

THE EAST COUNTY SENIOR COALITION IS
CELEBRATING 17 YEARS OF:

Living Better After 50

A Day of Learning and Connection for
Older Adults of East Contra Costa County

Registration
\$5.00*

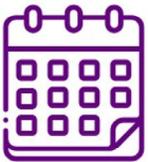
Registration includes:

- Light Breakfast
- Lunch
- Raffle



Workshop Topics Include:

- Are your affairs in order?
- Technology Assistance
- Be an Advocate
- Scams/Fraud Awareness
- Health Insurance Education
- Connecting with others
- Tai Chi & Dancing
- Laughter and Craft
- Preventing Falls
- Caregiving support
- Music Fun and More!



Saturday
April 25, 2026



8:45am to 3:45pm



**Black Diamond High
School**
1131 Stoneman Avenue,
Pittsburg, CA 94565

The Easiest Way to Register:

Call Pittsburg Adult Education at: (925) 473-2400 or in person at 1151 Stoneman Ave. Pittsburg

To register online: <https://Pittsburg.adult.asapconnected.com/#CourseID=166274>

*Scholarships Available

Event Brought to You By:

