



Invigorating Head Massage Oil *with Rosemary, Peppermint & Coconut* product information sheet

Product batch number: *****, made by *Donna*. Size: 50/100ml. **Expiry date:** ---/---/---

Ingredients: *Cocos nucifera* (Coconut oil), *Ricinus communis* (Castor oil), Tocopheryl acetate (Vitamin E) and 100% pure essential oils (2%) of *Rosmarinus officinalis* (Rosemary), *Mentha piperita* (Peppermint), *Cananga odorata* (Ylang Ylang), *Citrus paradisi* (Grapefruit), & *Lavandula angustifolia* (Lavender), ***Eucalyptol**, ***Linalool**, ***Linalyl acetate**, ***Menthone**, ***alpha-Pinene**, ***dl-Limonene**. *Occurs naturally in essential oils. **Allergens listed in bold.** CONTAINS COCONUT AND CASTOR OIL.

Storage instructions: Store in a cool, dark place, **out of direct sunlight. Keep out of reach of children and pets.** Store in original container. Refrigerate if possible, as this will keep your blend fresher for longer. Discard after expiry date.

Instructions for use: Shake well before use. Warm a small amount of oil in the palms of your hands and massage into the scalp, avoiding the face area and ensuring product doesn't drip into the eyes. Leave on the head for at least 30 minutes or for best results apply at night and leave overnight (using a towel to cover your pillow) and wash off in the morning. Apply usual shampoo onto hair before wetting to help release oils from the hair during washing. Use 2-3 times a week. Avoid using daily for long periods, to ensure the essential oils keep their beneficial aromatic properties and to reduce adverse effects. If using daily, have a 1 week break for every 6 weeks, to avoid this.

Safety information: **Not to be used on babies, children and pets. Do not use during pregnancy, breastfeeding or by those taking Diazepam/Pentobarbitals, or those with epilepsy, hypertension, cardiac fibrillation or G6PD deficiency. Do not use if you have or suspect you have an allergy to any of the ingredients. Do not use on sensitive/damaged skin or dermatitis. Perform a patch test if necessary. Contains Eucalyptol, Linalool, Linalyl acetate, Menthone, alpha-Pinene, dl-Limonene. May produce an allergic reaction. Discontinue use if there is any redness/itching. For external use only. Do not ingest. Please retain this leaflet for future reference.**

KEEP AWAY FROM THE EYES. If Product gets into the eyes, wash with copious amounts of water and seek medical attention if irritation persists.

If you experience a rash, redness or itching on your skin after using this product, this may be a reaction to the product. This is a rare occurrence, but in this instance wash your skin thoroughly with pure unperfumed soap/shampoo and leave to air-dry. Discontinue use. If irritation persists, seek medical advice.

Avoid disposing into drainage systems and the environment (your skin loves oils, aquatic wildlife does not!).

Disclaimer: Any treatments or products received from Aroma-health & Therapies are not intended as a substitute for medical or psychiatric care and are not a form of diagnosis for medical conditions. If you need care for a serious condition, please visit your GP/healthcare professional.



Product and ingredients are vegan & cruelty-free. Naturally free from parabens, petrochemicals, mineral oil, synthetic fragrances, lanolin & aluminum. Please recycle your bottles and jars by returning them on your next visit, or alternatively recycle at home.

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