



4th Night: Spiritual Exercise

"Life in the Holy Spirit"

What are your thoughts and feelings after tonight's session?

What song(s) helped you to encounter the presence of the Lord Jesus? Do you remember any phrases?

How would you describe tonight to a friend that was not at the Parish Mission?

What do you remember from the teaching? Is there anything new that you learned?

How is the Holy Spirit calling you to continue to walk and grow in a life immersed in the Holy Spirit?

Is there anything else about which you would like to write?

Scriptures for Meditation (Letcio Divina):

Place yourself in the presence of God and ask Him to speak into your life through His Word. After you slowly read each passage three or four times notice what is jumping off the page and speaking to you. Ask the Holy Spirit to tell you why this word or phrase is coming to you. Begin to talk to the Father and allow the Father to speak to you. Write down your time of encounter. End by thanking your Father for this time and pray the Our Father.

Lk 24 :13-35

Ac 2:42

Parish Mission Follow Up

Go to

<https://thewildgooseisloose.com/series-segments>

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