



DAY 30: MY PEACE IS YOUR PEACE

Romans 14:17 (TPT)

For the kingdom of God is not a matter of rules
about food and drink, but is in the
realm of the Holy Spirit,
filled with righteousness, peace, and joy.

DAY 30 MORNING PRAYER:

Psalm 96

Worship the LORD in the splendor of his holiness.

¹ Sing to the LORD a new song;
sing to the LORD, all the earth.

² Sing to the LORD, praise his name;
proclaim his salvation day after day.

Worship the LORD in the splendor of his holiness.

³ Declare his glory among the nations,
his marvelous deeds among all peoples.

⁴ For great is the LORD and most worthy of praise;
he is to be feared above all gods.

Worship the LORD in the splendor of his holiness.

⁵ For all the gods of the nations are idols,
but the LORD made the heavens.

⁶ Splendor and majesty are before him;
strength and glory are in his sanctuary.

Worship the LORD in the splendor of his holiness.

⁷ Ascribe to the LORD, all you families of nations,
ascribe to the LORD glory and strength.

⁸ Ascribe to the LORD the glory due his name;
bring an offering and come into his courts.

Worship the LORD in the splendor of his holiness.

⁹ Worship the LORD in the splendor of his holiness;
tremble before him, all the earth.

¹⁰ Say among the nations, "The LORD reigns."

The world is firmly established, it cannot be moved;
he will judge the peoples with equity.

Worship the LORD in the splendor of his holiness.

¹¹ Let the heavens rejoice, let the earth be glad;
let the sea resound, and all that is in it.

¹² Let the fields be jubilant, and everything in them;
let all the trees of the forest sing for joy.

Worship the LORD in the splendor of his holiness.

¹³ Let all creation rejoice before the LORD, for he comes,
he comes to judge the earth.

He will judge the world in righteousness
and the peoples in his faithfulness.

**Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever.**

Amen.

Worship the LORD in the splendor of his holiness.

MEDITATION

PEACE IS MY GIFT TO YOU, HEART OF MY LONGING. One of the most precious gifts for which the heart of man searches is that of peace. When one studies the philosophies of the world one is studying someone thoughts about how to attain peace in self and with others. When one studies the religions of the world, they are exploring a way to find peace amid that religion's beliefs, worship, and morals. Peace is the deep desire of every soul. When Jesus rose from the dead, the first gift that he gave to the apostles was peace when he said, "*Peace be with you.*" Jesus knew the longing of the human heart. He wasted no time but gives to them that for which they were seeking. It is Our peace that We give to you. Imagine how immense and perfect is the peace that We, the Trinity, possesses. Our peace is a peace that knows no end. Our peace comes from one source – Love. A key to a life of peace is dwelling securely, above all, in the fact that one is loved, totally and completely. With that in mind, if you are not feeling peaceful, there is more than taking 10 deep breaths to return you to your inheritance. Instead of 10 breaths, I invite you to stop and allow me to soak you in My love. Underneath all your frustration is a false belief that you are not loved unconditionally and that My love is not enough. How about we say it right now? That is a big fat lie, isn't it? You are always loved no matter what is going on wither inside or outside of you.

Peace is also the first gift that the enemy wants to steal from you. Heart of My Longing, do not surrender your peace to him. Resist him and he must flee. Choose peace! Stand in it, and do not move from its place. Enjoy all that it brings – health, right relationships, good sleep, lack of stress, unity with Me. When you lose peace, here is a way to find it. Ask Me to take you back to the moment when you surrendered it. Then let Me show you what you thought was missing in that moment; and I will show you that that for which you longed I held in My hand willingly, and joyfully expectant to give you what you thought you did not have.

JOURNAL EXERCISE:

Does what you read make you think anything differently about peace?

What do you see as the benefit of living a life of peace?

Write a prayer inviting the Holy Spirit to lead you into deeper peace:

Spiritual Exercise

Throughout the day make it your constant aim to pray the Declaration for the Day.

Try to memorize the scripture for today.

With whom can you share today's experience with the Holy Spirit?

Holy Spirit, Gift of God, the Most High,
Holy Spirit, Who Fills the Universe,
Holy Spirit, the Spirit of the Adoption,

have mercy on us
have mercy on us
have mercy on us

Holy Spirit, make us like Jesus.

Holy Spirit, inspire us to hate sin and learn to overcome it.

Holy Spirit, come and renew the face of the earth, leading all souls to Jesus.

Holy Spirit, shed Your light in our souls.

Holy Spirit, engrave Your law on our hearts.

Holy Spirit, inflame us with the flame of Your love to love You, our friends, and our enemies.

Holy Spirit, teach us to pray.

Holy Spirit, enlighten us to understand Your Word.

Holy Spirit, lead us with Your heavenly inspirations.

Holy Spirit, lead us in the way of salvation.

Holy Spirit, grant us knowledge of heavenly mysteries.

Holy Spirit, inspire us practice love with all we meet.

Holy Spirit, grant us the grace to forgive those we have judged.

Holy Spirit, helps us to persevere in doing good and avoiding evil.

Holy Spirit, lead us to souls that do not know Jesus, giving us the proclamation and the demonstration of the Gospel of the Kingdom.

Holy Spirit, be our everlasting reward that we might love you with the Father and Son for all eternity.

Jesus, Lamb of God,

Lover of Mankind, send us more of the Holy Spirit, filling us to the point of overflowing.

Jesus, Lamb of God,

Lover of Mankind, pour down the gifts of the Holy Spirit for the sanctification of our soul, the upbuilding of the Body of Christ, and the salvation of those yet to call on him Savior and Lord.

Jesus, Lamb of God,

Lover of Mankind, grant us Your Spirit without measure that we may do the works that you have done and greater works than those.

Come, Holy Spirit,

fill the hearts of Your faithful,

and enkindle in them the fire of Your love.

Let Us Pray -

Grant, O Merciful Father, our ABBA,

that Your Divine Spirit may enlighten, purify, and inflame us with His presence and power.

May He inebriate us, through and through,

making us, for Your glory, fruitful, like Jesus, in all good works.

We ask this Though Our Lord Jesus Christ,

Your Son,

Who with You,

in the unity of the same Spirit,

lives and reigns forever and ever.

Amen.

REVIEW OF DAY:

What sticks out to you from today's encounter with the Holy Spirit?

How do you think today's encounter with the Holy Spirit will affect your life?

With whom did you share today's encounter? How did they respond?

Prayer of St Augustine to the Holy Spirit

Breathe into me, Holy Spirit,

that my thoughts may all be holy.

Move in me, Holy Spirit, that my work, too, may be holy.

Attract my heart, Holy Spirit, that I may love only what is holy.

Strengthen me, Holy Spirit, that I may defend all that is holy.

Protect me, Holy Spirit, that I may always be holy.

Further Thoughts: