

Kiren Virdee

MOVEMENT DIRECTOR, CHOREOGRAPHER, PERFORMER, AND FACILITATOR

kiren.virdee@gmail.com

SKILLS PROFILE:

Throughout my life, I have demonstrated an outstanding work ethic, passion, and sensitivity towards performance work. I take pride in my person-centred approach to movement, working with care and awareness to produce high-quality practice. My interests include artistic accessibility and exploring the complexities of cultural identity in performance.

MOVEMENT DIRECTION / CHOREOGRAPHY selected:

Movement Director

Once in a Song, Pinter Studio: Art One, 2024.

Movement Director and Choreographer

Ghar Ghar, Rosemary Branch Theatre, 2024.

Movement and Intimacy Director

Breeding, King's Head Theatre, 2024.

Movement Director

Wish You Weren't Here, Theatre Centre, National Tour, 2024.

Associate Movement Director and Choreographer

The Jungle Book, Chichester Festival Theatre, 2023.

Choreographer, Movement Director, and Intimacy

Seize the Cheese, Studio New Wimbledon Theatre, 2023.

Movement Director and Intimacy Director

Grey Area, Homing Bird Theatre, Vaults Festival, Kings Head Theatre, 2023.

Associate Movement Director

2 Billion Beats, Orange Tree Theatre, 2023.

Movement Director

Kolaja, Feature Film, 2023.

Movement Director

Things I Shouldn't Carry, ZooCo.(Youth), Ashcroft Theatre, 2022.

Movement Director and Intimacy Director

The Greatest Lover in the World, Omnibus Theatre, 2021.

PLACEMENT WORK

Movement Director

Raya, Hampstead Theatre, Director: Roxana Silbert, 2021.
Bespoke character movement / whole company work / warm-ups / transitions / intimacy / choreographed dance, including the final moment of the piece. Working with a range of ages.

Contact Details:

E-mail: kiren.virdee@gmail.com

<https://kirenvirdeemovement.co.uk>

https://www.instagram.com/kiren_virdee/

PERFORMANCE CREDITS, selected:

Rep. Dale Hammond Associates.

Performer / Devisor / Writer / Creator

Does Anyone Else Smell Curry? The Bread and Roses Theatre, 2024.

Krupa

Kali Chaudas, Rehearsed Reading, Luton Library Theatre, 2024.

Performer / Devisor

Billy, Homing Bird Theatre, R&D, 2024.

Performer / Devisor

Feel Me, Paper Birds, R&D, UK Tour, 2022-2024.

Performer / Devisor / Writer / Creator

Sohni Beauty, Omnibus Theatre, 2023.

Hen

Switch, Purple Theatre, Timber Festival, Derby Studio Theatre, Derby Pride, 2022.

Dance Artist

Freedom School: Apocalyptic Doing/Making, Siobhan Davies, Digital, 2021.

Ensemble

Moss Hut, Anansi Theatre Company, 2021.

Ident, Featured Girl

BBC SHORTS, BBC – 2015.

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FACILITATION AND TEACHING:

Visiting Lecturer, Central School of Speech and Drama,
September 2022 – Present.
Delivering Movement sessions in various Acting diplomas.

Lead Artist, The Place,
April 2021 – Present.
Leading and collaborating to facilitate movement sessions and create performances.

Creative and Contemporary Dance Artist Facilitator, Siobhan Davies Studios,
April 2022 – Present.
Improvisation, choreographic practice, and dance technique.

Drama Facilitator, Diverse Voices,
October 2024 - Present.
Working with young people to explore various sensitive themes.

Social Dance Tutor, Fourth Monkey,
June - August 2022.
Delivering a unit of Social Dance, BA level.

Movement and Dance Tutor, London School of Dramatic Arts,
October 2021 – 2023.
Movement and Dance for Foundation and Advanced diplomas.

Movement Facilitator, Age UK Hammersmith and Fulham,
March 2022 – January 2023.

Community Dance Artist, Henna Asian Women's Group,
March – May 2022.

PLACEMENT WORK

Restoration movement teaching, CSSD, 2021
BA Acting second year: Period-specific movement. Interpreting and teaching period-specific dances.

Dance assistant, Trinity Laban Learning and Participation Team,
TL Dancing for Health, 2019 - 2020.

OTHER INTERESTS:

Writing: Free writing, script writing and spoken word. Currently performing.

Fine art and contemporary art: Interest in art history. Draw, sketch, paint, print, and sculpt.

Film and digital media: I enjoy watching, reading about, and making film.

EDUCATION AND QUALIFICATIONS:

Central School of Speech and Drama.
2020–2021.

MA: Movement Directing & Teaching,
with: **Distinction.**

Trinity Laban Conservatoire of Music and Dance.
2019-2020.

PgDip: Contemporary Dance & Community,
with: **Distinction**
Audrey Wethered Award
Choreography Prize.

University of Bristol.
2016-2019.
English Literature, BA
with: **First Class Honours.**

St. Albans Girls School.
2009-2016
A-Levels, Geography A*, Drama Theatre Studies A*, English A.
GCSEs, 9 A*, including English, Sciences, History and Art. 4 A, including Mathematics, Dance.

SKILLS:

Dance, (Ballet, Tap, Contemporary, Modern, Jazz: Advanced level, 10yrs+/professional training) (Dancehall, Street, and Commercial: Intermediate level, 5yrs+training)

Acting, Rep. Dale Hammond Associates

Grade 7 Distinction, Dramatic Arts, Trinity Guildhall

Cello, Theory of Music, Trinity, Grade 6