# Lectio II

Start with prayer: Pray to the Father and ask the Father to send you the Holy Spirit to be with you as you consider the following questions. Thank Him for the blessings you are about to receive. Ask for His help. End your prayer "in Jesus name."

Jn 8:31
Jesus then said
to the Jews who had believed in him,
"If you continue in my word,
you are truly my disciples,
Jn 8:31

Read the Word: Look up and prayerfully read this scripture. Take your time and allow God's Word to soak into your heart. Allow the Holy Spirit to minister meaning to this Word from God, your Father, to you. You have spoken to Him through your prayer; now allow Him to speak to you through this scripture.

Commit this passage to memory this week. Your packet will have a business size card with this scripture written on it. Carry it with you and read it through out the day. Make sure to look this up in your Bible so that you will know where it is located.

If you are using a color-coding system to mark your Bible, use Brown to mark this passage. Brown = Word, God speaking, Divine Guidance.

#### **Principles for Hearing:**

- 1) God is my Father
- 1 Jn 3:1 for my life Jer 29:11
- 2) My Father has a plan for my life3) My Father wants to make known
- Is 30:21

the plan for my life.

# Reflection

As you read *Jn 8:31* what does the Holy Spirit speak to your heart (be aware of thoughts and feelings)?

What did you learn this week? What stick out? What increased your faith to know that God would speak to you?

## **Lectio Divina (Divine Reading)**

**Lectio-** *to read:* Look up and then write the passage down. As you read have faith that God is speaking to you personally.

Meditatio - to meditate: What is God saying to you? Use who, what, where, when, why.

**Oratio** – *to speak*: Speak to God about what He is saying to you.

Note: Meditatio and Oratio can flow back and forth between you and the Holy Spirit as it is a conversation.

**Contemplatio** — *to contemplate*: Read the passage again. Sit and enjoy the presence of the Lord. Let the Word you have read become a point for God to speak more clearly and personally into your life.

### **Suggested Passages for Lectio Divina:**

Is 55:1-13	
Mt 11:28-30	
Jn 14:1-4	

ls 55:10-11

Jm 1:19-25

2 Tim 3:14-17