




Join us for a life-changing discovery experience

The Art of Mastering Fear:

A FIREWALK EVENT

Hosted by Unicorns & Polka Dots

 **Outdoor event** at the Gazebo at Common Ground—rain or shine!

 Drinking water will be provided, but there are no food sales, so please eat before you arrive.

Thank you to our sponsors for this event:



You can also scan this QR code to register.



SATURDAY, SEPTEMBER 28, 2024

ARRIVAL TIME: 3:30 PM – 4:00 PM

EVENT TIME: 4:00 PM – 10:00 PM

Common Ground — The Cindy Nord Center for Renewal

14240 Baird Rd. Oberlin, OH 44074

Unleash your personal power by understanding the role fear plays in your life and how you can overcome it.

The ancient practice of firewalking invites us to demonstrate our inner strength, courage and faith by providing a compelling metaphor to face our deepest fears and challenges in our lives. Coming together in community, we support one another as we begin to see our fear as an ally in rediscovering our personal power and instilling hope for lasting change.

Certified Firewalk Instructor Dave Tuscan and Harry Pepper, Ph.D., psychologist and co-founder of Infinite Leadership, co-facilitate this one-of-a-kind transformational experience.

More than a workshop

The Firewalk at Common Ground is an experience like no other! Come alone or with a friend. Choose to walk or not. But don't miss the opportunity to participate in this powerful evening.

- Practice the art of mastering fear with mind-body practices of presence and embodied challenges of facing fears
- Rediscover your inner strength and personal power
- Cultivate resiliency to face the unexpected nature of life
- Develop new awareness about the ways that fear patterns limit us in living our authentic lives
- By changing our relationship with ourselves, we will imagine new paths forward in our life journey

THIS IS A FREE EVENT for anyone in recovery who registers at unicorns-polkadots.org/event-registration or by texting 440-653-0352

Serious inquiries only. Space is limited to the first 75 registrants.

Be a part of our journey.

unicorns-polkadots.org