



## Day 23: LONGING TO HEAL

Luke 5:17

And the power of the Lord was with Jesus to heal the sick.

### **DAY 23 MORNING PRAYER:**

#### **Psalm 122**

**Let us go to the house of Yahweh**

<sup>1</sup> I rejoiced with those who said to me,  
“Let us go to the house of the LORD.”

<sup>2</sup> Our feet are standing  
in your gates, Jerusalem.

**Let us go to the house of Yahweh**

<sup>3</sup> Jerusalem is built like a city  
that is closely compacted together.

<sup>4</sup> That is where the tribes go up—  
the tribes of the LORD—

to praise the name of the LORD  
according to the statute given to Israel.

**Let us go to the house of Yahweh**

<sup>5</sup> There stand the thrones for judgment,  
the thrones of the house of David.

<sup>6</sup> Pray for the peace of Jerusalem:  
“May those who love you be secure.

**Let us go to the house of Yahweh**

<sup>7</sup> May there be peace within your walls  
and security within your citadels.”

<sup>8</sup> For the sake of my family and friends,  
I will say, “Peace be within you.”

**Let us go to the house of Yahweh**

<sup>9</sup> For the sake of the house of the LORD our God,  
I will seek your prosperity.

**Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be forever.**

**Amen.**

**Let us go to the house of Yahweh**

HEALING IS AT THE HEART OF WHO I AM AND THAT TO WHICH YOU ARE CALLED TO DO, HEART OF MY LONGING. I am love. Love requires that whenever your beloved is in need, and you have what they need, love drives you forward to help meet that need of the one whom you love. The essence of love is to care for the other, even at self-expense. Whenever someone is ill, I am there with them with all My power to bring them the healing they need. Some wonder if I will heal them or not. Others teach that sometimes it is My will to heal, while at other times it is not My will to heal. Whenever you are in doubt, Disciple of Jesus, do two things: look to My nature/character, and look to the life of Jesus. In discovering who I am and how I moved through Jesus you will come to know My will in all circumstances. Never go far from this principle that I am showing you. Stay close to the simplicity of love. For in love you will find who I am and what I do. There is no more any need for you to wonder. Simply trust in the truth that flows from who I am – love.

Love moves Me out to those who are suffering because of the ways of the Kingdom of Darkness. Know this without a doubt – sickness, disease, and infirmities are not of the Kingdom of God. When you see them you see the Kingdom of Darkness. I have given you all My power and authority as I gave it to Jesus. I am with you, Heart of My Longing, to heal those who are depressed and oppressed by the enemy of your soul. With this power and authority, you can rob the enemy of any glory he is gaining by cursing people with sickness, disease, and infirmity. Just as the power of the Lord, Me, was with Jesus, so My power is with you. Do not hesitate, though it might be uncomfortable to lay our hands on those bound by the enemies darkness, for the sake of the soul that is at his destruction, step out, believe, and bring forth My healing to them. I am ready to use you out of love for them, and love for you. Let me use you. Together, with My power, we will bring forth the Kingdom of Light and overcome the Kingdom of Darkness. Arise, My partner! Let us go!

**JOURNAL EXERCISE:**

Have you ever Thought about sickness, disease, and infirmity as being the work of the Kingdom of Darkness? How is it so?

How do you feel about being used by the Holy Spirit to heal someone?

Write a prayer to the Holy Spirit asking Him for the grace to be used to heal the sick:

**Spiritual Exercise**

Throughout the day make it your constant aim to pray the Declaration for the Day.

Try to memorize the scripture for today.

With whom can you share today's experience with the Holy Spirit?

**DECLARATION FOR DAY 23:**

Throughout the day come back to this prayer and pray it from your heart.

*I am filled with the Holy Spirit,  
sent to heal the sick.*



## **DAY 23 EVENING**

### **PRAYER:**

**Luke 5:17**

And the power of the Lord was with Jesus to heal the sick.

