

Food Help

Find food banks and information on free emergency food pantries.

Local food banks and free food pantries are a great place to turn to for assistance. The locations will pass out free food, groceries, personal hygiene supplies and other forms of non-financial support. Millions of individuals and families are struggling with feeding their families on a consistent basis, and a pantry is a great place to turn to for assistance even today. While maybe in some months most people are fine, there can be other periods of time due to an unexpected bill or reduction in income that can make it more challenging. In an emergency, a free food pantry (which are listed below) may be able to help.

Many low to moderate income families also struggle to keep food on their tables due to the escalating cost of basic items. Tens of millions of people receive some type of food assistance from these centers every year. The agencies help feed the working poor, families living in poverty, as well as even moderate-income households. Never hesitate to ask or stop by a location as the goal is to reduce or prevent hunger. Information is provided below on food banks and distribution centers that are located near you and that may be open today.

Food pantries are run by a wide range of organizations. There can be centers located at local charities, non-profits, and even government affiliated agencies. For example, many churches will have a food pantry or soup kitchen on site. Organizations like the Salvation Army or Catholic Charities may run a center at their local branches. Even if a social service agency does not operate a free food pantry, they can usually refer the applicant to a location in their community.

The exact type of assistance offered to qualified individuals will depend on the food bank. Some will provide bread, vegetables, baby formula, frozen food, and perishables today. Other centers may just have free canned goods and other basic groceries to applicants facing a crisis. They also try to also meet any dietary needs of children or senior citizens.

In addition, other forms of non-financial support may be offered. These tend to be more limited, but they are a possibility. Items such as clothes, personal hygiene items, Christmas and Thanksgiving meals, and diapers. An individual will just need to call the distribution center near them to get the specifics on the food assistance programs administered.

Assistance programs that may be offered at emergency food pantries

In addition to information on the food pantries listed below, families have other places to turn to for help today. As one focus will always be to prevent hunger, especially for children as well as the elderly. So if and when you are struggling, there are a number of resources available. Some of those options include:

Government food assistance programs – The federal government runs a large number of assistance programs for the low income as well as families living in poverty. There may also be help from state as well as county organizations. They are available across the nation. More on government food assistance programs.

Salvation Army food pantry assistance programs - This is one of the nation's leading charities. The Christian faith-based charity supports people regardless of their religion, race, immigration status or age. Free food banks, soup kitchens, emergency financial support and other feeding programs are located at each local center. They help the poor, indigent, immigrants, and struggling families. Find details on Salvation Army free food banks that are near you.

Compassion Network

Holiday food, both at Christmas and Thanksgiving, is available from many food banks and pantries. Some provide free groceries as well as ingredients, or entire meals, along with small gifts or toys. Or they hold parties and gatherings for the entire family.

Womens Infant Children - WIC – This is another popular government assistance program for low income individuals. Of particular emphasis is on ensuring newborns as well as pregnant mothers get the nutrition they need. Free or low cost baby formula, food items, and other nutritional support is available, often in the form of vouchers or debit cards. Read more on WIC - https://www.needhelppayingbills.com/html/apply_for_wic.html

In every community, no matter the size of the town, county, or city, there will be a food bank near you. Many different agencies may be involved in feeding children, the poor, less fortunate, or struggling families. Government organizations as well as charities may help households facing an emergency, and they offer free groceries, meals, and more. Find a list of food pantries near you.

Food Stamps or TANF – Almost 40 million American receive some form of food vouchers from the federal government supported SNAP program. TANF can also be used to help pay for basic needs. The vouchers can provide the low income free and reduced cost food. More on TANF food stamps - https://www.needhelppayingbills.com/html/snap_food_stamps.html

Feeding America – A leading non-profit agency that works with food banks and other distribution centers in all 50 states. The organization provides groceries, perishable items, free boxes of food, and more to its regional partners. Those locations then work with pantries, soup kitchens, shelters and other local charities or churches to serve low income families. Local locations are:

WESTMORELAND COUNTY FOOD BANK

Location is 100 Devonshire Drive
Delmont, PA 15626
Main phone: 724.468.8660

GREATER PITTSBURGH COMMUNITY FOOD BANK

1 North Linden
Duquesne, PA 15110
412.460.3663

Soup kitchens and free meals - In addition to getting emergency help from a free food pantry, there are also places that give meals, in particular the Salvation Army. They will serve them in person, deliver free or frozen food to the homebound, feed people during the holidays and much more. The poor, homeless, and those in a short-term crisis can all get free hot or cold meals from a number of places that may be near you.

