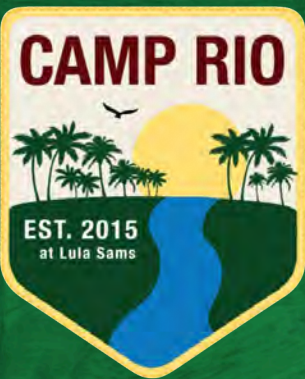




OUTDOOR ED

ACTIVITY LIST

Our activities are arranged by type.
We recommend that you choose one activity from each category.

*All activities are held outdoors except for Reptiles.

- ➡ Range
- ➡ Waterfront
- ➡ STEAM
- ➡ Outdoor Adventure
- ➡ Overnight
- ➡ Picture References

Please choose your 4 favorites!



Range

Activity	Description	Recommended Grade Levels
Jr. Marksmanship	The introduction to our range starts with a simple beanbag toss at numbered blocks to engage campers competitive side, as groups tally up points against one another.	K – 1st
Jr. Rodeo	Campers get their aiming practice as Jr. Cowboys and Cowgirls. They will be using lassos to see if they can catch their “illusive target”. Campers will learn range rules and get ready for a rodeo!	2nd
Jr. Archery	An exciting & engaging game that helps campers with hand/eye coordination using foam-tipped arrows. This also teaches our little campers about colors and numbers, gently introducing them to our more advanced range activities.	3rd
Atlatls	At our range, students will be able to launch wooden darts with plenty of force across a large distance. Campers learn the function and historical value of the atlatl as well as get a taste of prehistoric survival techniques.	5th – 12th and Adults
Archery	Campers will learn the basic function of a bow and arrow while practicing some basic physic concepts. Campers will leave with a understanding of how simple tools function, the importance of hunting, and the balance of the ecosystem.	4th – 12th and Adults



Range

Activity	Description	Recommended Grade Levels
Archery Tag	A favorite activity of RIO's visitors! Campers are divided into teams and compete to get their opponents off the field by firing foam-tipped arrows. *Masks are provided to protect the face, as well as inflatable bunkers that provide cover.	5th – 12th and Adults
Tomahawks	Strength and power are not always the answer and Tomahawks is an activity where students can experience just that. A challenging activity where students learn to safely throw a small, one-handed axe.	4th – 12th and Adults
Marksmanship	Students are taught the principles of conservation and Land Stewardship as it relates to hunting regulations in Texas. They learn how to fire our air pellet rifles. *Camp RIO's priority during this activity is to provide a safe and controlled space for students to learn the importance of proper firearm handling.	8th -12th and Adults



Waterfront

Activity	Description	Recommended Grade Levels
Canoeing	A favorite activity of RIO visitors! Campers enjoy teaming up (in groups of three) to navigate our 4 ft deep, 11-acre resaca in a canoe. This provides the opportunity for every group to learn valuable communication and teamwork skills.	4th – 12th and Adults
Kayaking	Campers who are willing to test their waterfront skills are encouraged to use a kayak on our beautiful 4 ft deep, 11-acre resaca. This activity teaches independence with a fun twist. *Single-Rider Kayaks*	Adults
Fishing	Camp RIO's resaca is teeming with wildlife, and fish are no exception! Our approach to fishing is through "CPR" (Catch-Photo-Release). This activity is a great introduction for those entirely new to the sport as well as seasoned fisher folks!	4th – 12th and Adults



STEAM

Science Technology Engineering Art Math

Activity	Description	Recommended Grade Levels
Adaptations	Our campers learn about the natural characteristics of plants and animals that have been developed over thousands of years to prolong their survival in our ecosystem, as well as gain the ability to identify the uses of these characteristics.	3rd – 12th and Adults
Bee-a-Pollinator	Campers learn about the importance of pollinators in our ecosystem, through the life of a honeybee. They will participate in a gardening activity and a fun game!	8th – 12th and Adults
Dirtectives	Young campers become daytime sleuths to solve geological mysteries! Our variety of soil/dirt contents allows children to engage with nature in a fun hands-on activity! Campers leave with dirty hands and happy hearts.	K – 2nd
Eco-Regions	One of our most informative activities, eco-regions is a race to find the 10 ecosystems of Texas, Campers identify key flora & fauna with visual aids through friendly competition.	7th – 10th
Jr. Green Thumbs	Environmental education is implemented in every lesson taught at Camp RIO, and this program engages children's green thumbs and minds, alike. They work in groups to plant seeds, transfer more established plants, and help maintain what previous campers have left behind.	4th – 7th



STEAM

Science Technology Engineering Art Math

Activity	Description	Recommended Grade Levels
Nature Hike	Our smallest campers learn about nature immediately around them, by playing a small game of bingo/loteria that includes different plants & wildlife that are native & non-native to Texas.	K – 1st
Reptiles	Experience our wonderful native and non-native reptiles up close! Campers learn about their characteristics and habitat. Students are given the opportunity to safely interact with our non-venomous reptiles, in a controlled environment.	3rd -12th and Adults
Watershed	As their horizons begin to expand, students often begin to hold on to the belief that their actions may not impact the “larger picture.” This hands-on activity challenges that idea by providing a visual representation of the water cycle and its role in the natural world.	3rd



