

Elisabeth Cain Pressler



Elisabeth Cain Pressler is a mixed-media artist and educator based in Northeast Ohio. She has taught art in enrichment programs around Cleveland, helping students and individuals of all ages discover creative expression. Her personal art practice is rooted in using creativity as a powerful tool for healing, self-reflection, and connection. Elisabeth has exhibited her work in galleries and community shows throughout Northeast Ohio. She shares her love of creativity as a gentle path toward healing, emotional resilience, and self-discovery.



Kaelee Zuk

Kaelee Zuk is an art enthusiast. Studying various styles of art from pottery to abstract painting. As a mother of two special needs children, she finds art one of the best ways to express yourself. Creating and crafting new ways to help her children through art. From popsicle stick figures to fun finger painting sessions. Art in all forms is a passion she desires to share with everyone. Keeping your imagination alive, healing, and creating giving you a sense of self. A journey into discovering a new way to handle life's troubles.

Beneath the Surface

Creative Arts Workshop for Men and Women in Recovery

Saturday, December 6th 2025

11:00am-2:00pm

Community West Foundation
821 Westpoint Parkway, Suite 900
Westlake, OH 44145

Maximum Number of Attendees – 20

Please make sure you provide your full name, email address, and cell phone number when registering.
Serious inquiries only please.



This beginner-friendly workshop uses watercolor painting as a tool for creative release and emotional expression. Participants will be guided through gentle, process-based exercises that encourage presence, reflection, and personal exploration. Through the fluid and unpredictable nature of watercolor, you'll have the chance to let go of control and express what's beneath the surface—whether that's emotions, memories, or simply a desire to create.

- **No artistic experience is needed—just an open mind and a willingness to explore in a safe, supportive space.**
- **This workshop is about expression, not perfection.**

To Register

EMAIL: joeb@brady-partners.com

VISIT: <https://unicorns-polkadots.org>

PHONE: Joe Brady 440-653-0352, or Elizabeth Bongorno 216-699-1803