Salvation Army Locations

917 Brackenridge Avenue
Brackenridge, PA 15014
(724) 224-6310

1101 Fifth Avenue
New Kensington, PA 15068
(724) 335-7221

Compassion Network

Free home delivery of meals - A number of food pantries offer this service. However it is usually only available for senior citizens or the disabled. Volunteers deliver food, groceries, hot meals, nutritional supplements, and other items. Read more on the Meals on Wheels home delivery service. Local Meals on Wheels programs are available and operate in the following locations within 15068:

Puckety Presbyterian Church

1009 Puckety Church Road
Lower Burrell, PA 15068
Phone: (724) 334-4404

Kinloch Firehall #1

P.O. Box 73
New Kensington, PA 15068
Phone: (724) 337-8114

State food banks and free pantries

The food banks you will find listed below in your state are just a sampling of the centers offered. In addition to the locations noted, you will find phone numbers and contact information for organizations that can direct you to a food bank or free food pantry location that may be closer to your home or that is open today.

Pittsburgh Community Food Bank

1 N Linden St.
Duquesne - PA, 15110
Dial - (412) 460-3663

This center is a non-profit 501(c)(3) organization that collects and distributes food and groceries through a 380+ member network that operates in 11 counties in southwestern Pennsylvania. Through special events, fund raising, donations, agreements with local charities and community partnerships, the Food Bank gathers food at a 94,000 square foot warehouse in Duquesne, PA.

Inter Church Food Bank

Address - 618 Russellwood Ave
Mc Kees Rocks - PA, 15136
Main phone number is (412) 771-4088

Light of Life Rescue Mission

10 E North Ave
Pittsburgh - Pennsylvania, 15212
412-803-4134

Westmoreland County Food Bank Incorporated

100 Devonshire Dr.
Delmont - Pennsylvania, 15626
(724) 468-8660

The Westmoreland County Food Bank is a privately run, not-for-profit organization that supplies food and groceries to hungry people and families through a network of assistance programs in Westmoreland County.

Compassion Network

Their 40,000 square foot facility is located in Delmont, Pennsylvania. Of each dollar donated to WCFB, \$.97 goes to food and food programs. The non-profit serves over 7,000 disadvantaged families each month throughout Westmoreland County.

Mon Valley Food Bank

101 Gregg St.
Monongahela - PA, 15063
Dial (724) 292-1060

Produce to People

Phone: (412) 460-3663 ext. 28
Services Offered: food bank

Westmoreland County Assistance Office

909 Industrial Boulevard
New Kensington, PA, 15068-0132
800-622-3527

Case managers can direct families to pantries and soup kitchens, or help them apply for food aid

Lighthouse Ministries Mission

Location is 1611 Fifth Avenue
New Kensington, PA, 15068
Main number is 412-853-9858

The church will have emergency boxes of food, hot meals for families in poverty, and clothing too.

Howard International Ministries

1150 4th Ave. (Mt. Calvary Missionary Baptist Church)
New Kensington
Dial 724.337.3150

Sheep, Inc. - Arnold Campus

1821 5th Ave.
Arnold, Pennsylvania
Phone: 412.216.6370

This charity has a free soup kitchen, including holiday meals in Westmoreland County.

First United Methodist Church Food Bank

130 Ridge Ave.
New Kensington, Pennsylvania
724.845.7743

Just Harvest Food Stamp Screening

For details, dial 412-431-8963

The staff will direct applicants to government aid. There are SNAP benefits and more. Legal aid will help people access these benefits too.

Compassion Network

St. James, St. Vincent DePaul

Address: 108 Owens View Ave.

Apollo, PA

Telephone – 724.727.7621

Various social services and financial support is offered. There is a Meals on Wheels service, snacks for children, and a clothing closet.

Mt. St. Peters

100 Freeport Rd.

New Kensington, PA

Telephone number is 724.335.9877

Smaller local food pantries within 15068

Puckety Presbyterian Church

1009 Puckety Church Road

Lower Burrell, PA 15068

Phone: (724) 339-1323

Services Offered: small food pantry

Bethesda Lutheran Church

3084 Leechburg Road

Lower Burrell, PA 15068

Phone: (724) 335-0559

Services Offered: small food pantry

Food assistance programs

SNAP (Food Stamp) Enrollment Help

John Booker

Phone: (412) 260-3663 ext. 220

Services Offered: food assistance