**Referrals for Eating Disorders**

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| **PRIMARY CONTACT INFORMATION** | **SERVICES OFFERED** | **NOTES FROM OUR TEAM** |
| **New Jersey MentalHealthCares**866-202-4357 | * Mental health information and referral service (including legal, housing, employment, rehabilitation, inpatient, outpatient, self-help & more)
* Emotional support
* Case management
* Intervention
* Mental health screening
 | * Free service.
* Mental health screenings are primarily to determine what level of care is needed (severity evaluation).
* Translation service available.
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| **Palisades Family Success Center**1408 New York AvenueUnion City, NJ 07087(201) 758-8792[**https://palisadesfsc.org**](https://palisadesfsc.org/) | * Referrals and resources for services within the community
* Individual meeting and assessments with clients
 | * Do speak Spanish.
* Free Service.
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| **Catholic Charities Archdiocese of Newark: Hudson Mobile Response**249 Virginia AvenueJersey City, NJ 07304(201) 798-7520[**http://www.ccannj.com/family\_crisis.php**](http://www.ccannj.com/family_crisis.php) | * Counseling
* Referral services
* Help families to address juvenile family crises and in stabilizing and preserving families
 | * Services Hudson county.
* Do speak Spanish.
* Target offender juveniles.
* Fees are adjustable.
* Insurances accepted include Medicaid, Medicare, or Private insurance.
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| **Hudson County Integrated Services/CSPNJ**124 Claremont AvenueJersey City, NJ 07305(201) 420-8013[**https://cspnj.org/hcis/**](https://cspnj.org/hcis/) | * Drop-In Center
* Recreation
* Referral and Advocacy
* Support groups for mental health clients
* Housing Services
* Transportation and meals provided
 | * Services Hudson and Essex county.
* Not referral-based, people are free to come in.
* Currently closed due to COVID-19.
* No translators. Only English speakers.
* Free services.
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| **2nd Floor Youth Helpline**(888) 222-2228 | * Professional, confidential counseling
 | * Children and young adults (Ages 10-24) can call at any time, 24 hours a day, 7 Days a week and talk to a professional counselor confidentially.
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