



Day 18: HOPE IS MY DREAM COMING TRUE

Romans 15:13

May the God of hope fill you with all joy and peace as you trust in him,
so that you may overflow with hope by the power of the Holy Spirit.

DAY 18 MORNING PRAYER:

Psalm 148

Alleluia! Praise the Lord!

¹ Praise the LORD.

Praise the LORD from the heavens;
praise him in the heights above.

Alleluia! Praise the Lord!

² Praise him, all his angels;
praise him, all his heavenly hosts.

³ Praise him, sun and moon;
praise him, all you shining stars.

Alleluia! Praise the Lord!

⁴ Praise him, you highest heavens
and you waters above the skies.

⁵ Let them praise the name of the LORD,
for at his command they were created,
⁶ and he established them forever and ever—
he issued a decree that will never pass away.

Alleluia! Praise the Lord!

⁷ Praise the LORD from the earth,
you great sea creatures and all ocean depths,
⁸ lightning and hail, snow and clouds,
stormy winds that do his bidding,

Alleluia! Praise the Lord!

⁹ you mountains and all hills,
fruit trees and all cedars,

¹⁰ wild animals and all cattle,
small creatures and flying birds,

Alleluia! Praise the Lord!

¹¹ kings of the earth and all nations,
you princes and all rulers on earth,

¹² young men and women,
old men and children.

Alleluia! Praise the Lord!

¹³ Let them praise the name of the LORD,
for his name alone is exalted;
his splendor is above the earth and the heavens.

¹⁴ And he has raised up for his people a horn,
the praise of all his faithful servants,
of Israel, the people close to his heart.

Alleluia! Praise the Lord!

Praise the LORD.

**Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever.**

Amen.

Alleluia! Praise the Lord!

MEDITATION

LET ME FILL YOU WITH HOPE, HEART OF MY LONGING. Later, I am going to talk to you about the Three Theological Virtues of faith, hope, and love. Toward the beginning of our time together I want to talk with you about hope so that it can be built up in you. Hope is one of the greatest virtues missing in souls, today. Hope is not wishful thinking, though wishful thinking is what people believe to be hope. Hope is a dream for which you long. True hope is my dream in you, longing and waiting to be fulfilled. I place hope within you. There are things buried within you that are yet to come to be. Hope allows your spirit to see that which is not, yearning for it to come to be. My hope will not leave you disappointed, Though wishful thinking will leave you so. Sit back and let me show you what I have been waiting to bring about in your family, in you, in your work, in your finances, in all your relationships. Let me show you. When you see what I see through the eyes of hope your heart will be set ablaze with overflowing joy. When one does not have this amazing gift of hope life becomes heavy as you trudge forward. The liar will whisper in your ear that nothing is going to change. The difficulties you now face is now your new normal, he will darkly speak to you. Do not listen to him. He cannot see the future, so he keeps you locked into what you can see, right now; he keeps you focused on the problems you are now facing. I am not like him, Heart of My Longing. I see all things, and I dream for something that is greater than you are now experiencing. I hope you are excited to see more clearly with the eyes of hope.

Let me, since we are growing in hope, show you the partnership of hope with faith and love. Hope is the dream for you that I deposit in your heart. Hope causes you to look up instead of being stuck in that which you can now see. Hope sees what is not there, while faith is the gift that comes along side hope for you to stand on my promises concerning that for which you hope. Faith reaches out to receive what hope offers. By faith, believing in who I am and that I reward those who seek Me, you take hold of that for which you are dreaming. All this is done in love. In love, I plant the dream in your heart, hope, and in love I give you the faith you need to obtain through my promises that for which you hope. I also offer you the grace to respond to your hope, obtaining by faith that for which you long, causing your heart to swell with love for Me who longs

to bless you. Let Me bless you, My Intimate Friend. I am excited about the hope which will rise in your heart as we continue to prepare for Pentecost. Heart of My Longing, let hope arise, you dreaming My dream.

JOURNAL EXERCISE:

What new insights have you received about hope as the Holy Spirit teaches you all things?

In what areas of your life do you need hope? What does the Holy Spirit want to show you as to what He wants to do in these areas?