### **Holy Spirit Rosary**

*This prayer uses a regular rosary. If you do not have one, do not worry. The heart of the rosary are ten prayers in a row. The Father made you with ten fingers. Just use your fingers if you do not have a rosary. I invite you to get one, though.*

1. Kiss the crucifix, making the sign of the cross.
2. Say this prayer while holding the crucifix:  
*Blessed are you, O Most Holy Trinity.  
O Lord God, heavenly King, God the Almighty Father;  
O Lord, Jesus Christ, the only-begotten Son,  
O Lord, the Holy Spirit,  
You are One God in Three Divine persons and Three Divine Persons in One God.*

*Lord Jesus, accept our prayer,  
you that sits at the right hand of the Father,  
and have mercy on us.*

*For you alone are holy; You alone are the Lord;  
You alone are most high, Jesus Christ,  
together with the Holy Spirit in the glory of God the Father. Amen.*

*Let Your mercy, O Lord, be upon us, as we place our trust in You.  
O Lord, You have been a refuge for us from generation to generation.  
Lord, have mercy on me;  
heal my spirit, heal my soul, and heal my body.  
O Lord, to You have I fled;  
for You are my God;  
With You is the fountain of life,  
and in Your light we see light.  
Extend Your mercy to all, Lover of Mankind.*

3. Next is a single bead. On this bead pray the Our Father:

*Our Father,  
Who art in Heaven,*

*hallowed be Thy name;  
Thy Kingdom come,  
Thy will be done  
on earth as it is in Heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil. Amen.*

4. Now there are three beads on a row. On those beads pray:

1<sup>st</sup> Bead

*Holy Spirit,  
be praised and adored  
for you are God from God, light from light, true God from true God,  
consubstantial with the Father and the Son.*

2<sup>nd</sup> Bead

*Holy Spirit,  
be praised and adored,  
for you are the Lord and Giver of Life  
with the Father and the Son.*

3<sup>rd</sup> Bead

*Holy Spirit,  
be praised and adored,  
for you are the Sanctifier,  
making us like you and the Father and the Son.*

5. You come to another single bead. As you move through the ring of the rosary there will be five single beads. When you come to these single beads, pray:

*O Heavenly King, the Comforter, the Spirit of Truth,  
you are in all places and you fill all things.  
You are the Treasury of Blessings and the Giver of Life:  
come and dwell in us,  
cleansing us from every sin,  
and save our souls,  
O Gracious Lord.*

6. On all sections where there are ten beads (*known as a decade*)

1<sup>st</sup> decade, pray

*Come Holy Spirit, fill and renew me.*

2<sup>nd</sup> decade, pray

*Come, Holy Spirit, fill and renew my family.*

3<sup>rd</sup> decade, pray

*Come, Holy Spirit, fill and renew your Church.*

4<sup>th</sup> decade, pray

*Come, Holy Spirit, fill and renew all peoples.*

5<sup>th</sup> decade, pray

*Come, Holy Spirit, fill and renew all creation.*

7. At the end of the Holy Spirit Rosary, pray three times:

*Holy God, Holy Mighty One, Holy Immortal One,*

*have mercy on us and on the whole world.*

8. End by kissing the crucifix, blessing yourself with the sign of the cross.

**REVIEW OF DAY:**

What sticks out to you from today's encounter with the Holy Spirit?

How do you think today's encounter with the Holy Spirit will affect your life?

With whom did you share today's encounter? How did they respond?

**Prayer of St Augustine to the Holy Spirit**

Breathe into me, Holy Spirit,  
that my thoughts may all be holy.

Move in me, Holy Spirit, that my work, too, may be holy.

Attract my heart, Holy Spirit, that I may love only what is holy.  
Strengthen me, Holy Spirit, that I may defend all that is holy.  
Protect me, Holy Spirit, that I may always be holy.

**Further Thoughts:**