Outdoor Adventure

Activity	Description	Recommended Grade Levels
Camper vs. Wild	Getting in touch with their inner survivalist, campers can make a fire, forage for food, and build a shelter. This activity is perfect for those who want to learn more about outdoor survival skills.	8th – 12th and Adults
Survival Craft	Campfires are often called the “caveman’s television” – and for good reason! Campers learn how to start fires in a controlled environment. There is often a deep sense of gratification when both scholars and adults are able to get that flame going.	4th –12th and Adults
Geocaching	What do Google Maps and Pokémon GO have in common? Both run off a GPS mapping program! Explore the incredibly diverse ecology of the Rio Grande Valley with a GPS unit, a clipboard, and a whistle.	7th – 12th and Adults
Teambuilding	Working together on group projects doesn’t always have to create friction within a team! Our guides are trained in helping with the exploration of group dynamics and how to manage them through a variety of activities that are fun and engaging for all ages.	6th – 12th and Adults



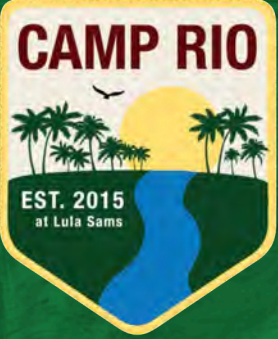
Outdoor Adventure

Activity	Description	Recommended Grade Levels
Spiderweb	A place where imagination knows no bounds, Spider Web is a place where students can engage the most creative part of their brains to build and be whatever they desire! This part of camp allows students to have free time with only a handful of tools to work with: repurposed lumber, tires, and more.	K – 2nd
Recess	A time for our students to engage in some free play under our covered pavilion. They can play with hula hoops, chess, basketball, soccer, and more!	K – 12th
Group Games	Our staff will lead students in various games that encourage teamwork and fun. Waiter game, Alaskan Basketball, Amobea Tag are a few that will have your camper's asking to play again!	K – 12th
Sensory Search	The five senses are incredibly important tools for exploration. Our sensory search activity offers the fun of using only one sense at a time to figure out what lies in our mystery boxes.	K – 2nd
Treehouse Ropes Course	Whether it's teambuilding, growing confidence, or facing your fears, the Treehouse will allow you to reach the sky. It includes different elements, rockclimbing, and a zipline. *Available with an additional price and staff availability*	Minimum of 50lbs



Additional Activities

Activity	Description	Recommended Grade Levels
Night Hike (Night Activity)	Our guides will take your campers on a hike around camp. Depending on the season, campers will be able to view our nocturnal creatures and native habitats.	All Ages
Camp Classics (Night Activity)	Campers will have the choice between some camp favorites. From Gaga ball to arts and crafts, campers will have the choice to pick their favorite.	All Ages
Water World (Night Activity)	Cool off with an exciting water blaster challenge filled with fun games and friendly competition. Be ready to get soaked as you dodge, splash, and work together to complete exciting water missions!	All Ages
Camp Discovery (Night Activity)	Team up with your fellow campers to solve clues, and race across camp in search of hidden items. Groups will be split into teams, encouraging teamwork, communication, and problem-solving.	4th – 12th and Adults
Ropes Course (Day Activity) *Additional Fee	Be one of the first to experience our new adventure course! Experience the thrill of multiple elements, including our rock wall and zip line! The weight limits for each element are as follows: Zip Line: 60–250lbs Climb Wall: 40–300lbs Adventure Course: 40–250 lbs	4th – 12th and Adults
Pool (Day Activity) *Additional Fee	Our pool is ready for cannonballs, sprinklers are set for splash attacks, and we've got plenty of shade breaks to keep you cool. *Takes up two activity slots*	All Ages



Picture References

RANGE



Jr. Marksmanship



Atlatis



Tomahawks



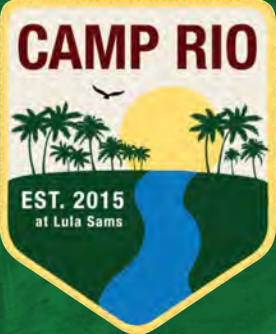
Marksmanship



Archery



Archery Tag



Picture References

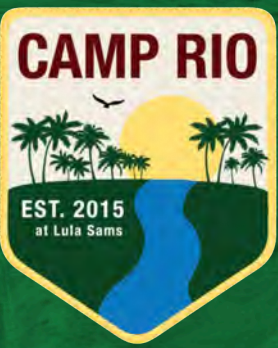
WATERFRONT



Canoeing



Fishing



Picture References

STEAM



Adaptations



Bee - A - Pollinator



Jr. Green Thumbs



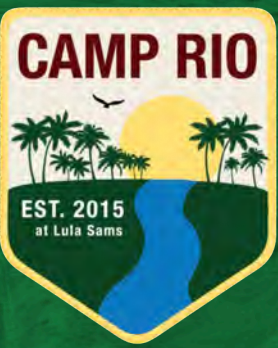
Nature Hike



Eco-Regions



Dirtectives



Picture References

Outdoor Adventure



Survival Craft



Geocaching



Teambuilding



Wildwood



Treehouse - Ropes Course