



2017 Future Stars National Championships

U.S. Olympic Training Center
Colorado Springs, Colorado
November 9-11

Competitive Entry Form

The following are due to your **Regional Chairman** at the conclusion of the Regional Evaluation:

Host hotel:

DoubleTree by Hilton
1775 E. Cheyenne Mountain Blvd.
Colorado Springs, CO 80906
\$123 + 10.25% tx/night
Book thru NTS:
www.ntssportstravel.com/index.shtml

- **Competitive Entry Form**
- **\$125 Entry Fee**
- **GK Elite Sizing Chart**

Regional Chairmen: Submit a check request for one amount for all qualifiers payable to USA Gymnastics.

ATHLETE INFORMATION

USAG # _____ Athlete Name _____

Date of Birth _____ U.S. Citizen? Yes _____ No _____

Age Division: 10 Yr Old 11 Yr Old 12 Yr Old 13 Yr Old

Home Address _____

City _____ State _____ Zip _____

Father's Name _____ Cell Phone _____

Mother's Name _____ Cell Phone _____

Email Address - REQUIRED _____

Foreign Athletes may participate in the Future Stars Program but are not eligible for membership to the Future Stars Development Team.

COACH / CLUB INFORMATION

Coach's Name _____ Pro # _____

Club: _____ Club Address: _____

City _____ State _____ Zip _____

Club Phone _____ Cell Phone _____

Coach's email address - REQUIRED _____

IMPORTANT - ALL coaches, judges and staff attending the Coaches Workshop or Future Stars National Championships must complete the U110 SafeSport course in order to be able to participate on the USOTC complex. This is also a new requirement to hold a professional membership with USA Gymnastics. To see additional information regarding this and to begin taking the free course, click here: <https://usagym.org/pages/education/courses/U110/>.

ADDITIONAL COACHES ATTENDING

** One coach per athlete may receive a complimentary Coaches National Workshop entry. Additional coaches are required to pay the Coaches Workshop registration fee.*

Name _____ Pro # _____ Exp. _____ Safety _____ Bkgrnd _____

Name _____ Pro # _____ Exp. _____ Safety _____ Bkgrnd _____

Athlete's Signature: _____ Date: _____

Parent or Guardian Signature: _____ Date: _____



GK SIZE REQUEST FORM

Name: _____

Club Name: _____

Check One: Coach Athlete Jr. Coaching Staff

Measurements:

Warm-up Jacket Size: _____ Warm-up Pants Size: _____

Comments: _____

Warm-Up Jacket and Pants Size Chart

	CXS	CS	CM	CL	AXS	AS	AM	AL	AXL	2AXL	3AXL	4AXL
CHEST	22-24	24-26	26-28	28-31	31-34	34-36	36-38	38-40	40-42	42-44	44-46	46-48
WAIST	22-23	23-24	24-25	25-26	27-29	30-31	32-33	34-35	36-37	38-39	40-41	42-43
HIP	22-24	24-26	26-28	28-30	30-32	32-34	34-36	36-38	3-40	40-42	42-44	44-46
INSEAM	21	23	25	28	30	31	32	33	33	33	33	33

How to Measure:

1. Chest Measurement:	Taken with a deep breath, arms held out at shoulder height
2. Waist Measurement:	Taken at the natural waistline
3. Hip Measurement:	Taken around the fullest part of the buttocks
4. Torso Measurement:	Taken from the center of the shoulder, down the front, through the crotch, and up the back to the starting point
5. Inseam Measurement:	The length of the leg from the crotch to one inch above the floor – measure in stocking feet

Athletes who earn a position on the 2017-2018 Future Stars Development Team & the athlete's named coach receive a team warm-up. These athletes and coaches will not be determined until after competition has concluded.

Regional Chairman - Return this form with Competitive Entry Form to:

USA Gymnastics
Attn: Lisa Mendel
130 E. Washington St., Suite 700
Indianapolis, IN 46204

or Scan & Email to: lmendel@usagym.org

USA Gymnastics

2017 Men's National Coaches Workshop & Future Stars National Championships

Competition & Workshop Schedule

(Tentative & subject to change based on entry numbers)

Thursday 11/9

1:00 p.m. – 7:00 p.m.	Open Training for Future Stars Participants - Sports Center
6:00 p.m.	Thursday Workshop Session I
7:00 p.m.	Technical Meeting for Future Stars Coaches - Sports Center

Friday 11/10

Tentative & subject to change based on entry numbers.

Future Stars Session I: 10-Year Old Division

8:00 a.m. to 8:25 a.m.	Open Warm-up
8:25 a.m. to 9:55 a.m.	Timed Warm-up
9:55 a.m.	Assemble & March in
10:00 a.m.	Competition Begins
1:15 p.m.	Awards

Future Stars Session II: 11-Year Old Division

2:00 p.m. to 2:25 p.m.	Open Warm-up
2:25 p.m. to 3:55 p.m.	Timed Warm-up
3:55 p.m.	Assemble & March in
4:00 p.m.	Competition Begins
6:00 p.m.	Awards

Future Stars Session III: 12 & 13-Year Old Division

6:30 p.m. to 7:45 p.m.	Open Warm-up
7:45 p.m.	Assemble & March in
8:00 p.m.	Competition Begins
9:30 p.m.	Awards

Note: Friday Workshop Sessions will be held during warm up times of each session.

Saturday 11/11

Workshop for Coaches, Parents & Athletes – *Topic & exact schedule will be posted at a later date*

9:00 a.m. to 12:00 p.m.	Saturday Workshop Session I
2:00 p.m. to 5:00 p.m.	Saturday Workshop Session II
5:00 p.m.	Workshop ends for parents and athletes
6:30 p.m. to 9:00 p.m.	Saturday Workshop Session III – Coaches Only

Sunday 11/12

Workshop for Coaches – *Topic & exact schedule will be posted at a later date*

8:00 a.m. to 11:00 a.m.	Sunday Workshop Session I
11:00 a.m.	Workshop ends