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enew:

Father, I give you my life. All that I am and all that I have is yours. Take me and do with me as you will. I want only your will. Jesus, you are my **Rejoice:** Listen to some Christian music or sing a song. Spend some time adoring (for who God is) and praising (for what God has done) God. Write down your adoration and praise.

Receive: Open your heart to the Holy Spirit and ask him to baptize you anew. Let the Lord come with his blessings. What blessings does God want to give you?

Jesus, baptize me afresh in the Holy Spirit like the Apostles on the Day of Pentecost. I welcome you Holy Spirit. Increase my faith, strengthen my hope and deepen my charity. Grant me fear of the Lord and piety; counsel, wisdom, and fortitude; knowledge and understanding. For the upbuilding of the Body of Christ manifest through me word of knowledge and word of wisdom; faith and healings; miracles, prophecy and discernment; speaking in tongues and interpreting tongues.

Release: Allow the Holy Spirit to search your heart and show you if there is anyone that you need to forgive be it something that has been hurtful or an annoyance. As an act of your will forgive this person. **Repent:** Allow the Holy Spirit to search your heart for anyway that you have sinned against God or a person. As an act of faith, receive the forgiveness of the Lord. Do you need to go and make amends with a person? List things for which you need to repent:

Reject: Is there an area in your life that you have become enslaved to sin or a generational sin in your family that you want to make sure is not passed on t you or your generations? Reject these sins and the spirits that accompany them. Cover yourself with the blood of Jesus.

