**Referrals for Anxiety Disorders**

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| **PRIMARY CONTACT INFORMATION** | **SERVICES OFFERED** | **NOTES FROM OUR TEAM** |
| **The Counseling and Wellness Center of NJ**450 7th St LL5Hoboken, NJ(866) 369-1090[**http://thecwcnj.com**](http://thecwcnj.com/) | * Family and couple’s therapy
* Counseling
* LGBT+
* OCD, Anxiety, Phobias
* Basic neuropsychological screening assessments
* Referrals
 | * Aetna serves as in-network provider.
* Credentialed as an out-of-network provider for major insurance companies.
* Accept cash, checks and most major credit cards for payment.
* Fees are adjustable.
* Do not require referrals.
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| **New Jersey MentalHealthCares**866-202-4357 | * Mental health information and referral service (including legal, housing, employment, rehabilitation, inpatient, outpatient, self-help & more)
* Emotional support
* Case management
* Intervention
* Mental health screening
 | * Free service.
* Mental health screenings are primarily to determine what level of care is needed (severity evaluation).
* Translation service available.
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| **Palisades Family Success Center**1408 New York AvenueUnion City, NJ 07087(201) 758-8792[**https://palisadesfsc.org**](https://palisadesfsc.org/) | * Referrals and resources for services within the community
* Individual meeting and assessments with clients
 | * Do speak Spanish.
* Free Service.
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| **Family Support Organization of Hudson County**911 Bergenline Avenue, 2nd FloorJersey City, NJ 07306(201) 915-5140[**https://www.familypartnershc.org**](https://www.familypartnershc.org/) | * Special Angels (for children on the spectrum)
* Youth Partnership of Hudson County
* Truancy prevention
* Provide support to families, caregivers, and providers of children with emotional, mental and behavioral needs
 | * Do have Spanish speakers
* Special Angels is a free program, on a first-come-first-serve basis.
* Youth Partnership meets in Jersey City (35 Journal Square, Suite 501, Jersey City NJ 07306).
* Truancy program is an 8-week coaching program with family and youth.
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| **Catholic Charities Archdiocese of Newark: Hudson Mobile Response**249 Virginia AvenueJersey City, NJ 07304(201) 798-7520[**http://www.ccannj.com/family\_crisis.php﻿**](http://www.ccannj.com/family_crisis.php) | * Counseling
* Referral services
* Help families to address juvenile family crises and in stabilizing and preserving families
 | * Services Hudson county.
* Do speak Spanish.
* Target offender juveniles.
* Fees are adjustable.
* Insurances accepted include Medicaid, Medicare, or Private insurance.
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| **2nd Floor Youth Helpline**(888) 222-2228 | * Professional, confidential counseling
 | * Children and young adults (ages 10-24) can call at any time, 24 hours a day, 7 days a week and talk to a professional counselor confidentially.
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