the day make it your constant aim to pray the Declaration for the Day.

Try to memorize the scripture for today.

With whom can you share today's experience with the Holy Spirit?

## **DECLARATION FOR DAY 17:**

Throughout the day come back to this prayer and pray it from your heart.

The Holy Spirit is revealing more and more to  
me of the heart of Jesus.



## **DAY 17 EVENING PRAYER:**

**John 15:26**

But when the Helper comes, whom I shall send to you from the Father, the Spirit of truth who proceeds from the Father, He will testify of Me.

### **Act of Consecration to the Holy Spirit**

On my knees before the great multitude of heavenly witnesses -

the Glorious Theotokos, the God Bearer, the Mother of God;  
with the Seraphim and Cherubim;  
with Thrones, Dominions, Virtues and Powers;  
with Archangels, Principalities, and Guardian Angels;  
and all the Saints.

I offer myself, spirit, soul, and body to You,

Eternal Spirit, Lover of My Soul.

I adore the brightness of Your purity,  
the unerring keenness of Your justice,  
and the might of Your love.

You are the Strength and Light of my all I am.  
In You I live, and move, and have my being.  
I desire never to grieve You by unfaithfulness to Your grace  
and I pray with all my heart to be kept from the smallest sin against You. Merciful Spirit of Truth,  
guard my every Thought and grant that I may always watch for Your light,  
listening to Your voice,  
following Your gracious inspirations.

I cling to Your covenant and give to You,  
myself,  
completely,  
without reserve,  
Love of my love,  
Life within my life.

I ask You in Your infinite compassion to watch over me for I am weak and small.  
I need Your help, Holy Spirit.

Gazing with love and gratitude upon the Cross,  
holding the pierced feet of Jesus,  
looking at his five wounds,  
trusting in his precious blood,  
and adoring his open side and pierced heart,  
I implore You,  
Spirit of Oblation,

You who are worthy of my adoration,  
Helper of in my infirmity,  
to keep me in Your Divine Life of sanctifying grace that I may never sin against You ever again.

Holy Spirit, Triune God,  
Spirit of the Father and the Son,  
help me to pray to You in all situations,  
*“Speak Lord for your servant is listening,”*  
that I might always know and do the Father’s will in all things and at all times.  
In Jesus name.  
Amen.

**REVIEW OF DAY:**

What sticks out to you from today’s encounter with the Holy Spirit?

How do you think today’s encounter with the Holy Spirit will affect your life?

With whom did you share today’s encounter? How did they respond?

## **Prayer to the Holy Spirit**

Holy Spirit,

You are the Third Person of the Blessed Trinity.

You are the Spirit of truth, love and holiness,  
proceeding from the Father and the Son,  
and equal to Them in all things.

I adore You and love You with all my heart.

Teach me to know and to seek God,  
by whom and for whom I was created.

Fill my heart with a holy fear and a great love for Him.

Give me compunction and patience,  
and do not let me fall into sin.

### **Further Thoughts:**