

DAY 35: SELF CONTROL

Proverbs 3:5

Trust in the LORD with all your heart and lean not on your own understanding ...

DAY 36 MORNING PRAYER

Psalm 122

Let us go to the house of Yahweh

¹ I rejoiced with those who said to me,
“Let us go to the house of the LORD.”

² Our feet are standing
in your gates, Jerusalem.

Let us go to the house of Yahweh

³ Jerusalem is built like a city
that is closely compacted together.

⁴ That is where the tribes go up—
the tribes of the LORD—

to praise the name of the LORD
according to the statute given to Israel.

Let us go to the house of Yahweh

⁵ There stand the thrones for judgment,
the thrones of the house of David.

⁶ Pray for the peace of Jerusalem:
“May those who love you be secure.

Let us go to the house of Yahweh

⁷ May there be peace within your walls
and security within your citadels.”

⁸ For the sake of my family and friends,
I will say, “Peace be within you.”

Let us go to the house of Yahweh

⁹ For the sake of the house of the LORD our God,
I will seek your prosperity.

**Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever.**

Amen.

Let us go to the house of Yahweh

MEDITATION

SELF CONTROL IS THE APPLICATION OF MY GRACES, HEART OF MY

LONGING. Philosophy is what men should do. History is what they have done. So much of history is filled with things that men, even good men, have done and should not have been done. How is that the case? Did they need to exercise a greater measure of their will and try harder. Well, of course I would not say that they should

have not tried harder but trying harder does not achieve what is needed because it relies on the self to bring about self-control. As I have said before, your resources are limited, at the same time, mine are not. Humility is the grace that allows you to say, *"I can't, as I am too weak and too small."* The pop-psychology of the time would rail against what I have said, though it is the truth. The self-control which I give to a soul is to take what is mine and use it to move one's self to do the right and the good. It comes from abiding in Me, sharing My life, so that My life can flow through you, if you choose. I am not calling you to try harder to be more patient. I am patient, I dwell within you, and I have what you need. Self-control is to choose from Me what you need, knowing and trusting that I will supply your need. Take any area in your life where you are lacking control of self and you will find Me standing in that place, not with thoughts of condemnation, but with the hope that you will turn to Me for what you need. It is that simple. Let Me review with you what I have said on a former day:

- 1) I can't
- 2) God can
- 3) I will let him.

This is the true process of self-control. It is not determination to do it right this time. It is not that you need to try harder. It is the Way of Surrender, trusting Me to provide what you need. It is not the way in which you have been trained. From your earliest years you have been taught self-reliance. Does this sound like something I would offer you and challenge you to do? This is a powerful deception of the enemy which causes souls to be stifled in their progress in becoming like Jesus which is the Way of Sanctification. Remember, I am the Sanctifier, and you are not. Let Me give you what you need to control your decisions and actions. Trust Me. I will be enough for you.

JOURNAL EXERCISE:

What are your thoughts or feeling after you read today's teaching by the Holy Spirit?

What new insights did you gain concerning self-control?

Write a prayer to the Holy Spirit asking for the grace to surrender more to trusting His grace of self-control:

Spiritual Exercise

Throughout the day make it your constant aim to pray the Declaration for the Day.

Try to memorize the scripture for today.

With whom can you share today's experience with the Holy Spirit?

DECLARATION FOR DAY 35:

Throughout the day come back to this prayer and pray it from your heart.

*I am growing in trust of the
Holy Spirit for all my needs.*



DAY 35 EVENING PRAYER:

Proverbs 3:5

Trust in the LORD with all your heart and lean not on your own understanding ...

Prayer to the Holy Spirit

Holy Spirit,

You are the Third Person of the Blessed Trinity.

You are the Spirit of truth, love and holiness,
proceeding from the Father and the Son,
and equal to Them in all things.

I adore You and love You with all my heart.

Teach me to know and to seek God,
by whom and for whom I was created.

Fill my heart with a holy fear and a great love for Him.

Give me compunction and patience,
and do not let me fall into sin.

REVIEW OF DAY:

What sticks out to you from today's encounter with the Holy Spirit?

How do you think today's encounter with the Holy Spirit will affect your life?

With whom did you share today's encounter? How did they respond?

Come, Holy Spirit

Come Holy Spirit,
fill the hearts of your faithful,
and kindle in them the fire of Your Love.
Send forth Your Spirit and they shall be created,
and You shall renew the face of the earth.
Oh God, Who by the light of the Holy Spirit
instructed the hearts of the faithful,
grant, that by the same Spirit
we may be truly wise and ever rejoice in His consolation.
We ask this through Christ Our Lord.
Amen.

Further Thoughts: