

CXC Cup - Grand Avenue Nordic Center, Duluth, MN

Date	Time	Event
Friday, January 22nd	10AM - 5PM	Official Training
	5:30PM	Coaches Meeting via ZOOM- Grand Avenue Nordic Center
Saturday, January 23rd	Race Day - Classic Distance	
	8:30AM	Course Open for inspection Bib Pick-up open. Bib and wristband pick up is open all day.
	9:55AM	Course Closed
	10AM	Senior/Master/U23/U20/U18 - Men 10km Individual Start
	11:30AM	Course Open
	11:55AM	Course Closed
	12:00PM	U16 Men - 5k Individual Start
	12:45PM	Course Open
	1:25PM	Course Closed
	1:30PM	Senior/Master/U23/U20/U18/U16 Women's 5k Individual Start
	3:00PM	Course Open
	3:25PM	Course Closed
	3:30PM	U12/U14 Boys and Women 3km
	Sunday, January 24th	Race Day - Skate Distance
8:30AM		Course open for inspection Bib Pick-up open
9:25AM		Course Closed
9:30AM		Senior/Master/U23/U20/U18/U16 - Women 7.5km Individual Start
11:00AM		Course Open
11:40AM		Course Closed
11:45AM		Senior/Master/U23/U20/U18/U16 - Men 7.5km Individual Start
1:15PM		Course Open
1:40PM		Course Closed
1:45PM	U12/U14 Girls and Boys 2.5km	