




Join us for a life-changing discovery experience


Face & Overcome Fear

AT THE 16TH ANNUAL GREGG GILDER MEMORIAL FIREWALK

Hosted by Unicorns & Polka Dots

 **Outdoor event** at the Gazebo at Common Ground—rain or shine!

 **Need a ride?** Unicorns & Polka Dots will provide transportation from central locations in Cuyahoga and Lorain counties.

 Drinking water will be provided, but there are no food sales, so please eat before you arrive.

SATURDAY, SEPTEMBER 16, 2023

6:30 PM – 10:30 PM

Common Ground — The Cindy Nord Center for Renewal

14240 Baird Rd. Oberlin, OH 44074

Unleash your personal power by understanding the role fear plays in your life and how you can overcome it.

The ancient practice of firewalking demonstrates strength, courage and faith. Working through the fears of life's challenges is a metaphor for firewalking, symbolizing all that is possible as you take steps to a freer, more fulfilling future. It's a compelling example of the mind-body connection.

Certified Firewalk Instructor Dave Tuscany and Director of Adult Programs for Common Ground, Harry Pepper, Ph. D, co-facilitate this unique event.

More than a workshop

The Firewalk at Common Ground is an experience like no other! Come alone or with a friend. Choose to walk or not. But don't miss the opportunity to participate in this powerful evening.



There is no cost to anyone in recovery who registers through Joe Brady at Unicorns & Polka Dots. Email Joe at joeb@brady-partners.com or call 440-653-0352. Limited to the first 25 registrants.

Be a part of our journey.

unicorns-polkadots.org