Write a prayer to the Holy Spirit asking for a strengthen of hope. Write a prayer for each area in your life where the Spirit is offering you hope.

Spiritual Exercise

Throughout the day make it your constant aim to pray the Declaration for the Day.

Try to memorize the scripture for today.

With whom can you share today's experience with the Holy Spirit?

DECLARATION FOR DAY 18:

Throughout the day come back to this prayer and pray it from your heart.

*I am being strengthened in hope;
my dreams are expanding into His dreams.*



and Three Divine Persons in One God.

*Lord Jesus, accept our prayer,
you that sits at the right hand of the Father,
and have mercy on us.*

For you alone are holy; You alone are the Lord;

You alone are most high, Jesus Christ,

together with the Holy Spirit in the glory of God the Father. Amen.

Let Your mercy, O Lord, be upon us, as we place our trust in You.

O Lord, You have been a refuge for us from generation to generation.

Lord, have mercy on me;

heal my spirit, heal my soul, and heal my body.

O Lord, to You have I fled;

for You are my God;

With You is the fountain of life,

and in Your light we see light.

Extend Your mercy to all, Lover of Mankind.

3. Next is a single bead. On this bead pray the Our Father:

Our Father,

Who art in Heaven,

hallowed be Thy name;

DAY 18 EVENING PRAYER:

Romans 15:13

¹³ May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

Holy Spirit Rosary

This prayer uses a regular rosary. If you do not have one, do not worry. The heart of the rosary are ten prayers in a row. The Father made you with ten fingers. Just use your fingers if you do not have a rosary. I invite you to get one, though.

1. Kiss the crucifix, making the sign of the cross.

2. Say this prayer while holding the crucifix:

Blessed are you, O Most Holy Trinity.

O Lord God, heavenly King, God the Almighty Father;

O Lord, Jesus Christ, the only-begotten Son,

O Lord, the Holy Spirit,

You are One God in Three Divine persons

*Thy Kingdom come,
Thy will be done
on earth as it is in Heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.*

4. Now there are three beads on a row. On those beads pray:

1st Bead

*Holy Spirit,
be praised and adored
for you are God from God, light from light, true God from true God,
consubstantial with the Father and the Son.*

2nd Bead

*Holy Spirit,
be praised and adored,
for you are the Lord and Giver of Life
with the Father and the Son.*

3rd Bead

*Holy Spirit,
be praised and adored,
for you are the Sanctifier,
making us like you and the Father and the Son.*

5. You come to another single bead. As you move through the ring of the rosary there will be five single beads. When you come to these single beads, pray:

*O Heavenly King, the Comforter, the Spirit of Truth,
you are in all places and you fill all things.
You are the Treasury of Blessings and the Giver of Life:
come and dwell in us,
cleanse us from every sin,
and save our souls,
O Gracious Lord.*

6. On all sections where there are ten beads (known as a decade)

1st decade, pray

Come Holy Spirit, fill and renew me.

2nd decade, pray

Come, Holy Spirit, fill and renew my family.

3rd decade, pray

Come, Holy Spirit, fill and renew your Church.

4th decade, pray

Come, Holy Spirit, fill and renew all peoples.

5th decade, pray

Come, Holy Spirit, fill and renew all creation.

7. At the end of the Holy Spirit Rosary, pray three times:

*Holy God, Holy Mighty One, Holy Immortal One,
have mercy on us and on the whole world.*

8. End by kissing the crucifix, blessing yourself with the sign of the cross.

REVIEW OF DAY:

What sticks out to you from today's encounter with the Holy Spirit?

How do you think today's encounter with the Holy Spirit will affect your life?

With whom did you share today's encounter? How did they respond?

Prayer of St Augustine to the Holy Spirit

Breathe into me, Holy Spirit,
that my thoughts may all be holy.

Move in me, Holy Spirit, that my work, too, may be holy.

Attract my heart, Holy Spirit, that I may love only what is holy.

Strengthen me, Holy Spirit, that I may defend all that is holy.
Protect me, Holy Spirit, that I may always be holy.

Further Thoughts: