

# Elisabeth Cain Pressler



Elisabeth Cain Pressler is a mixed-media artist and educator based in Northeast Ohio. She has taught art in enrichment programs around Cleveland, helping students and individuals of all ages discover creative expression. Her personal art practice is rooted in using creativity as a powerful tool for healing, self-reflection, and connection. Elisabeth has exhibited her work in galleries and community shows throughout Northeast Ohio. She shares her love of creativity as a gentle path toward healing, emotional resilience, and self-discovery.



# Kaelee Zuk

Kaelee Zuk is an art enthusiast. Studying various styles of art from pottery to abstract painting. As a mother of two special needs children, she finds art one of the best ways to express yourself. Creating and crafting new ways to help her children through art. From popsicle stick figures to fun finger painting sessions. Art in all forms is a passion she desires to share with everyone. Keeping your imagination alive, healing, and creating giving you a sense of self. A journey into discovering a new way to handle life's troubles.



# Visionary Landscape: Art Therapy Workshop for Men and Women in Recovery

## Saturday, July 12 2025

11:30am-1:30pm

Community West Foundation  
821 Westpoint Parkway, Suite 900  
Westlake, OH 44145

Maximum Number of Attendees – 15

Please make sure you provide your full name, email address, and  
cell phone number when registering

Serious inquiries only please.



Art is a powerful tool for self-discovery and healing. Visionary Landscape is a painting workshop designed to help you process emotions, build resilience, and connect with yourself and others—no artistic experience needed.

Through guided exercises, you'll explore color, texture, and abstraction to create a personal landscape that reflects your journey. You'll also learn basic painting techniques while discovering how creativity can support emotional well-being.

**This workshop is about expression, not perfection—a space to explore, reflect, and create freely in a supportive, judgment-free environment.**

### Registration Methods

EMAIL: [joeb@brady-partners.com](mailto:joeb@brady-partners.com)

VISIT: <https://unicorns-polkadots.org>

PHONE: Joe Brady 440-653-0352, or Elizabeth Bongorno 216-699-1803

