



# Join us for a life-changing discovery experience **The Art of Mastering Fear:**

A FIREWALK EVENT

Hosted by Unicorns & Polka Dots



**Outdoor Event** at  
theGazeboat Common  
Ground—rain or shine!



Drinking water will be  
provided, but there are no  
foodsalses, so please eat  
before you arrive.

**TO REGISTER**

GO TO OUR WEBSITE

[www.unicorns-polkadots.org](http://www.unicorns-polkadots.org)

OR

CALL/TEXT EITHER NUMBER

Joe Brady 440-653-0352

Elizabeth Bongorno 216-699-1803

Space is limited to the first  
35 registrants.  
Serious inquiries only.

You can also scan this QR code  
to register on our website;



## Saturday, October 18th, 2025

ARRIVAL TIME: 4:30 PM – 5:00 PM

EVENT TIME: 5:00 PM – 9:30 PM

**Common Ground — The Cindy Nord Center for Renewal**

14240 Baird Rd. Oberlin, OH 44074

**THIS IS A FREE EVENT** for anyone in recovery

### Unleash your personal power by understanding the role fear plays in your life and how you can overcome it.

**The ancient practice of firewalking invites us to demonstrate our inner strength, courage and faith by providing a compelling metaphor to face our deepest fears and challenges in our lives.** Coming together in community, we support one another as we begin to see our fear as an ally in rediscovering our personal power and instilling hope for lasting change.

Certified Firewalk Instructor Dave Tuscany and Harry Pepper, Ph.D., psychologist and co-founder of Infinite Leadership, co-facilitate this one-of-a-kind transformational experience.

### More than a workshop

**The Firewalk at Common Ground is an experience like no other!** Come alone or with a friend. Choose to walk or not. But don't miss the opportunity to participate in this powerful evening.

- Practice the art of mastering fear with mind-body practices of presence and embodied challenges of facing fears
- Rediscover your inner strength and personal power
- Cultivate resiliency to face the unexpected nature of life
- Develop new awareness about the ways that fear patterns limit us in living our authentic lives
- By changing our relationship with ourselves, we will imagine new paths forward in our life journey

**Thank You to  
our Sponsors  
for this Event**

**T3**  
PERFORMANCE

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### Be a part of our journey.

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