

## **45 DAY SHORT TERM GOAL ACCOMPLISHMENT QUESTIONNAIRE**

THIS IS AN EXTREMELY IMPORTANT FORM TO PROPERLY  
COMPLETE AND SEND BACK TO BRIAN

IT MEASURES EXACTLY HOW MUCH IMPROVEMENT YOU HAVE  
MADE UP TO THIS POINT IN TIME.

IT DETERMINES IF YOU ARE ON THE CORRECT ROAD TO  
ACCOMPLISH LONGER TERM GOALS WITHIN THE TIMEFRAME YOU  
HAVE WRITTEN DOWN

IT WILL PROVIDE THE INFORMATION TO “TWEAK “YOUR PATH IF  
NEEDED TO ENSURE COMPLETION OF LONG TERM GOALS WITHIN  
THE TIMEFRAME YOU HAVE WRITTEN DOWN

### **WHAT HAVE YOU ACCOMPLISHED UP TO THIS POINT IN TIME?**

- You have seen a **unique methodology of instruction** within the first 14 days of this journey
- You have learned what we called “**PERFECT PRACTICE**”, meaning a specific, structured, disciplined way to have effective practice sessions where you can improve every time and expect to

- You **have written down in your golf journal** or workbook each step of this progress. It is a **HISTORY OF YOUR JOURNEY** that you should review often to see how far you have progressed
- **Your SUCCESS TOWARDS IMPROVEMENT has MOTIVATED** you to work harder, with greater expectations

Look at the short term goals you developed at the beginning of this journey. You need to answer each goal with your progress report. Answer yes or no to each question or fill out your answers.

1. Are you excited – about what you have **ACCOMPLISHED** up to this point in time?
2. Are you excited – about clearly seeing your **PATH FORWARD** for continued advancement?
3. Do you understand more about the golf swing than ever before?
4. Do you understand and agree with the **PHILOSOPHY** of learning how to properly swing a club instead of fixing this or fixing that in your golf swing?
5. Does it make sense to you that the **WHY** and the **HOW** to take advantage of your set-up is the true secret to consistency?
6. Have you been consistently writing about your journey in your **GOLF JOURNAL or WORKBOOK?**
7. Has the number of greens hit in regulation improved between day 14 (end of first 3 sessions) and a month of perfect practice routines?
8. Has your ball striking consistency improved?

9. Has your score improved?
10. What has your best score been in the last 30 days?
11. How many times have you hit balls in the last 30 days?
12. How many times have you had a separate practice session on chipping/putting in the last 15 days, after session 4 was released to you?
13. Are you **MOTIVATED** to learn PHASE 2, where the **REAL STROKE REDUCTION** takes place?
14. Take the time to share 4-5 victories over the last 45 days?
  
15. Are there any areas of frustration that are unresolved?
  
16. Please describe how it **FEELS** to systematically work your way **TOWARDS SUCCESSFUL GOLF!**

Any other comments on the program or your happiness?